

Mini-Conference #3
The Power of Collective Healing
Wednesday, January 19, 2022 | 9am-11am
FREE

In this mini-conference, we will focus on the concept of resilience and strengths within ourselves and communities. We'll discuss adversity with an intersectional lens and share specific skills and strategies that individuals, communities, and organizations can implement in the pursuit of collective healing. Participants will have an opportunity to practice these skills during the training and build connections across networks.

Learning Objectives

By the end of the virtual mini-conference, participants will be able to:

- Define the concept of resilience and collective healing in the context of oppressive systems
- Learn strategies that promote individual, community, and organizational wellness
- Apply wellness skills by connecting with community members

**DETAILS**

Date & Time

Wednesday, January 19,
2022
9am-11am

Virtual via Zoom

Register at
<https://bit.ly/34viF1H>

*Participation is free and open
to communities in Cabarrus,
Caldwell, Chatham,
Edgecombe, New Hanover,
Pitt, and Wilson counties.*



SAMHSA
Substance Abuse and Mental Health
Services Administration



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**
Division of Mental Health,
Developmental Disabilities
and Substance Abuse Services