



**JOIN US FOR**

# **COVID19 Fall Wellness Series**

The Ventanilla de Salud and Ventanilla de Asesoría Financiera is inviting you to a 4-part workshop series on how to stay healthy during COVID-19 this holiday season. You have an opportunity to ask questions and learn valuable information from subject matter experts.

NOTE: Series will be in Spanish.

**NOV 16 [6-7:30 PM]:**

**COOKING HEALTHY ON A BUDGET**

**NOV 18 [6-7:30 PM]:**

**FINANCIAL LITERACY**

**NOV 30 [6-7:30 PM]:**

**FINANCIAL PROTECTION**

**DEC 2 [6-7:30 PM]:**

**MENTAL HEALTH**

**SCAN ME**



**APPLY BEFORE NOVEMBER 16, 2020**

**FOR MORE INFORMATION VISIT**

**[HTTPS://RB.GY/NPW8TN](https://rb.gy/npw8tn)**



**Ventanilla de  
Asesoría Financiera**



**MÉXICO**  
CONSULADO GENERAL EN SACRAMENTO

