

Grow Your Resilient Community: Start a Community Site on ACEs Connection

Build the capacity of your city, town, region, or state to address complex ACE-related social and health issues by establishing a community site on <u>ACEsConnection.com</u>.

- Track and analyze your progress by using ACEsConnection.com's tracking and mapping tools.
- Practices and policies that support trauma-informed and resilience-building efforts for individuals, organizations, systems, and communities including materials to share with parents, schools, hospitals, courts, police, health departments, businesses etc.
- o Inspire your community to use experiences and wisdom to prevent and heal trauma and build resilience.

Raise awareness about <u>ACEs Science</u>. Free access to information, tools, resources, research, and innovations.

- o PowerPoints, handouts, articles, resources.
- Practices and policies that support trauma-informed and resilience-building efforts for individuals, organizations, systems, and communities including materials to share with parents, schools, hospitals, courts, police, health departments, businesses etc.
- Adapt and adopt innovative practices from other communities.

Connect with individuals interested in addressing ACEs and promoting trauma-informed and resilience-building practices and policies.

- Build your local ACEs momentum through cross-sector collaborations.
- Share your community's successes with the entire ACEs Connection Network.
- Announce community events and meetings, and share minutes and transcripts online.
- Post local articles of interest and data relevant to the ACEs movement.
- Connect with local and nationally-recognized leaders in the ACEs movement.
- Be part of a nationwide group of Community Manager and get ideas, inspiration, and support.

Gather local data, a critical part of showing community progress

- Map organizations that have had ACEs science 101 presentations
- Map organizations that have implemented practices based on ACEs science.
- Access the ACEs Connection Community Tracker to map and measure this progress. Ask any <u>ACEs</u> <u>Connection Community Facilitator</u> for more information.

What others who have started a Community on ACEsConnection.com say:

"For every post you put out there, you'll never know how many you have likely inspired by your story! It could be because you offered a tool or strategy they hadn't heard about, or you painted a 'champion's' face in a way they recognized... Or maybe you helped connect a sector to another sector that wouldn't have 'thought' to make that link. Be inspired by your own inspiration and share the stories -- because with this information comes the responsibility to use it and help others use it!" -- Teri Barilla - Walla Walla Valley (WA) ACEs Connection

"It has been *surprisingly easy* to start the 'ACEs Task Force of San Bernardino County' community on ACEs Connection. I remember sending out invitations for our first meeting and not knowing whether anyone would actually show up. **Not only did they show up, but they came back and brought colleagues!"**-- **Dr. Ariane Marie-Mitchell - ACEs Task**Force of San Bernardino County

For more information contact Karen Clemmer 707-228-8560 or kclemmer@acesconnection.com