

Resilient Yolo Community Meeting
February 12, 2021 11am-12:00pm Via Zoom
Agenda

Attendance: Gail Kennedy (ACEs Connection), Joyce Lee (Early Years), Stacie Frerichs (Davis Arts Center), Lori Chelius (Origins Training), Jennifer Travis (Help Me Grow), Lucy Roberts (Family Hui), Vanessa Batres (YCCA, child abuse program manager), Lawrence Shweky (EMERGE Center for Social and Emotional Learning), Allison Rodriguez (CommuniCare Youth Services), Lynn Arner (Early Years), Jeneba Lahai (Dir of Programs; YC Children’s Alliance), Patty Jaime (Mental Health for RISE), Elizabeth Gray (Dir Adult & Family literacy program; Yolo County Library), Celina Alveraz (Empower Yolo) Susan Jones (Creative Behavior Systems), Tessa Smith (Mental Health; YC HHS)

Guests/ Contact info: N/A

Meeting Roles

Facilitator: Susan Jones & Tessa Smith

Note Taker: Bonnie Berman

Time Keeper:

Resilient Yolo Principles:

Listen deeply

Respect confidentiality

Speak your truth

Have grace

Turn to wonder

Hold ourselves accountable

Fully participate

<u>Agenda:</u>	<u>Notes/Questions/Action Plan:</u>	<u>Deliverables:</u>
<p>Opening</p> <p style="padding-left: 20px;">Mindful moment</p> <p style="padding-left: 20px;">Meeting Roles and Norms Review</p>	<p>Mindful moment:</p> <p>Roles and Norms:</p> <p>Welcome from Tessa and Susan - Tessa Smith and Susan Jones Thrilled to be in this position. We are looking forward to helping to build up each other’s work and our work in the community.</p> <p>Nuts, Bolts and Details - Tessa Smith and Susan Jones Will be looking at the different capacities for each of us. We plan to continue ACEs</p>	

and awareness training and dive deep into resilient building. We need a clear understanding of what work is happening and how we measure this, and report back and share.

We want to hear from Resilient Yolo

Lynn Arner (Early Years Childcare) – Strengthening Family training, working with Foster/Kinship program

Bonnie Berman (Yolo CASA) – offers administrative support to Yolo CASA staff and advocates, admin support for Resilient Yolo and updates RY blog

Joyce Lee (Early Years Childcare) – Launched Community of Practice digging into pieces of Strengthening Families

Lawrence Shweky (EMERGE Center for Social and Emotional Learning) – EMERGE is a small non-profit focusing on teens and young adults, offers social emotion support services, counseling groups, parent support groups, mentoring

Stacie Frerichs (Davis Arts Center) – Our view is to incorporate a trauma informed lens into Davis Arts work because we interact directly with the community
Lori Chelius (Origins Training) – Brings ACE awareness into the workplace.

Tessa Smith (Mental Health; YC HHS) – Infuses ACEs in everything, presenting trauma and resilient training and supporting mental health of staff and clients, holds racial equity forums locally and nationally. Trying to address systemic issues.

Allison Rodriguez (CommuniCare Youth Services) – Addresses opioid use and response Was awarded substantial grant with Elevate You for LGBTQ 12-26 yr olds. Offers resources in Woodland and West Sac. Currently holding listening sessions in the community for youth of color and young adults, and connecting them with substance abuse services.

Gail Kennedy (ACEs Connection) – Offering weekly webinar sessions for communities on a range of trauma supports, worked to win grant for UCD POD & CommuniCare for networking care we are providing families.

Vanessa Batres (Child Abuse Program Mgr; YCCA) – New child abuse program

manager replacing Natalie Audage

Elizabeth Gray (Services Mgr & Dir Adult & Family literacy program; Yolo County Library)– supports programs in Knights Landing, Winters, and across county except Woodland. Services target low income and offers ESL classes in Esparto and Winters with focus on 2nd generation aspects of trauma, racism and family learning. Trying to reach 0-5 children to support literacy. Announcement; County is implementing universal base income for 31 Yolo County families with children under 2ys.

Lucy Roberts (Family Hui) – Announcement; Whole person wellbeing research project with UCD Center for Health Policy Program and Research (CHIPPER) for women 18-45 (snap eligible) weigh-loss program and building resilience.

Jennifer Travis (Help Me Grow) – Works with child development, Strengthening Families work. Announcement; March 19th spring giveaway for 0-5yrs..

