

# VIRTUAL HANGOUTS

BUILDING RESILIENCY AND NETWORKS OF SUPPORT  
WHILE SHELTERING IN PLACE



LIVE sessions where you can ask questions  
to our child development experts!

**MONDAY, APRIL 13 (5 PM)**

FAMILIES WITH CHILDREN OF ALL AGES

**THURSDAY, APRIL 21 (9 AM)**

FAMILIES WITH CHILDREN OF ALL AGES

**THURSDAY, APRIL 23 (7 PM)**

SPECIAL SESSION FOR FAMILIES WITH TEENS

**WEDNESDAY, APRIL 29 (5 PM)**

SPECIAL SESSION FOR FAMILIES WITH TEENS

Help your children, other family members, and  
YOURSELF stay mentally healthy during the  
COVID-19 Stay at Home Order.

Learn about tools and resources to help you  
survive this very stressful time.

**NO RSVP NECESSARY!**

**ONLINE: [HTTPS://US02WEB.ZOOM.US/J/122865348](https://us02web.zoom.us/j/122865348)**

**PHONE: 1 (669) 900-6833 MEETING ID 122 865 348**

