



VICTOR COMMUNITY SUPPORT SERVICES



SUMMER GROUPS

ONLINE GROUPS BEGIN JUNE 8TH AND END JULY 31ST

Victor Community Support Services, A Yolo County Non-Profit Mental Health Services Provider, is hosting a **FREE** online, 8-week Summer Camp for students in elementary through high school. During the school year, Victor's Prevention and Early Intervention team hosts small groups in school on a variety of topics. This summer, there are many online groups available, **AT NO COST!**

WHERE DO I REGISTER?

Registration starts May 29th and ends June 15th

If your child is interested in attending one or more of these groups, register with this link: <https://forms.gle/U2HtrinDNWf2u2898>

WHAT WILL BE OFFERED?

Story Time (Elementary School)

Our facilitators read a story from our collection of children's books that teach and encourage social emotional learning in a fun way. (20mins)

Art Group (Elementary School)

Along with Ms. Olivia, group members create a different craft each week. (30mins)

Mindful Movement (Elementary School)

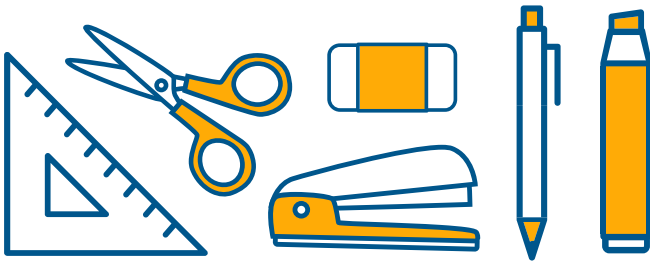
Ms. Hannah introduces stretching, breathing, and guided imagery as ways to calm the mind and body. Students can utilize these tools to self-regulate and focus attention in and out of the classroom. (30mins)

Crunch Bunch (3rd-5th grade)

Mr. Q guides the group through athletic activities, teaching respect, sportsmanship and teamwork along the way. (30mins)

Life Skills (Middle/High School)

Our facilitators introduce some of the skills necessary to plan and take charge of their futures, such as setting goals, applying for schools and jobs, and living independently. (45mins)



FOR MORE INFORMATION OR QUESTIONS, CONTACT ONE OF OUR FACILITATORS!



Quentin Baldwin

Family Support Counselor

Email: Quentin.Baldwin@Victor.org

Quentin Baldwin received his BA in Psychology in 2016 and has been working in schools for over 3 years. Quentin was brought onto the Victor team July 2019 with a focus on resilience and conflict resolution as well as having a sports background. By utilizing Quentin's passion for fitness, he is able to teach kids valuable lessons with fun and engaging activities.



Olivia Becerra

Family Support Counselor

Email: Olivia.Becerra@Victor.org

Olivia has a BA in Sociology and has been a FSC with Victor since May 2019. During her time at Victor she has focused on building a curriculum for first generation students and minorities. She enjoys bringing in art and craft activities to groups, as a way for group members to share their story.



Hannah Buerger

Family Support Counselor

Email: Hannah.Buerger@Victor.org

Hannah has a BA in Psychology and has been an FSC with Victor since January 2019. Focusing on researching trauma-informed classrooms and mindfulness, Hannah incorporates her love for mindful movement into her groups whenever possible. As a lover of all things creative, she also uses group time as an opportunity to facilitate many activities that allow for group members to express their creativity in a variety of ways.