

Local Sacramento Resources Sacramento LGBT Community Center

saccenter.org/

The Sacramento LGBT Community Center works to create a region where LGBTQ+ people thrive. We support the health and wellness of the most marginalized, advocate for equality and justice, and work to build a culturally rich LGBTQ+ community.

We offer free legal consultations twice monthly in partnership with Northern California Legal Services and the Family Justice Center. Please contact info@saccenter.org for an appointment.

Sacramento Area Rainbow Families

www.facebook.com/SacRainbowFamilies

Sacramento Area Rainbow Families is a place where LGBTQ parents, families, and our allies can find resources, events, support, and advocacy opportunities.

Gender Health Center

www.thegenderhealthcenter.org

To affect change that alleviates the systematic oppression of transgender people - especially those at the intersections of identity. We approach this work through advocacy, training, and direct services, using a social justice lens and mental health-centered model. Advocacy Programs Include: Advocacy Services, Name and Gender Change Paperwork Assistance, Covered California Outreach and Education, and Economic Empowerment Program.

National Resources

PFLAG (Parents, Family, and Friends or Lesbians and Gays)

Uniting people who are lesbian, gay, bisexual, transgender, and queer (LGBTQ) with families, friends, and allies, PFLAG is committed to advancing equality through its mission of support, education, and advocacy. PFLAG has 400 chapters and 200,000 supporters crossing multiple generations of American families in major urban centers, small cities, and rural areas in all 50 states, the District of Columbia and Puerto Rico.

https://pflag.org/

COLAGE

COLAGE unites people with lesbian, gay, bisexual, transgender, and/or queer parents and caregivers into a network of peers and supports them as they nurture and empower each other to be skilled, selfconfident, and just leaders in our collective communities.

https://www.colage.org/