Jeneba Lahai (Dir of Programs; YC Children’s Alliance) – Works with housing programs ie. Room Key with wraparound services for unhoused, work with families toward housing stability and security; Vanessa Batres (Vanessa.batres@yolocounty.org) will be the new Natalie at YCCA

Patty Jaime (Mental Health for RISE) – offers mental health counseling services for community in Esparto, Knight Landing. Does ACEs screening for clients.

Celina Alveraz (Empower Yolo) – Sexual assault and victim services and family services. Outreach in Ed in highschoools, events and trainings on human trafficking.

Susan Jones (Creative Behavior Systems) – Works with educators and those in juvenile justice in trauma inform

Next Steps

How can what we are doing morph into workgroups? Let’s focus more on what we are doing rather than where we are doing it. We will create a survey and request your feedback. Ex. Who are we missing at the table?

<p><u>Follow-Up</u></p> <p><u>Focus Work</u></p>		
<p>Closing</p> <ul style="list-style-type: none"> Review of Deliverables and Dates 	<p>Review of Deliverables Assigned and Dates:</p> <p>Bonnie</p>	

**Resilient Yolo Community Meeting
December 11, 2020 11am-12:00pm Via Zoom
Minutes**

<p>Attendance: Susan Jones (Creative Behavior Systems), Bianca Solorio (YCOE), Lynn Arner (Early Years Childcare Services), Tessa Smith (YCHHS), Lori Chelius (Orgins Training), Melina Ortigas (First 5 Yolo), Bonnie Berman (Yolo CASA), Lucy Roberts (Family Hui) Joyce Lee (Early Years Childcare), Jennifer Travis (Help Me Grow)</p>										
<p><u>Guests/ Contact info:</u> Elizabeth Gray Central Services Manager Yolo Reads Adult & Family Literacy Yolo County Library www.yolocountylibrary.org (p) 530.666.8084 • elizabeth.gray@yolocounty.org</p> <p>Erika Roshanravan, MD Family Medicine Physician CommuniCare erika.roshan@gmail.com</p>										
<p><u>Meeting Roles</u></p> <p>Facilitator: Lucy Roberts</p> <p>Note Taker: Bonnie Berman</p> <p>Time Keeper:</p>	<p><u>Resilient Yolo Principles:</u></p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none;">Listen deeply</td> <td style="width: 50%; border: none;">Respect confidentiality</td> </tr> <tr> <td style="border: none;">Speak your truth</td> <td style="border: none;">Have grace</td> </tr> <tr> <td style="border: none;">Turn to wonder</td> <td style="border: none;">Hold ourselves accountable</td> </tr> <tr> <td style="border: none;">Fully participate</td> <td style="border: none;"></td> </tr> </table>		Listen deeply	Respect confidentiality	Speak your truth	Have grace	Turn to wonder	Hold ourselves accountable	Fully participate	
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<u>Agenda:</u>	<u>Notes/Questions/Action Plan:</u>	<u>Deliverables:</u>
<p>Opening</p> <p>Mindful moment</p> <p>Meeting Roles and Norms Review</p> <p>Introduction of Speaker</p>	<p>Mindful moment: Lucy Roberts</p> <p>Roles and Norms:</p> <p>Introduction of 1st Guest Speaker: Lucy Roberts Elizabeth Gray, Central Services Manager Yolo County Library</p> <p>Elizabeth manages and evaluates programs at the Yolo County Library looking at ways to promote culturally responsive programming and equity. The Library has been doing Kindness Month in December for past 3-4 years. It links to BTO California and reading lists, bibliographies, videos, etc. Examples of content are Learning how to Sign “thank you”, self-care suggestions. Includes links to books for adults, and BTO reading list for kids. FYI, Woodland and Sac are doing curbside pick-up. Yolo Reads 1-on-1 is a mentoring program for people learning English. Nancy Pacheco is the coordinator.</p> <p>ACEs Aware grant proposal: - Dr. Erika Roshanravan erika.roshan@gmail.com</p> <p>In this 2nd round of ACEs grant funding UCD POD and Communicare are collaborating. It’s a large and comprehensive project to implement ACEs screening across Yolo County. UCD is helping with \$3M grant. The proposal is to build support around the existing structure in primary care to capture information about how to help build resilience. UCD will be the platform and be a link with CommuniCare and other organization to be a comprehensive support and resource model.</p> <p>Dr. Roshanravan is also on CA Academy of Family Physicians and on advisory committee to implement trauma informed care with family physicians across CA. They’re trying to implement ACEs screening for all ages not just children. Family Physicians see the whole family; children, parents and sometimes grandparents.</p>	<p>Bonnie: emails RY orgs if 1) they are committed to this initiative, 2) will they be a signatory, and 3) do they want funding to create landing sites.</p> <p>ALL: Email Lucy if your org is committed and would like to be a signatory on letter of support. And be on</p>

