

Fall 2022: Positive Discipline

"The No Parent &
The Yes Parent"

Finding the Balance
Between
Kind and Firm

6 September

Oopsies & Bloopers:

Understanding the
Stages That Affect
Children's Behavior

13 September

Why We Sometimes
Lose Our Cool:

Brain Basics You Can
Teach Your Kids

20 September

"Going From
Chaos to Calm"

Brain Strategies to
Soothe and Connect

27 September

"I've Told Them a
Thousand Times"

Help Your Child
Listen to Learn &
Learn to Listen

4 October

NEW WORKSHOP

Taming Tantrums
&
Managing
Meltdowns

11 October

My Shirt is Scratchy
& My Socks Are
Too Tight

Supporting The 8
Senses That Affect
Behavior

18 October

ZOOM POSITIVE DISCIPLINE 2022

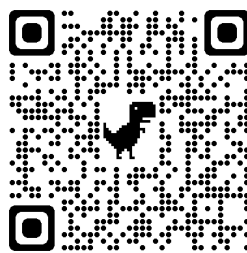
With: Thelma Amaya, MSW & Jennifer Ybarra
For Yuba Sutter Families With Children Ages 0-7

Tuesdays 1:00 pm - 2:30 pm

Earn a certificate of participation after every 4 sessions

20 Tips and
Tricks for
Avoiding the
Most Common
Discipline
Mistakes

25 October



Registration Options

Scan QR code with your phone's
camera app or click on/enter this link
address to get to the registration page

tinyurl.com/pdfall22

Next series: January 10, 2023

For more information call 749-4040 or 530-301-1654