Integrating Maternal Mental Health Education, Screening, and Referral into Your Clinic



Target Participants:

Clinical and non-clinical staff serving perinatal women and their families in Yolo County and surrounding communities.

Group Size:

Up to 20 per training

Registration:

Barbara Sheehy, MSMaternal Mental Health Project Manager
Dignity Health

415.544.2395
Barbara.Sheehy@DignityHealth.org

Solution Dignity Health

Agenda:

9 AM - Noon

Education and Discussion

Perinatal Mood and Anxiety Disorders basics, trauma, warning signs and risk, videos

Noon – 1 PM

Lunch provided

1 PM - 5 PM

Interactive Skill DevelopmentCase examples, demonstration, and role play

Dates:

May 2nd, 9 AM – 5 PM

 $\begin{array}{ll} \mbox{(noon} - 1 \mbox{ PM lunch provided)} \\ \mbox{Woodland Health Care Medical} \\ \mbox{Office Building} \\ \end{array}$

632 West Gibson Road, Woodland, CA

OR

May 10th, 9 AM – 5 PM

(noon – 1 PM lunch provided)

Woodland Memorial Hospital

1325 Cottonwood Street, Woodland, CA

Trainer:

Tegwin Millard, MPA, LMFT, LPCC, Associate Clinical Director of Behavioral Health CommuniCare Health Centers