

Who will Care for the Caregiver in Us?

Presented By Shyla Steen, LCSW

Shyla Steen will discuss caregiver roles and caregiver burnout, while the audience will learn a self-care strategy and participate in a guided imagery exercise.

October 1, 2018

7:00 PM

YCOE Conference Center

1280 Santa Anita Ct. Suite 120

Woodland, CA 95776

After the presentation and questions, the Yolo County SELPA Community Advisory Committee will conduct their general meeting. All meetings are open to the public.

To register, or for any requests (interpretation, seating, etc), please contact Lisa Young at lisa.young@ycoe.org or 530-668-3760.

This event is designed for parents, educators and community members.



Community Advisory Committee