



**Free
dinner and
childcare!**



Facilitated by
Cory O'Neal LMFT (WUHS)
and Theresa Hioki PPS (YCOE)

Concrete solutions for tough teens ages 11-18

- LEARN TO NEVER ARGUE WITH YOUR TEEN AGAIN
- DEAL WITH EMOTIONAL BEHAVIORS
- LEARN THE IMPACT OF TECHNOLOGY
- TALK TO YOUR CHILDREN ABOUT RELATIONSHIPS
- IMPROVE SCHOOL ATTENDANCE AND PERFORMANCE
- SOLUTIONS TO RISKY BEHAVIORS
- CONNECT WITH LOCAL RESOURCES TO HELP YOUR FAMILY

10 week series

In person at Wheatland High School

**THURSDAYS
5:00-8:00 PM
SEPTEMBER 14-
NOVEMBER 15TH**

Cost of materials is \$30
Scan QR Code to register



Or visit
<https://tinyurl.com/PPWUHS23>

Contact Cory O'Neal for questions
conedal@wheatlandhigh.org
530.633.3100 ext. 124

