

Integrating Maternal Mental Health Education, Screening, and Referral into Your Clinic



Target Participants:

Clinical and non-clinical staff serving perinatal women and their families in Yolo County and surrounding communities.

Group Size:

Up to 20 per training

Registration:

Barbara Sheehy, MS

Maternal Mental Health Project Manager
Dignity Health

415.544.2395

Barbara.Sheehy@DignityHealth.org

Dates:

May 2nd 9 AM – 5 PM

(noon – 1 PM lunch provided)

Woodland Health Care Medical Office Building

632 West Gibson Road,
Woodland, CA

OR

May 10th 9 AM – 5 PM

(noon – 1 PM lunch provided)

Woodland Memorial Hospital

1325 Cottonwood Street,
Woodland, CA

Trainer:

Tegwin Millard, MPA, LMFT, LPCC, Associate Clinical Director of Behavioral Health
CommuniCare Health Centers

Agenda:

9 AM – Noon

Education and Discussion

Perinatal Mood and Anxiety Disorders basics, trauma, warning signs and risk, videos

Noon – 1 PM

Lunch provided

1 PM – 5 PM

Interactive Skill Development

Case examples, demonstration, and role play