



## ***Parent Support Group***

**For non-offending caregivers of children who have  
experienced sexual abuse**



Caregivers whose children have experienced sexual abuse may experience:

- conflict with family members or their spouse*
- reminders of own abuse from childhood*
- difficulty navigating legal and child welfare systems*
- feelings of distrust, guilt, shame*

**You are not alone.**

Group will be held weekly on Wednesdays from 5:30-6:30pm. Group will be located at the Empower Yolo West Sacramento office on 1025 Triangle Court, Suite 600. Groups will begin at the end of January and will continue for 8 weeks through the end of March. To ensure safety and confidentiality, no new group members will be admitted after January 16th. Please contact Jasmine Ali, MSW Therapy Intern at 530-661-6336 or [Jasmine@empoweryolo.org](mailto:Jasmine@empoweryolo.org) to schedule an intake prior to January 16th.

\*Due to the content of group and space issues, we are unable to provide child care.