<p>Review of Last Meeting Minutes and Deliverables</p>	<p>Lori has a grant with Kaiser Health looking at experiences on trauma-informed approached to building internal Staff capacity/wellness. UCD did budget for staff wellness.</p> <p>Vast majority of RY organizations are very supportive of this proposal. The breakdown for the grant would include \$5K for 20 RY organizations to each build a landing site on their website to link back to the UCD/CommuniCare project.</p> <p>Community Protective Factors: - Lynn Arner Lynn shared data on Community conditions that strengthen families. Results show that to foster resilience there are essentials: Basic Needs, Social Support and Connection (RY does this work), Social Contract (Expectations we have of each other), Racial and Social Justice. Lynn will share link to this data.</p> <p>Review of Last Meeting Minutes and Deliverables:</p> <p>Approval of RY Values and RY Co-President Job Description: - Lucy Roberts</p> <p>We will have a call and collection of nominations for Co-Presidents which should include 1 paragraph supporting the nomination along with the name and contact information of the nominee. Please include contact info for other parties if nominated by a 2nd party.</p> <p>Nomination info will be collected in a Google doc. All submissions should be submitted by Dec 31st. Lucy will give all candidates a follow-up call to confirm their interest. On Jan 4th we will communicate the slate of candidates. Our next monthly meeting will be Jan 8th. We can have nominees speak for 5 minutes. After the meeting we can email a SurveyMonkey for anonymous voting and announce the new Co-Presidents.</p>	<p>funding wagon? By 5pm tonight.</p> <p>Lucy: Send Tessa template for letter of support due Monday.</p> <p>Bonnie: send out flyers from Help me Grow and Lori with Origins, and the executive summary report from Lynn.</p> <p>Bonnie: Re-send Leadership job description (Scroll down: It's in last month's minutes in this doc)</p>
<p>Follow-Up</p>		

Focus Work:		
Closing • Review of Deliverables and Dates	Review of Deliverables Assigned and Dates: Bonnie	

**Resilient Yolo Community Meeting
November 13, 2020 11am-12:00pm Via Zoom
Minutes**

Attendance: Susan Jones (Creative Behavior Systems), Bianca Solorio (YCOE), Sharon Tafolla (UCD POD), Kim Porter (CommuniCare), Gail Kennedy (Cal ACEs) , Lynn Arner (Early Years Childcare Services), Lori Ross (United Way), Casanya Ursery (Unite Us), Tessa Smith (YCHHS), Lori Chelius (Orgins Training), Jennifer Phipps (UCD POD), Melina Ortigas (First 5 Yolo), Bonnie Berman (Yolo CASA)		
Guests/ Contact info: Casanya Ursery Email: casanya.ursery@uniteus.com Community Engagement Manager from Unite Us Sharon Tafoya Email: staffola@ucdavis.edu POD Center Coordinator, UC Davis Perinatal Origins of Disparities		
Meeting Roles Facilitator: Susan Jones Note Taker: Bonnie Berman Meeting Recording: Contact Bonnieb@yolocasa.org for copy	Resilient Yolo Principles: Listen deeply Speak your truth Turn to wonder Fully participate	Respect confidentiality Have grace Hold ourselves accountable
Agenda:	Notes/Questions/Action Plan:	Deliverables:
Opening Mindful moment	Mindful moment:	

a marker for trauma informed provider organizations so we can refer to these specific organizations if we choose.

Here is the link to their network project Building Healthier Communities Together:
https://cdn2.hubspot.net/hubfs/1945678/Website%20Resources%20for%20Partners/What%20is%20a%20Network%20+%20How%20to%20Join.pdf?utm_campaign=NCAL_Sacramento%20Strategy%20Sessions&utm_source=hs_email&utm_medium=email&_hsenc=p2ANqtz--DMjVuymFBXVolFdfXrYHGRnlh0UOLEv-NHUyyb7Tlag-kcUxz5dJ3nnP5GuLL7R5KRk1u

Introduction of 2nd Guest Speaker:

-Susan Jones

Sharon Tafolla with POD gave update on focus group work progress. Took action on feedback to include breakout sessions. First session is Spanish started last Friday and was really good. Worked with family Hui and will work with Help Me Grow. They will look at doing more groups for Jan or Feb.

