



## Building a Network of Safety for School Communities Suicide Prevention Webinar Series

Registration is required for each webinar

[Click here to Register](#)

### November 17, 2020

**A Leader's Guide to Fostering Mental Wellness & Building School Community Cultures of Connection** *Learn to conduct staff wellness checks, implement workplace stigma reduction practices, and receive concrete examples to build school community cultures of connection.*

**Presenters: Mara Madrigal-Weiss, San Diego County Office of Education and Monica Nepomuceno, California Department of Education**

### December 15, 2020

**Be Sensitive, Be Brave for Mental Health: A Foundational Guide to Mental Health and Mental Illness** *Learn to recognize mental illness, how to support someone in need, and tools for maintaining good mental health and preventing mental challenges.*

**Presenter: Dr. Joyce Chu, Palo Alto University**

### January 26, 2021

**Effective Postvention Practices in School Communities** *Explore effective suicide postvention practices as a critical part of the prevention continuum. By identifying and supporting the mental health needs of surviving students and staff, postvention can help people cope with loss and reduce the risk of contagion.*

**Presenters: Dr. Shashank Joshi, Stanford University, Mary Ojakian HEARD Alliance and Stan Collins, Directing Change**

### February 23, 2021

**Teamwork Makes the Dream Work: How Collaboration can Improve Prevention Efforts** *Fresno County Suicide Prevention Collaborative (Fresno Cares) will share how coordinating county wide resources, supports, and trainings can prevent suicides.*

**Presenters: Ahmad Bahrami, Fresno County Department of Behavioral Health Farrah McGovern, Fresno County Superintendent of Schools and Brandy Lidbeck, Fresno Cares**

### March 23, 2021

**Improving Suicide Prevention Practices in School Communities** *Learn to improve your school's suicide prevention practices, programs, and resources to help school staff recognize and support students who may be contemplating suicide.*

**Presenter: Dr. Shashank Joshi, Stanford University and Stan Collins, Directing Change**

### April 27, 2021

**Social and Emotional Learning - A Valuable Tool in Suicide Prevention** *Explore how Social and Emotional Learning can increase protective factors and reduce risk factors associated with suicide in children and youth.*

**Presenters: Julia Agostinelli, California Department of Education and Jana Sczersputowski, Directing Change**