## Registration Flyer

## Sutter-Yuba Behavioral Health Trauma-Informed Care

Please join us for Trauma-Informed Care training. The two-hour training, sponsored by **Sutter-Yuba Behavioral Health**, brought to you by California Institute for Behavioral Health Solutions (CIBHS), is tailored for various disciplines, settings, and staff. Please scroll below to register for the training that is applicable to your job duties and work setting. In the context of one's role during the training, participants will:

- Define trauma and contextual contributing factors
- Discuss how to recognize the signs and symptoms of trauma
- Discuss components of a trauma-informed approach

The training will be conducted by Cindy Rollo, MSW, LCSW-C. Cindy is an accomplished trainer, consultant, supervisor, and clinician. Cindy has been involved in bringing trauma-informed trainings and system change to mental health professionals, administrators, graduate students, child welfare workers, case managers and support staff who provide care in a range of community and residential settings and serve diverse populations. Over the last 20 years, Cindy has provided psychotherapy to underserved youth and their families that are living in the context of urban poverty and ongoing trauma exposure in Baltimore, Maryland. She is also a national trainer for Trauma Focused Cognitive Behavioral Therapy (TF-CBT) and co-developed a graduate level course on Evidence-Based Mental Health Treatment with Children and Adolescents.

## Dates and links to register on next page





Date and Link	Audience
March 10th 10am-12pm	Adults Services/Acute Psychiatric Emergency
March 24th 10am-12pm	Adults Services/Acute Psychiatric Emergency
March 24th 1pm-3pm	Healthcare/public care
March 25th 9am-11am	Adults Services/Acute Psychiatric Emergency
March 30th 9am-11am	Adults Services/Acute Psychiatric Emergency
March 30th 12pm-2pm	Children's Services
April 1st 9am-11am	Children's Services
April 6th 9am-11am	Children's Services
April 6th 12pm-2pm	Administrative Staff
April 7th 10am-12pm	Administrative Staff
April 14th 10am-12pm	Social Workers
April 14th 12pm-2pm	Social Workers
May 11th 9am-11am	Law Enforcement
May 12th 10am-12pm	Law Enforcement
May 13th 9am-11am	School Staff
May 18th 9am-11am	School Staff
May 18th 12pm-2pm	Community-based organizations
May 26th 10am-12pm	Community-based organizations