Review of Last Meeting Minutes and Deliverables:

Lynn Arner- presented the condensed Values work and related feedback.

Here are both the short and expanded Values for review and approval by RY.

SHORT VALUES

We value the importance of:

- Teamwork/collaboration/connecting with others
- Continuous learning/openness to change
- Diversity, equity, and justice
- Respect and open communication
- Integrity and accountability

EXPANDED VALUES

Bonnie- Will send out both short and expanded values for review and approval by RY.

All Resilient Yolo members-

Please review both the short and expanded values and send feedback to Bonnieb@yolocasa.org

Evidence-based research guides our work to be trauma and healing informed and protects the integrity of our work making us accountable to others.

Valuing respect for our differences, including our diverse backgrounds, experiences, and perspectives allows us to keep equity and justice at the center of our work.

Continuous learning and reflection are necessary to interact with others with a humble and inquisitive mindset. This occurs through collaborating and connecting with each other using respectful, open and nonjudgmental communication.

per Lucy Roberts- Following a request for additional feedback about our Principles (there was none) they have been incorporated into our meeting materials at the top of this agenda.

Susan, Bonnie- Presented a draft Leadership position framework We invite discussion about this draft Leadership position and welcome feedback. Everyone is encouraged to review and share comments within the next 2 weeks. During the 3rd week the draft will be revamped to incorporate your feedback and sent out before the next meeting so there can be an informed discussion.

DRAFT CO-LEADERSHIP POSITION DESCRIPTION



RESILIENT YOLO
Building ACEs Awareness. Building Community.

Resilient Yolo

Bonnie-will send out the draft version inviting feedback and edits due within 2 weeks time (Nov 30th) Revamped version incorporating edits will be sent out before the Dec meeting

All Resilient Yolo members-

Please review this draft position description and send feedback to Bonnieb@yolocasa.org before Monday, Dec 30th

Applicant description:
Co-Leadership Role

DESCRIPTION

Resilient Yolo is a collaboration of supportive member organizations and individuals throughout Yolo County. Our purpose is to educate people about ACEs. Our mission is that Resilient Yolo support and promote partnerships between its membership and the larger community, actively and intentionally prevent and address the traumas associated with ACEs, including those particular to marginalized minority populations, in its outreach, education and programming.

DISTINGUISHING CHARACTERISCS

This volunteer position functions to facilitate effective collaboration and effective engagement with all members, while maintaining the integrity of Resilient Yolo's mission, values and principles. The Co-Leadership position shares responsibilities between two people.

ESSENTIAL FUNCTIONS:

- Represents Resilient Yolo officially within the greater community
- Acts as spokesperson at external events, meetings, outreach
- Directs, in coordination with membership, our focus and effort
- Encourages and supports internal leadership via check-ins and meetings
- Sets the agenda in dialogue with other members
- Understands general administration of Resilient Yolo related to communication, ie; email lists & social media, and how this is maintained

	<ul style="list-style-type: none"> • Practices collaboration and transparency • Employs good communication skills <p>POSITION TERM: 2 years</p> <p>AmeriCorp Vista may be a candidate for this position.</p> <p>Gail Kennedy encouraged attendance at the Cool Davis Climate presentation and community discussion on Wednesday, Nov 18th at 5PM.</p>	<p>Lori -will look at how an AmeriCorp Vista candidate might fill one of the Co-Leadership roles.</p> <p>Bonnie- will post Cool Davis event to RY website a 2nd time</p> <p>Bonnie- will post our Mission, Vision to the RY website</p>
<p><u>Follow-Up</u></p> <p><u>Focus Work:</u></p>		
<p>Closing</p> <ul style="list-style-type: none"> • Review of Deliverables and Dates 	<p>Review of Deliverables Assigned and Dates:</p> <p>-Susan/Bonnie (Bonnie- brief overview of meeting notes and review deliverables)</p>	

Attendance: Lucy Roberts (Family Hui), Lynn Arner (Early Childhood expert), Celina Alveraz (Empower Yolo), Sharon Tafolla (POD Center), Bianca Solorio (Yolo County Office of Ed), Lori Ross (United Way Capital Region), Theresa Hioki (Yuba County Office of Education researching building an ACEs initiative in Yuba County), Jacquenette Michael (Stanford Sierra Youth and Families), Jennifer Phipps (POD Center), Bonnie Berman (Yolo CASA), Adriane Miles (Washington Unified social worker), Alison Rodriguez (CommuniCare), Jennifer Travis (Help Me Grow Yolo County), Martha Lopez, Gail Kennedy (ACEs Connection), Mark Fink (Yolo County Library)

