

# Advanced Clinical Training in Perinatal Mental Health



## Target Participants:

Mental health clinicians, serving Yolo County and the surrounding communities, seeking to enhance their expertise in serving pregnant and postpartum women and their families

## Registration:

Please register by May 6, 2019 by contacting

**Barbara Sheehy, MS**

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**May 13, 2019**

**9 AM – 4:30 PM**

**Woodland Health Care**

**Medical Office Building**

632 West Gibson Road, Woodland, CA

## Trainers:

**Gabrielle Kaufman, MA,  
LPCC, BC-DMT**

Director of Training, Maternal Mental Health NOW

**Lili McGuinness, LCSW, CLE**

Faculty, Maternal Mental Health NOW

## Agenda:

**9 AM** Welcome, overview of day, objectives

**9:15 AM** Stigma and impact on care

**9:45 AM** Trauma, including birth trauma, PTSD

**10:15 AM** BREAK

**10:30 AM** Fertility, miscarriage, infant loss, and NICU

**11:15 AM** Diverse communities

**12:00 PM** LUNCH (provided)

**1:00 PM** Intervention, approaches to care, including integrated care, informed consent for medications

**2:00 PM** Suicidal ideation in the perinatal period

**2:30 PM** BREAK

**2:45 PM** Role play, case scenarios

**4:15 PM** Closing

**4:30 PM** Adjourn