

Health Promotion and Wellness Department- Current Programs

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Service	What is it?	Contact
COMMUNITY ENGAGEMENT STRATEGY		
School-Based Health Centers	CommuniCare provides clinical services on school campuses: <ul style="list-style-type: none"> - Woodland Community College (Primary Care) - Cache Creek High School (Teen Clinic) - MLK High (Primary Care and Teen Clinic) 	Health Systems Manager- Community Engagement
Office Hours: Area High Schools in Woodland and West Sacramento	Teen Clinic Certified Health Educators provide Office Hours on-site at local high schools, where students (age 12+) have access to confidential clinical sexual and reproductive health education including: birth control, pregnancy testing and counseling, STI testing and treatment, a safe space, LGBTQ support, emergency contraception, and referrals to Teen Clinic, Primary Care, Behavioral Health and Perinatal services.	Health Systems Manager- Community Engagement Kenna Cook SRH Teacher
Sexual and Reproductive Health Education	Relying on a network of 60 teachers, from the 2011-2012 academic year to the 2014-2015 academic year, CommuniCare has taught over 15,000 Yolo County Middle and High School students developmentally appropriate, comprehensive reproductive health education classes that comply with the <i>California Healthy Youth Act</i> .	Kenna Cook SRH Teacher
Promotora Program	<p>A promotora is a lay Hispanic/Latinx community member who receives specialized training to provide basic health education in the community, without being a professional health care worker.</p> <p>The Promotora Program is staffed with volunteers who are trained to provide 1) individual and group education classes; 2) support, translation services and advocacy; 3) education on insurance, eligibility and application assistance; 4) education and support on how to navigate the health care system. The program has historically</p>	Health Systems Manager- Community Engagement Ozmar Aburto, Community Engagement Coordinator

	focused on serving the farm worker and migrant populations in Yolo County.	
Member Engagement and Outreach	Ongoing evaluation and implementation of the community outreach and community engagement strategies for CommuniCare Health Centers. Ensures quality community engagement activities that translate into direct referrals for clinical care, marketing of CommuniCare Health Centers' services in the broader community and facilitate access to care for potential patients. Includes collaboration with social media campaign to include health promotion and wellness content.	Health Systems Manager- Community Engagement Ozmar Aburto, Community Engagement Coordinator
PATIENT NAVIGATION		
Client Benefits Advocate (CBA) Appointments	CBA's Help individuals and families access and apply for health coverage programs (examples include: Partnership, Medi-Cal, Gateway, Charity Care, Covered California). CBA's provide insurance application assistance to patients through individual and family appointments. CBA's also contribute to clinic and community engagement activities to increase awareness about health insurance options available to low-income and uninsured community members.	Lynnette Brady, MHA Health Systems Manager- Pt Navigation Maria Oropeza, Pt. Navigation Coordinator Salud: Magda Lemus Davis: Terrie Bueno Hansen: Maria Moreno
MediCal	MediCal is California's social health care program (Medicaid) for families and individuals with limited resources. The program serves low-income individuals, including: families, seniors, persons with disabilities, children in foster care, pregnant women, and childless adults with incomes ≤138% of the federal poverty level. CBA's support individuals and families check eligibility and enroll in MediCal.	Lynnette Brady, MHA Health Systems Manager- Pt Navigation Maria Oropeza, Pt. Navigation Coordinator Salud: Magda Lemus Davis: Terrie Bueno Hansen: Maria Moreno
Partnership Health Plan of California (PHP)	PHP is a non-profit managed health care insurance organization that contracts with the State to administer Medi-Cal benefits through local clinics/care providers. PHP provides services in 14 Northern California counties under the Medi-Cal program.	Lynnette Brady, MHA Health Systems Manager- Pt Navigation Maria Oropeza, Pt. Navigation Coordinator Salud: Magda Lemus Davis: Terrie Bueno Hansen: Maria Moreno
CalFresh	CalFresh (federally known as the Supplemental Nutrition Assistance Program or SNAP) is a federally mandated, state-supervised, and county-operated government entitlement program that provides monthly food benefits to assist low-income households in purchasing the food they need.	Maria Oropeza, Patient Navigation Coordinator Ozmar Aburto, Community Engagement Coordinator

	CommuniCare provides CalFresh support for eligibility and enrollment through CBA appointments, outreach, recruitment and support.	
Gateway	Gateway (known as Child Health and Disability Prevention Program or CHDP) is a preventative program that delivers temporary Medi-Cal insurance to low income children and youth in California for periodic health assessments and services. Children are signed up for the program by front desk staff and the CBA staff confirms children secure health coverage.	Lynnette Brady, MHA Health Systems Manager- Patient Navigation
Health Insurance Counseling and Advocacy Program (HICAP) and DESS Interface	HICAP Services of Northern California provides free counseling and advocacy services for Medicare beneficiaries residing in Yolo County. HICAP Medicare counselors provide free, unbiased, confidential counseling sessions to people looking to answer questions about Medicare, Long Term Care Insurance, and evaluate if a person qualifies for Extra Help (Medicare Part D prescription drug costs).	Lynnette Brady, MHA Health Systems Manager- Patient Navigation
Patient Assistance Program (PAP)	The Patient Assistance Program (PAP) is designed to support a patient that is uninsured or under-insured access prescribed medication that is not covered or that may not be accessible due to the patient's share of the cost.	Maria Oropeza, Patient Navigation Coordinator
Income Verification	Client Benefits Advocates (CBAs) assist patients with income verification, which is required to apply for insurance and patient assistance programs. CBAs also support patients to establish the patient's share of the cost on the sliding fee scale.	Salud: Magda Lemus Davis: Terrie Bueno Hansen: Maria Moreno
Patient Experience	Support Member Engagement and patient satisfaction initiatives (examples include: growing the infrastructure to support implementation of routine health education campaigns, Health Equity Initiative, Peer Navigator Program, Wellness Initiatives - Active Living; eating well; stress management, tobacco cessation, etc.)	Lynnette Brady, MHA Health Systems Manager- Patient Navigation
WELLNESS INITIATIVES		
Clinical Sexual and Reproductive Health Education Support for Primary Care	Certified Health Educators, under clinical supervision, provide initial patient intake, vital signs, and sexual and reproductive health education. Service provision includes birth control method education, sexually transmitted infection education, testing and treatment, pregnancy testing and options counseling, healthy relationships and decision-making assistance, LGBTQ sexual health education and related topics.	Chelsea Bear, MPH Health Services Supervisor Salud: Liliana Melgoza Davis: Juan Martinez Hansen: Karolina Soltero On-Call: Ashley Carreon, Zulema Mora