Guests/ Contact info:

Sharon Tafolla
 UC Davis PODCenter
 Email: staffola@ucdavis.edu
<https://pod.ucdavis.edu>

Meeting Roles

Facilitator: Lucy Roberts and Susan Jones

Note Taker: Bonnie Berman

Time Keeper:

Process Checker:

Meeting Norms:

Honor Time Agreements	Speak Your Truth
Respect Contextual Confidentiality	Stay Engaged
Expect and Accept Non-Closure	Experience
Discomfort	
Limit Distractions (electronics and otherwise)	

<u>Agenda:</u>	<u>Notes/Questions/Action Plan:</u>	<u>Deliverables:</u>
Opening	Opening: -Lucy Roberts	
Mindful moment:	Mindful moment: -Lucy Roberts	
Meeting Roles and Norms Review:	Roles and Norms: -Susan	
Introduction of Guest	Introduction of Guest Speaker:	

<p>Speaker:</p>	<p>-Lucy Sharon Tafolla Email: staffola@ucdavis.edu POD Center Coordinator, UC Davis Perinatal Origins of Disparities</p> <p>Outlined POD (Perinatal Origins of Disparities) project on connecting with Yolo County community members. Process includes asking community members their priorities in many areas, ie. family, child, maternity health, education, mental health, etc. Then prioritize these areas, followed by identifying what progress in these areas would look like. Ask how can we engage these communities in the future. Outreach involves 60-90 min zoom meetings with breakout groups. The timeline starts with getting feedback on the process followed by scheduling in Nov, then hosting in Dec-Jan. Advertising last call for focus groups in the public in Jan-Feb. Eligibility: Must have child 0-18yrs, must have phone or zoom access, and be willing to talk about services they use. Looking for mixed participant groups in Feb-Mar.</p> <p>Partnership opportunities for RY organizations: Advertise and promote, or Advertise and host.</p> <p>Feedback needed from RY organizations: dates and times that do or don't work, zoom experiences and recommendations on this process. Looking for bilingual Spanish speaking staff to co-facilitate.</p> <p>Lori Ross is doing similar work and looking for gaps in United Way services. Very willing to share feedback and data. Lori is willing to present her findings to RY. Celina volunteers a Mandarin speaker to assist with accessing community members. Lynn will offer child care provider participant access.</p>	
<p>Review of Last Meeting Minutes and Deliverables</p>	<p>Review of Last Meeting Minutes and Deliverables: Gail or Jacquenette- will present on the Principles as they relate to "Meeting Norms" in the TIPS format</p> <p>Values are a foundation and Principles come from values. Find our themes and condense them, and principles would flow from those.</p>	

	<p>Proposed Principles:</p> <ol style="list-style-type: none">1. Listen deeply2. Speak our truth3. Turn to wonder4. Fully participate5. Respect confidentiality6. Have grace7. Hold ourselves accountable <p>Lynn Arner- will present on her subcommittees work on Values for the foundational document.</p> <p>The team did edit work but not deep discussion. 12 is too many and there is overlap and disparity in level of importance. We'll ask a team to whittle these down to top 5-6 values and share with RY for feedback and discussion at next meeting,</p> <p>Gail Kennedy- will present on ACEs Aware Network.</p> <p>ACEs Aware is supporting primary care and pediatrics to screen for ACEs and there are a lot of opportunities, trainings, webinars, learning collaboratives,. Gail is trying to capture a way to make this easy for people to find. Calendar on ACEs Action site with all the opportunities is coming soon. Gail will bring up at next meeting.</p> <p>Lucy Roberts- will present on next steps -We need to define leadership. Lucy will talk with Tracy to get her thoughts too. -Family Hui is partnering with CalWORKS and presenting a workshop on Resources Home Learning during Covid-19. YCOE and Yolo County Library will participate. Workshop is for children learning from home looking for ideas to improve their home learning situation.</p>	<p>Bonnie will distribute revised Principles list for feedback.</p> <p>Lynn will schedule meeting with Mark, Jennifer, Lori Chelius, Natalie, and Lucy to whittle down Values to top 5-6.</p> <p>Lynn or Lucy will send Value short list to Bonnie to distribute for feedback</p> <p>Bonnie will send out a link to the site/calendar when it's ready and ask if anything should be added</p>
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	- Lori Ross suggested we advocate for a RY staff person at the county level with funding coming from the county budget.	
<u>Follow-Up</u>		
<u>Focus Work:</u>		
Closing • Review of Deliverables and Dates	Review of Deliverables Assigned and Dates: -Susan/Bonnie (Bonnie brief overview of meeting notes/Susan review deliverables)	

