EDUCATE, EQUIP AND SUPPORT, BUILDING HOPE

The Parent Empowerment Training for parents, foster parents and caregivers of children with emotional challenges. . .

A 14-SESSION COURSE

SEPTEMBER 16, 2016 — DECEMBER 16, 2016 **** *Fridays*, 10am—12noon ****

LOCATION: Adult/TAY Wellness Center 500 Jefferson Blvd., Building B West Sacramento, CA 95605 (next to Salud Clinic)

To register or for more information, please contact:



Tessa Smith, Family Partner Yolo County Health and Human Services Agency Children and TAY Mental Health <u>Phone</u>: (530) 666-8546 <u>Email</u>: Tessa.Smith@yolocounty.org

FREE TRAINING AND MATERIALS!



Highlights

*Recognizing the signs and symptoms of emotional problems in children

*Parenting and coping strategies

*Working with the school system, child welfare and the court

Become an informed and effective advocate for your child!

Register today!

Space limited.