

TRAUMA INFORMED CARE WORKSHOPS



We provide training and support for organizations, businesses and educational environments who strive to ensure physical and emotional safety of any individual. Using the Five Guiding Principles of Trauma-Informed Care: Safety, Choice, Collaboration, Trustworthiness, and Empowerment, we work to analyze, enhance and create systems and processes that are easy to maintain.

BECOMING TRAUMA INFORMED IN EDUCATION

School districts all across the valley are working to incorporate a trauma-informed perspective in their practices to enhance the educational experience for children. This training reviews how traumatic stress impacts children and adolescents' daily functioning and how modifying educational practices help empower students to self-identify triggers and work to manage their behavior.

February 19 | 9:00 am- 3:30 pm | **REGISTER**

May 13 | 9:00 am- 3:30 pm | **REGISTER**

October 14 | 9:00 am- 3:30 pm | **REGISTER**

BECOMING TRAUMA INFORMED

Trauma Informed practices provide a framework that promotes understanding, recognizing, and responding to the effects that trauma has on us as individuals. This training focuses on the foundations of becoming trauma informed, the prevalence of trauma, and how to promote resilience amongst your clients and staff.

July 15 | 9:00 am- 3:30 pm | **REGISTER**

TRAUMA INFORMED BEHAVIOR PRACTICES

School-wide discipline and chronic misbehavior can be some of the most challenging aspects of education. If done in a coordinated way, it can support the learning environment and help students and staff thrive. This training will focus on ways to prevent and intervene before behavior escalates, as well as exploring how the dynamics of power can influence the classroom environment.

April 22 | 9:00 am- 2:00 pm | **REGISTER**

November 4 | 9:00 am- 2:00 pm | **REGISTER**

Cost: \$150 Seats are limited to 30 per workshop.

To register, click on the links above or visit:
unitedwaymwv.org/community-training-opportunities.html

This training series is offered
in partnership with

**United Way of the
Mid-Willamette Valley**
UnitedWayMWV.org