**Resilient Yolo Community Meeting
September 11, 2020 11am-12:30pm Via Zoom
Agenda**

In Attendance: Lucy Roberts-Family Hui, Susan Jones-Creative Behavior Systems, Angelica Nemani-AmeriCore Vista United Way, Jayne Williams-ALMS, Dr. Jennifer Phipps-UCD POD, Shelly Keeble-Stanford Sierra Youth and Families, Allison Rodriguez-CommuniCare, Lori Chelius-Origins Consulting, Lori Ross-United Way, Tessa Smith-Yolo Mental Health Services, MaryAnn Candela-Creative Behavior Systems, Jacquenette Michael-Stanford Sierra Youth and Families, Gail Allison-ACEs Connection

Guests/ Contact info: Jennifer Phipps, PhD Associate Project Scientist POD Center Coordinator, Perinatal Origins of Disparities Email: jephipps@ucdavis.edu				
<p style="text-align: center;">Meeting Roles</p> Facilitator(s): Lucy Roberts and Susan Jones Note Taker: Bonnie Berman Time Keeper: Process Checker:		<p style="text-align: center;">Meeting Norms</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 60%; vertical-align: top;"> Honor Time Agreements Respect Contextual Confidentiality Expect and Accept Non-Closure Discomfort Limit Distractions (electronics and otherwise) </td> <td style="width: 40%; vertical-align: top; text-align: center;"> Speak Your Truth Stay Engaged Experience </td> </tr> </table>	Honor Time Agreements Respect Contextual Confidentiality Expect and Accept Non-Closure Discomfort Limit Distractions (electronics and otherwise)	Speak Your Truth Stay Engaged Experience
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<u>Agenda:</u>	<u>Notes/Questions/Action Plan:</u>	<u>Deliverables:</u>		
Opening Mindful moment: Meeting Roles and Norms Review: Introduction of Guest	Opening: -Lucy Roberts Mindful moment: -Lucy Roberts Check In and Brief Introduction of attendees: -Lucy Roberts Roles and Norms: -Susan (Team Implemented Planning System (TIPS) meeting system description) Introduction of Guest Speaker:			

Speaker:

-Lucy
Jennifer Phipps, PhD
Email: jehipps@ucdavis.edu
Associate Project Scientist
POD Center Coordinator, Perinatal Origins of Disparities

Shared powerpoint. Jennifer talked about POD Center and how it is getting more engaged in the Yolo community: Began 1.5 yrs ago. Focused on child bearing women through age 8yrs children. 10 faculty cover a broad range of disparities in US and globally. Ex. wildfire smoke effects on women, genetics, biological, social behaviors, etc. They have 5 yrs of funding.

POD is looking at local data and how it can inform our initiative in how we do research. Looks at all sources of data (Demographic, general health and child health exposures, social determinants, geographic variables, relationships, Dad/male partner exposures, COVID-19 & digital divide, etc). Students look at where this data exists and see what is missing. Sources were federal, non-profit, state sources, yolo orgs, and per city, etc. Gaps found in data within the different cities (though lots of county wide data), tribal health, dad/male exposures, perinatal exposures, family relationships, stress/discrimination all had lots of missing data. COVID-19 specifically; Child care for essential workers data was missing. Fortunately, they do have data on food insecurity, unemployment, general childcare, infection rates, etc.)

Next steps for POD: mapping community services in Yolo and how to access them. There is a plan to have community focus groups. 60-90 minute virtual sessions and ask about favorite programs, gaps in services, prioritize issues/topics, insure trust. POD needs RYs help to promote sessions and identify future study participants. Will offer \$20 gift cards to participants. Also, POD want to create 2 data dashboards. One with all the collected data and one for available services. Ideal for grant writers.

Events: POD is planning a Town Hall on health disparities. Also, opportunity for guest speakers that would support both our agencies. Like to think about evaluations of programs???

****Q/A time for Guest Speaker?**

**Review of Last Meeting
Minutes and
Deliverables:**

1) Marianne: Do you have data for queer people who are having babies? Couples who have IDF or a donor?

Jennifer: Looked at that topic and may have data but not on hand.

