



Applied Suicide Intervention Skills Training (ASIST)

The Applied Suicide Intervention Skills Training (ASIST) workshop is for caregivers who want to feel more comfortable, confident, and competent in helping to prevent the immediate risk of suicide. Over 1,000,000 caregivers have received this training. Just as "CPR" skills make physical first aid possible, training in suicide intervention develops the skills needed for suicide first aid. ASIST is a two-day (15 hours) intensive, interactive, and a practice-dominated course designed to help caregivers recognize risk and learn how to intervene to prevent the immediate risk of suicide.

Training Cost: FREE
Light breakfast and lunch are also provided.

When: Thursday and Friday, September 29 & 30, 2022
Attendance on both days is required for completion of training.

Time: 8:00 am – 8:30 am Registration;
8:30 am – 5:00 pm Training

Where: Ettl Hall, Sutter County
1333 Butte House Rd, Yuba City, CA

Who: Community members, 18 and older

Questions? Please contact Rudy Rodriguez or John Floe at Sutter County Public Health at 530-822-7215
Or email: pei@co.sutter.ca.us

