Advanced Clinical Training in Perinatal Mental Health



Target Participants:

Mental health clinicians, serving Yolo County and the surrounding communities, seeking to enhance their expertise in serving pregnant and postpartum women and their families

Registration:

Please register by May 6, 2019 by contacting **Barbara Sheehy, MS**Maternal Mental Health Project Manager
Dignity Health

415.544.2395

Barbara.Sheehy@DignityHealth.org



May 13, 2019 9 AM – 4:30 PM

Woodland Health Care Medical Office Building 632 West Gibson Road, Woodland, CA

Trainers:

Gabrielle Kaufman, MA, LPCC, BC-DMT

Director of Training, Maternal Mental Health NOW

Lili McGuinnes, LCSW, CLEFaculty, Maternal Mental Health NOW

Agenda:

9 AM Welcome, overview of day, objectives

9:15 AM Stigma and impact on care

9:45 AM Trauma, including birth trauma, PTSD

10:15 AM BREAK

10:30 AM Fertility, miscarriage, infant loss, and NICU

11:15 AM Diverse communities

12:00 PM LUNCH (provided)

1:00 PM Intervention, approaches to care, including integrated care, informed consent for medications

2:00 PM Suicidal ideation in the perinatal period

2:30 PM BREAK

2:45 PM Role play, case scenarios

4:15 PM Closing

4:30 PM Adjourn