2) Tessa: Would have liked racism front and center as a public health crisis. What specificity about race was built into these data searches? I encourage a social community context. Also, make sure Clarksburg is addressed. There is huge disparity between vineyard owners and migrant laborers in this small town.

Jennifer: Did look at racism and discrimination, like your emphasis to look at the other factors. It plays into all the other things. Would like to talk with her more.

3) Susan: Are you including the ACEs assessment with the people you are interviewing? Can we organize our work and efforts with you?

Jennifer: YES!

4) Gail: Sees overlaps and how to better digest this data.

Jennifer: Put all the variables separate in a very large spreadsheet of data which she will share. And we can offer feedback about combining some variables together.

Last Meeting Review Minutes and Deliverables:

-Susan Jones

1. **Lucy** to update partnership with POD Center at UCD (also today's speaker).
2. **Bonnie** emailed Cherie Porters foundational documents and Survey and Assessment to all RY.
3. **Lynn** reach out to Mark and Jennifer and Celina.
4. Defining Documents Subcommittee Presentations (**Susan**)
 - Mission/Vision

- Values
- Principles

Defining Documents Discussion

- How do they flow together
- Anything missing?
- How can we polish it so they flow and fit?
- (ACES embedded?)

A. Mission and Vision (Tessa, Susan, Allison and Jayne)

MISSION:

That Resilient Yolo support and promote partnerships between its membership and the larger community, actively and intentionally prevent and address the traumas associated with Adverse Childhood Experiences and Adverse Community Experiences (ACEs), including those particular to marginalized minority populations, in its outreach, education and programming.

VISION:

To create a more resilient community in which all can thrive by taking a trauma-informed, culturally responsive approach to preventing and reducing the impact of Adverse Childhood Experiences and Adverse Community Environments (ACEs) on our diverse population by creating safety, stability and nurturing relationships and environments.

Motion approved with 2 minor edits: Seconded

B. Principles (Jaquenette)

Our Principles:

1. All voices matter. 2. We are all connected. **In what way? OR Do we want everyone to feel connected?** 3. Give and receive welcome. **What does this mean?** 4. Be present as fully as possible. 5. Listen deeply. 6. Turn to wonder. 7. Speak your truth in ways that recognize and respect other people's truth. 8. Pay attention to

your own inner reactions and responses in order to learn. 9. Practice doing less and slowing down. **#4, #5, and #9 are all similar. Do we need all 3?**

Principles are “How do we treat each other?” Reference Susan’s Meeting Norms at the top of this TIPS document. These norms are principles.

No motion.

Note: Lori has offered to join this team

C. Values (Lynn)

Our Values:

Change is a positive force.

Collaborating is a way to work towards shared goals.

Communication is open and non-judgmental, utilizing open-ended inquiry and implicit acceptance.

Connecting with others strengthens families and communities and builds resilience.

Reflection is utilized as a tool to understand.

Diversity is essential because differences strengthen our work.

Evidence-based research guides our work to be trauma and healing informed.

Hope will help us achieve our vision.

Integrity is foundational to our work and makes us accountable to others.

Continuous Learning is necessary to interact with others with a humble and inquisitive mindset.

Respect for different backgrounds, experiences, and perspectives keeps us open-minded.

	<p><u>Resilience</u> is a core belief and value; we all have the capacity to change, grow and thrive.</p> <p>Tabled for discussion at next meeting</p>	
<p>Follow-Up Items:</p> <p>Focus Work:</p> <p>Review of Deliverables Assigned and Dates:</p>	<p>Focus Work:</p> <p>Review of Deliverables Assigned and Dates: -Susan/Bonnie (Bonnie brief overview of meeting notes/Susan review deliverables)</p>	<p>Tessa: will send HHS powerpoint to Board of Supervisors presentation to Jennifer and RY</p> <p>Bonnie: will collect questions from within RY and submit batch to Jennifer to respond, and copy RY group so they see what is submitted.</p> <p>Lucy: sending a list of vocabulary that might be helpful.</p> <p>Jennifer: will share her spreadsheet of data.</p> <p>Bonnie: will email Mission and Vision to RY</p>

<p>Closing:</p>	<p>Closing: -Lucy</p>	<p>with 1 week window to respond yea or nay.</p> <p>Lori C., Gail and Jacquenette: will synthesize TIPS meeting norms with the Principles.</p>

**Resilient Yolo Community Meeting
August 14, 2020 11am-12pm Via Zoom
Agenda**

In Attendance:

Lucy Roberts, Cherie Porter, Susan Jones, Lynn Arner, Bonnie Berman, Jayne Williams, Allison Rodriguez, Gail Kennedy, Lori Ross, Jacquenette Michael, Mariah Ernst-Collins

Guests/ Contact info:

Cherie Porter conducted today's meeting. She is an internationally recognized professional consultant on non-profits with extensive

experience.

