



Providing hope. Ending violence.

## *Parent Support Group*

**For non-offending caregivers of children who have experienced sexual abuse**



Caregivers whose children have experienced sexual abuse may experience:

- conflict with family members or their spouse*
- reminders of own abuse from childhood*
- difficulty navigating legal and child welfare systems*
- feelings of distrust, guilt, shame*

**You are not alone.**

Group will be held weekly on Wednesdays from Jan 20-March 9. Group will be located at the Empower Yolo West Sacramento office on 1025 Triangle Court, Suite 600. Group will be held from 5:30-6:30pm. To ensure safety and confidentiality, no new group members will be admitted after January 27<sup>th</sup>. Please contact Kiran Johl, MSW at 530-665-5324 or [Kiran@empoweryolo.org](mailto:Kiran@empoweryolo.org) to schedule an intake prior to January 20<sup>th</sup>.

\*Due to the content of group and space issues, we are unable to provide child care.