	Health Educators perform phlebotomy, urine collection, and basic waived laboratory tests, and assist providers with medical procedures as needed.	
Teen Clinic	Teen Clinic provides young people (age 12+) access to confidential clinical sexual and reproductive health services and education including: birth control, pregnancy testing and counseling, STI testing and treatment, a safe space, LGBTQ support, emergency contraception, and referrals to Behavioral Health and Perinatal services. Teen Clinic visits are typically paid for through a CA State program called Family PACT.	<p>Chelsea Bear, MPH Health Services Supervisor</p> <p>Salud: Liliana Melgoza Davis: Juan Martinez Hansen: Karolina Soltero On-Call: Ashley Carreon, Zulema Mora</p>
Title X Grant Funding Implementation	Title X is federal funding that supports sexual and reproductive health care services as part of primary care. Title X funded health centers provide confidential preventive health services (contraception, pregnancy testing, pelvic exams, screening for breast and cervical cancer, screening for STIs including HIV/AIDS, basic infertility services, health education and referrals for other health and social services). Title X also funds staff salaries, quality improvement, patient education and outreach.	<p>Chelsea Bear, MPH Health Services Supervisor</p> <p>Edye Kuyper, MS, Health Systems Manager-Wellness Initiatives</p>
Sexual and Reproductive Health Quality Improvement Initiatives	Implementation of sexual and reproductive health quality improvement initiatives (ex: chart review for birth control methods of female patients on teratogenic medications)	<p>Chelsea Bear, MPH Health Services Supervisor</p> <p>Edye Kuyper, MS, Health Systems Manager-Wellness Initiatives</p>
RN Extender	<p>Health Coaches provide additional support to nursing staff, including: Collaborate with RNs on incoming non-face to face care (TEs), including, and not limited to: 1) Perform call backs in consultation with RN on issues such as scheduling, order clarification, refill notification, lab result education and follow up; 2) Complete forms/calls for medication prior authorization; 3) Follow up on Durable Medical Equipment Orders.</p> <p>Under medical staff supervision, prepare patients for RN visits; including and not limited to: preparing the room, measuring vital signs, clarify the reason for the visit, perform INR and A1c testing).</p> <p>Provide clinical health education and support implementation of Preventing Heart Attack and Stroke Everyday (PHASE) population</p>	<p>Edye Kuyper, MS, Health Systems Manager-Wellness Initiatives</p> <p>Chelsea Bear, MPH Health Services Supervisor</p> <p>Salud: Liliana Melgoza Davis: Juan Martinez Hansen: Karolina Soltero On-Call: Ashley Carreon, Zulema Mora</p>

	<p>health management program for people with and/or at risk of cardiovascular disease. Provide health education content on topics such as asthma, smoking cessation, and obesity prevention.</p> <p>Facilitate, co-facilitate, or arrange for experts to provide group meetings, classroom presentations and/or group appointments</p>	
Healthy Living with Diabetes	<p>The Healthy Living with Diabetes Program is a grant funded initiative that is focused on reducing the burden of disease and its complications. The program includes implementation of evidence-based curriculum for dietetic services, including nutrition counseling and group visits for diabetic patients and outreach to potentially eligible CMSP members with diabetes. Program activities include: outreach and enrollment for CMSP/Medi-Cal; linkage and referrals to community services; diabetes self-management classes and home visits.</p>	<p>Edye Kuyper, MS, Health Systems Manager-Wellness Initiatives</p> <p>Registered Dietician: Kayla Teng, RD Diabetes Educator: Angelica “Jelly” Aceves</p>
Community Garden Initiative	<p>The Community Garden is the focal point of a wellness initiative at CommuniCare, designed to address health equity issues including access to food and fresh produce, rates of uncontrolled diabetes, and overweight/obesity. CCHC is uniquely positioned with the resources and personnel of a community clinic, to use a Community Garden as a platform for cross-fertilization of programming, and to reinforce lifestyle “prescriptions”. The project is designed to inspire multi-ethnic, multi-cultural participation and promote youth engagement, community development, and opportunities for recreation, exercise, therapy and education.</p>	<p>Edye Kuyper, MS, Health Systems Manager-Wellness Initiatives</p>
Health Education Campaigns	<p>CommuniCare Health Centers maintains a calendar of Wellness Initiatives, informed by patient feedback. These services include group learning circles, support group gatherings, educational workshops (including online offerings), special health events, individualized health coaching, cooking classes, educational events, and bingo. The team also creates health-related social media campaigns, educational videos, and hosts regular public events at each primary care clinic site.</p>	<p>Edye Kuyper, MS, Health Systems Manager-Wellness Initiatives</p> <p><i>Available</i>, Health Systems Manager-Community Engagement</p> <p>Ozmar Aburto, Community Engagement Coordinator</p>