



Yolo County Health and Human Services Agency

Mental Health Crisis Lines and Resources

Are you or someone you know experiencing a mental health crisis?

HELP IS AVAILABLE

Mental Health	Toll Free	(888) 965-6647
	TTY/TDD	(800) 735-2929
Suicide Prevention		(888) 233-0228
Emergency Assistance		Dial 9—1—1

To request additional copies of this document email:

MHSA@YoloCounty.org

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MENTAL HEALTH CRISIS LINES AND RESOURCES

Adult Protective Services	(530) 661-2727
ASK (Teen/Runaway Line)	Davis (530) 753-0797
	West Sac (916) 371-3779
	Woodland (530) 668-8445
Child Welfare Services/Child Abuse Reporting	
	Toll Free (530) 666-8920
Communicare (Mental Health & Substance Abuse)	
	West Sac (916) 403-2970
	Woodland (530) 405-2815
Davis Community Meals & Housing (Shelter)	Davis (530) 753-9204
Empower Yolo (Sexual Assault/Domestic Violence)	
	West Sac (916) 371-1907
	Woodland (530) 662-1133
Friendship Line (Seniors Support Line)	(800) 971-0016
Forth & Hope (Shelter)	Woodland (530) 661-1218
Patients Rights Advocate	(877) 965-6772
NAMI (Message Line)	Davis (530) 756-8181
UCD Counseling Services	(530) 752-0871
Shores of Hope (Homeless Services)	W. Sac (916) 372-0200
Senior Link	Toll Free (877) 883-4927
Sutter Davis Hospital	Davis (530) 756-6440
Woodland Memorial Hospital	(530) 662-3961