Cherie Porter
portercheriel@gmail.com

Meeting Roles	Meeting Norms
<p>Facilitator: (Guest) Cherie Porter</p> <p>Note Taker: Bonnie Berman</p> <p>Time Keeper: Unassigned</p> <p>Process Checker: Unassigned</p>	<p>Honor Time Agreements</p> <p>Respect Contextual Confidentiality</p> <p>Expect and Accept Non-Closure</p> <p>Discomfort</p> <p>Limit Distractions (electronics and otherwise)</p> <p>Speak Your Truth</p> <p>Stay Engaged</p> <p>Experience</p>

<u>Agenda:</u>	<u>Notes/Questions/Action Plan:</u>	<u>Deliverables:</u>
<p>Opening</p> <p>Meditation/Celebrations</p> <p>Meeting Roles and Norms Review:</p>	<p>Meditation: -Led by Cherie Porter Meditation on power of words, hospitality, listening, and importance of stepping closer to the fringe to make meaningful change.</p> <p>Check In Personal and/or Organizational: -Everyone feeling sunny. Some feeling short on time but making space for this important work.</p> <p>Lucy: Resilient Yolo is working in partnership with the POD Center at UC Davis. More information to come. Tafoya Elementary is planning to adopt Be the One into their school programming.</p> <p>Roles and Norms: Unassigned</p>	<p>Lucy to update partnership with POD Center at UCD.</p>

<p>Review of Last Meeting Minutes and Deliverables:</p>	<p>Last Meeting Review Minutes and Deliverables: Unassigned</p>	
<p>Follow-Up Items:</p> <p>Focus Work:</p>	<p>Focus Work: Statement: Though COVID has disrupted our lives and the MeToo and BLM movements has disrupted our hearts, RY's responsibility to the community has not lessened. However, due to the many changes we are all experiencing, RY has not been able to be as active or as responsive as we had hoped. This is why now, we feel it is an appropriate step to ascertain where we each think the organization is today, and what we each believe should be our <u>organizational priorities</u> going</p>	

forward.

Review: Brief discussing of existing foundational documents and a survey, both of which will be sent to everyone associated with RY for their comments and their assessment of the organization.

Cherie posed the question: “What is the purpose of Resilient Yolo?”

Person 1: We need to define who we are as an organization. We know we can build resilience. The way we get there is through trauma informed practices, etc. in individuals, orgs, and communities. **We are a support group.**

Person 2: We have things and people who aren’t functioning well. We need to build protective factors. People don’t have beginning vocabulary...we need to start at the ground and build up. Awareness is key!

Person 3: Utilize role at a health center to impact community. Utilize RY team to expand upon that. Represent community more; action steps, plans, etc. We need shared goals.

Person 4: Mission is too similar to every other org. Are we an information hub? A collaborative providing resources? Provides awareness? Works on issues with community?

Person 5: This group could step in and make a difference. We need to get into the community.

Person 6: ACEs science/BTO campaign were stellar. We have a product but we need deliverables, workgroups on specializations, action items. Building some workgroups will inspire more to do this work in their areas.

Person 7: Liked the existence of a group of like-minded people.*** Lots of people said this.

Person 8: We solve problems within community. Off shoot of ACEs connections. Educating people with goal of trauma informed systems. Judicial system, Education, etc.

Bonnie emailing of foundational documents from **Cherie**, survey and assessment from **Allison and Susan**.

Blank TIPS Agenda:

(Who, date, time here)
Agenda

Attendance: (cross out if absent & write time if arrived late or leaving early)		
Guests/ Contact info:		
Meeting Roles Facilitator: Note Taker: Bonnie Berman Time Keeper:	Resilient Yolo Principles: Listen deeply Speak your truth Turn to wonder Fully participate	Respect confidentiality Have grace Hold ourselves accountable
Agenda:	Notes/Questions/Action Plan:	Deliverables:
Opening Mindful moment Meeting Roles and Norms Review Introduction of Speaker Review of Last Meeting Minutes and Deliverables		

<u>Follow-Up</u>		
<u>Focus Work:</u>		
Closing <ul style="list-style-type: none">• Review of Deliverables and Dates	Review of Deliverables Assigned and Dates: Bonnie	