

#### Q: What does a team sponsorship from First 5 Yolo cover?

A: For the Child-Parent Psychotherapy Learning Collaborative, First 5 Yolo will cover the cost of trainings, books, and will provide breakfast and lunch on training days. All trainings will be held in Yolo County.

# Q: Who is eligible to receive a team sponsorship from First 5 Yolo?

A: Applicants must be a master or doctoral level clinician providing mental health services in Yolo County. If a member of the team is not fully licensed, then his/her supervisor must participate in the CPP team (and become rostered) or their supervisor must already be rostered in CPP. For additional requirements, please contact First 5 Yolo directly.

# Q: Can multiple people from the same agency apply?

A: Yes. First 5 Yolo is looking for agency teams comprised of 3-4 clinicians from a single agency to support each other's ongoing learning. First 5 Yolo will also consider teams of clinicians who are not from the same agency but are committed to working together throughout the 18-month training program and supporting each other on an ongoing basis.

### Q: What is required of sponsorship recipients?

A: First 5 Yolo requires that all teams commit to completing service hours beginning approximately 6 months after the start of CPP. Service hours will include providing therapeutic support to children 0-5 and their families identified by the Help Me Grow Yolo program (HMG). Additionally, CPP requires practicum hours (not inclusive of the First 5 Yolo required service hours) in order to receive rostering, and First 5 Yolo will require that scholarship recipients serve at least 1 Help Me Grow Yolo identified family during training.

Sponsored teams will commit to providing **52** therapy hours, per team member, to children 0-5 and their families with the model. Service hours should be completed within one year of program completion.

Agencies and/or recipients will establish a pathway between their practice and Help Me Grow Yolo (based out of Northern California Children's Therapy Center, *NCCTC*) to receive referrals for service hours completion. NCCTC will support recipients in tracking service hours.

#### Q: Can I bill a client's insurance for service hours?

A: Yes. However, if a family does not have insurance, services should be provided in-kind.

#### Q: Do I have to be a certified Medi-Cal provider in order to send a team?

A: No. You do not need to be a certified Medi-Cal provider nor contract with any specific insurance plan in order to participate. However, for all required service hours, families cannot be directly charged. First 5 Yolo is working with Partnership Health Plan to provide a training to scholarship recipients who are not currently, but are interested in becoming, certified Medi-Cal providers. First 5 Yolo welcomes both private practice and agency teams to apply!

Q: What is the approximate value of each scholarship and how will it be disbursed?

A: The approximate value of the CPP award is \$5,100 per person. Funds will be paid directly to the institution on behalf of the participants. Recipients will not be responsible for remitting fees or purchasing covered items.

# Q: How do I apply?

A: If your agency is interested in applying, please contact First 5 Yolo directly.

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