



Yolo County Health and Human Services Agency

Yolo County Health and Human Services Agency

Mental Health Crisis Lines and Resources

Mental Health Crisis Lines and Resources

Are you or someone you know experiencing a mental health crisis?

Are you or someone you know experiencing a mental health crisis?

HELP IS AVAILABLE

HELP IS AVAILABLE

Mental Health			Mental Health		
	Toll Free	(888) 965-6647		Toll Free	(888) 965-6647
	TTY/TDD	(800) 735-2929		TTY/TDD	(800) 735-2929
Suicide Prevention		(888) 233-0228	Suicide Prevention		(888) 233-0228
Emergency Assistance		DIAL 9—1—1	Emergency Assistance		DIAL 9—1—1

To request additional copies of this document email: <u>MHSA@YoloCounty.org</u> To request additional copies of this document email: <u>MHSA@YoloCounty.org</u>

Last Updated: 02/21/2019

Last Updated: 02/21/2019

MENTAL HEALTH CRISIS LINES AND RESOURCES	MENTAL HEALTH CRISIS LINES AND RESOURCES		
Adult Protective Services	Adult Protective Services		
(530) 661-2727	(530) 661-2727		
ASK (Teen Run Away Line)	ASK (Teen Run Away Line)		
Davis (530) 753-0797	Davis (530) 753-0797		
West Sac (916) 371-3779	West Sac (916) 371-3779		
Woodland (530) 668-8445	Woodland (530) 668-8445		
Child Welfare Services/Child Abuse Reporting	Child Welfare Services/Child Abuse Reporting		
Toll Free (530) 666-8920	Toll Free (530) 666-8920		
CommuniCare (Mental Health & Substance Abuse)	CommuniCare (Mental Health & Substance Abuse)		
West Sac (916) 403-2970	West Sac (916) 403-2970		
Woodland (530) 405-2815	Woodland (530) 405-2815		
Davis Community Meals & Housing (Shelter)	Davis Community Meals & Housing (Shelter)		
Davis (530) 753-9204	Davis (530) 753-9204		
Empower Yolo (Sexual Assault/Domestic Abuse)	Empower Yolo (Sexual Assault/Domestic Abuse)		
West Sac (916) 371-1907	West Sac (916) 371-1907		
Woodland (530) 662-1133	Woodland (530) 662-1133		
Friendship Line (Seniors Support Line)	Friendship Line (Seniors Support Line)		
(800) 971-0016	(800) 971-0016		
Fourth and Hope (Shelter)	Fourth and Hope (Shelter)		
Woodland (530) 661-1218	Woodland (530) 661-1218		
Patients Rights Advocate	Patients Rights Advocate		
(877) 965-6772	(877) 965-6772		
NAMI Yolo (Message Line)	NAMI Yolo (Message Line)		
Davis (530) 756-8181	Davis (530) 756-8181		
UCD Counseling Services	UCD Counseling Services		
(530) 752-0871	(530) 752-0871		
Shores of Hope (Homeless Services)	Shores of Hope (Homeless Services)		
W. Sac (916) 372-0200	W. Sac (916) 372-0200		
Senior Link	Senior Link		
Toll Free (877) 883-4927	Toll Free (877) 883-4927		
Sutter Davis Hospital Davis (530) 756-6440	Sutter Davis Hospital Davis (530) 756-6440		
Woodland Memorial Hospital	Woodland Memorial Hospital		
(530) 662-3961	(530) 662-3961		