

Join us for a live webcast of the 2020 Mom Forum: Yolo County HHSA, 25 N Cottonwood, Clarksburg Room, February 12 & 13, 2020. CEUs available\*



February 12-13, 2020

2020 Mom Annual FORUM

**WE CAN DO MORE**  
in Maternal and Mental Health Care



<https://www.2020mom.org/2020-annual-forum>

## California Endowment, Offered in Yolo County by Webcast

Throughout the two day event, topics such as pathways to transform systems of care and access to the right care at the right time at the right price will be addressed, including discussions about technology, employer strategies, regulatory levers and more.



Opening Keynote: Pilyoung Kim, PhD, associate professor of psychology and director of Family and Child Neuroscience Laboratory at the University of Denver. Dr. Kim will discuss the early postpartum period as a window of vulnerabilities and opportunities when the parental brain is influenced by stress and psychopathology, but also susceptible to interventions.



Closing Keynote: Jill Koziol, Co-Founder & CEO of MotherlyState of Motherhood Report & 2020 the Year of the Mother

### \*SCHEDULE SUBJECT TO CHANGE\*

Coffee & water will be provided  
RSVP req'd only if needing CEUs-see below  
CEUs given by individual session/speaker\*

### Thursday, Feb 13, 2020

[Click here for detailed schedule](#)

8:00am - Registration & Coffee

Thursday Programming: 8:30am-3:30pm

Panel 5: **Peer Support for All of Us**

Breakout Option 1: **Federal & State Trends in Maternal Mental Health Policy**

Breakout Option 2: **The Cost of Untreated Maternal Mental Health Disorders: The Mathematics Study**

11:30am-1pm - Lunch and Breakout Sessions: **Caring for the Caregiver** (Mainstage Webcast Session)

Panel 6: **Measuring Impact: How Will We Know Moms Are Getting Help?**



We will give away 2 Blue Dot Chari-TIES - one each Wednesday am/pm & Thursday am/pm sessions. Must be present to win.

### Wednesday, Feb 12, 2020

[Click here for detailed schedule](#)

8:30am - Registration & Coffee

Wednesday Programming: 9:00am-5:00pm

Keynote: **Two Generations One Future: How Mothers' Brains Evolve During Early Parenting**

Panel 1: **Maternal Mental Health & Pediatric Brains** (Dr Kim & Other Change Agents)

Panel 2: **Accessing Mental Health Care:**

Mental Health Parity Why it Matters and What's Next

12:30-2pm - Lunch and Breakout Sessions: **Maternal Suicide California's 2019 Report** (Mainstage Webcast Session)

Panel 3: **Transforming Systems of Care** - Hospital Systems and FQHCs Leading the Way

**Case Study:** The Loneliness Epidemic: Mothers and Loneliness

Panel 4: Insurers (Payors) and Employers: Doing More for Mothers and Babies

RSVP needed only for CEUs - RSVP by Friday, February 7, 2020 to Gaby Castaneda: [Gaby.Castaneda@yolocounty.org](mailto:Gaby.Castaneda@yolocounty.org)  
\*1 CEU credit offered per topic/speaker; Sign in/out each session & post-session evaluation required for CEU credit. One credit per session/speaker.