NURTURED HEART APPROACH®

Nurtured Heart Approach Training

Two sessions starting in March via Zoom

6-Week NHA Workshops

AM Classes: Thursdays, 3/18/21-4/22/21
PM Classes: Tuesdays, 3/16/21-4/20/21

Sessions will be 10:00 am-11:30 am (AM classes) or 6:00 pm-7:30 pm (PM classes). Participants are asked to register for, and plan to attend, all AM or all PM classes.

The courses are provided at no cost to residents of Yuba and Sutter Counties.
They are sponsored by the Prevention & Early Intervention Program, which is part of Sutter County Public Health & Sutter-Yuba Behavioral Health, and are funded by the Mental Health Services Act.

Course Includes:

- Understanding the unique dynamics of the "challenging" child
- Ending the punitive cycle that reinforces negative behavior
- Shifting a child toward using their intensity in successful ways
- Supporting a child toward success & building Inner Wealth
- Building families & school cultures on authentic connection

For more information about NHA, visit our website:
http://childrenssuccessfoundation.com
NURTURED HEART APPROACH CONTINUING EDUCATION

For detailed information regarding these trainings visit:

www.childrenssuccessfoundation.com/certification-training-intensive

Instructor:

Kristen Batchelder, MS
NHA Advanced Trainer

Prevention & Early Intervention Program (PEI)

"I learned how a different approach & perspective can change & shape relationships. Every parent & professional should take this class."

"Nurtured Heart provided education on enhancing relationships between parent & child and really helps with honoring the positives."

"It changed the way I react when my child misbehaves or breaks a rule. It helped with positive reinforcement and patience."

"The Nurtured Heart Approach provides great strategies & techniques to build honest & healthy relationships for children & adults."

REGISTER BY COMPLETING THE REFERRAL/SELF-REFERRAL FORM & EMAILING IT TO KBatchelder@co.sutter.ca.us.