

Presenting



Fostering a Trauma Sensitive Learning Environment

<u>Level 2/Day 2:</u> This workshop is for those who have attended Level 1/Day 1 (previously or on October 25th!) and are interested in additional, in-depth content.

with Presenter Kristin Souers, MA LMHC

Target Audience/s:
Administrators,
Counselors, Teachers,
Health & Community
Leaders Supporting our
Schools

Friday, October 26, 2018

Yolo Co. Office of Education 1280 Santa Anita Court Woodland, CA 95776

8:30 a.m. — 3:00 p.m.

Institute Description: Childhood Trauma is real, it is prevalent, and it impacts students, their learning, and the adults in their lives quite significantly. Participants will be introduced to and provided with opportunities to explore more in-depth the importance of fostering a culture of safety, predictability, and consistency; what it truly means to work as a team and address our students collectively; discuss a handful of strategies to support the New Three R's (Relationship, Responsibility, and Regulation); and how to sustain a healthy work-life balance.

Attendees will be given opportunities to collaborate and problem-solve scenarios associated with fostering a trauma sensitive environment.

Intended Professional Learning Outcomes:

- Participants will deepen their understanding of the value of fostering a safe, predictable, and consistent learning environment.
- Participants will explore multiple strategies for education staff and community members to utilize with children with (known and unknown) trauma histories—helping to sustain learningready states.
- Participants will collaborate to identify ways to support a team approach to addressing students' needs in a strength based way.
- Participants will reflect on the importance of a healthy work-life balance and its value in fostering and sustaining a trauma sensitive environment.

All too often, we reduce students to their experiences and make decisions about their capabilities based on those experiences. Changing our focus enables us to concentrate on nurturing the whole child and creating trauma-sensitive leaning environments for all students.

- "Fostering Resilient Learners" by Kristin Souers and Pete Hall, Page 16

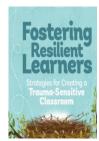
Comments from previous workshops:

- ◊ Very practical, useful tool. Great presenter!
- ♦ Most helpful was understanding how trauma can affect learning and health
- ♦ All of it was so helpful
- Most helpful was understanding the brain and how we can apply that understanding to our work
- ♦ Everything was so helpful! It was so great to understand what the biology was behind behavior challenges.
- Practical content. Balanced theory and practice



ristin
Souers:
For
over
two decades, she
has dedicated
herself to the

improvement of people's lives. As a licensed mental health counselor, she has provided counseling services to individuals, couples, and families. With a history of working in the fields of early learning, law enforcement, education, and mental health, she has been able to develop an extensive knowledge base. This, partnered with her expertise in complex trauma, the impact of violence, crisis management, counseling, and trauma-informed practices in a multitude of settings. As an independent consultant and adjunct faculty member at the Gonzaga University School of Education in the Counseling Dept., Kristin now provides critical professional development, consultation, education and training services to schools, school districts, and organizations throughout the country. The award-winning Publication, "Fostering Resilient Learners: Strategies for Creating A Trauma-Sensitive Classroom" (ASCD 2016) and many articles published in education journals, her most recent "Responding with Care to Students Facing Trauma", (December 2017/January 2018) have strengthened Kristin's impact in education.



- Kristin Souers -

Fostering a Trauma Sensitive Learning Environment

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	By 9/3/2018	9/3/2018	Online: www.cascd.org—Use your Visa, MasterCard or American Express.		
CA ASCD Member	\$150	\$170			
Non-Member—with prior approval only to attend Level 2 without attending Level 1 \$200		\$220	Mail: Send completed form with check or copy of Purchase Order/P.O. Number if not processed yet, to: CASCD, P.O. Box 1841, Oroville, CA		
Student Teacher	\$95	\$115	95965		
**Teams of 4 or more \$170 per person			Email: Scan and attach registration form(s) to cheryl.casagrande57@gmail.com Phone: 530-520-9412		
*If you have attended Level 1 you will register as a member for Level 2 (10/26/18) **Copy form as needed for additional attendees					
(10/20/18) Copy form a	s needed for additional a	attenuees	Phone: 530-520)-9 4 12	
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(Payment or P.O. or number MUST accompany registration form)			To build the capacity of CA educators to enhance the quality of teaching, learning and leading.		
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Account Number:			A \$50 fee will be charged for cancellations made in writing prior to 9/3/18. No refunds will be given after the deadline. Confirmation will be sent via email, to each individual's address, after		
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