

## **Educate, Equip and Support: Building Hope** A training for parents, grandparents and resource family members of children who have emotional challenges...





WELLNESS • RECOVERY • RESILIENCE

This evidence-based parent training provides education on common emotional disturbances in children;

Equips parents to work with Child Welfare, Probation, and Court systems;

Empowers parents to be successful advocates navigating the Special Education (IEP) process on behalf of their child;

Offers strategies for parenting, self-care and stress management.

\*\* FRIDAYS, from 9:00am to 11:00am \*\*

January 18th— April 5th, 2019

Davis Conference Room, Gonzales Building 25 N. Cottonwood Street, Woodland Yolo County Health and Human Services Agency

To register, or for more information:

Contact: Tessa Smith, Family Partner & Outreach Specialist Email: Tessa.Smith@yolocounty.org Phone: (530) 666-8546