

Conference Packet

**Calling Upon the Warrior Spirit to Heal Historical Trauma
Conference and Ceremony
April 21 and 22, 2018
Sacaton, Arizona
Gila River Indian Community**

Hosted by:

- Historical Trauma Virtual Learning Collaborative Roundtable**
- Native Health Care Solutions LLC**
- Tribal Employment Rights Office (TERO), Gila River Indian Community**

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Conference Announcement

Calling Upon the Warrior Spirit to Heal Historical Trauma Conference and Ceremony

April 21 and 22, 2018

Sacaton, Arizona

The Virtual Learning Collaborative Roundtable is pleased to announce an upcoming conference and ceremony entitled “Calling Upon the Warrior Spirit to Heal Historical Trauma” scheduled for Saturday, April 21 and 22, 2018 in Sacaton, Arizona.

Native Health Care Solutions LLC, a health care consulting firm from Flagstaff, Arizona; the Tribal Employment Rights Office (TERO) from Sacaton, Arizona at the Gila River Indian Community; and Van Ness Feldman, a law firm from Washington D.C., are coordinating the conference and ceremony.

The purpose of the conference and ceremony is to focus on historical trauma in Indian Country through the shared expertise of guest speakers, presenters and conference participants. In addition to the conference, a central focus will be a sweat lodge ceremony to pray for individuals, families, communities and tribes impacted by trauma. A conference agenda, fact sheet, registration form, and sponsor form are attached.

Over the past year, we have had a monthly call with the Virtual Learning Collaborative Roundtable group. This call includes many committed persons who address historical trauma in their personal and professional lives. Native American elders have respectfully advised that we take a pause in addressing trauma by having a conference and ceremony from an Indigenous perspective.

We are inviting all individuals, programs, services, and entities currently serving the trauma impacted community. We would especially like to invite traditional Native elders of tribes to the conference and sweat lodge ceremony. It is with great respect we call upon their attendance because we value and honor Native elders from all tribes and their input, advice, and respective traditional healing perspectives and prayers.

The Conference and Ceremony objectives are as follows:

- To have a conference from an indigenous perspective that focuses on input and recommendations from Native speakers, traditional elders, and Virtual Learning Collaborative members on how to holistically address historical trauma
- To develop a specific goal and plan to enhance the effectiveness of programs, services, funding and treatment for individuals and families experiencing trauma through collaboration, input and advice of attendees

- To have all individuals who have participated in the Virtual Learning Collaborative conference calls, respective tribal programs and services, universities and key entities meet each other and share ideas, experiences, and collaboration
- To have a women and men's sweat lodge ceremony to pray for spiritual healing of individuals, families, and populations impacted by historical trauma in your service areas

Through these objectives, the following outcomes are sought:

- Strengthening the Virtual Learning Collaborative Roundtable group to be more effective and creating momentum to move forward with a focus and mission
- Creating better communication and collaborative among individuals, programs, services, and tribes to establish and enhance holistic healing of historical trauma
- Establishing a mutually agreed upon goals and plans for the group to support collectively in the future, including recognizing traditional healing as an integral component of services, networking, funding and legislation
- Identifying networking, collaboration, funding, and legislative opportunities
- Providing tribal communities with tools to create comprehensive initiatives to address historical and other forms of trauma in their communities, including examples of tribes that have already done so.

This conference and ceremony is detailed in the attached fact sheet and registration form. The conference registration fee is \$150.00 per person, which will be used specifically to offset anticipated conference and ceremony expenses.

In addition, the Planning Committee for the event is seeking financial donations and contributions from Tribes, the Indian Health Service, other programs, services, universities, and the private sector to assist in paying for the cost of the event. A Sponsor Donation Form with all information is attached. All sponsor donations and registration fees will be used specifically for the conference and ceremony costs and would be greatly appreciated.

Let's bring together a great group of people for this conference and ceremony to address historical trauma from a holistic healing perspective in Indian Country. Please contact the following Planning Committee members if you have any questions or need further information:

- Ken White, CEO, Native Health Care Solutions LLC (928) 853-7835 or kgwhitejr@suddenlink.net
- Prosper Waukon, Compliance Officer, Gila River Tribal Employment Rights Office, (520) 562-3387 or prosper.waukon@gric.nsn.us
- Andy Miritello, Supervisor, Gila River Tribal Employment Rights Office, (520) 562-3387 or at andy.miritello@gric.nsn.us
- Dan Press, Attorney, Van Ness Feldman (202) 298-1882 or at dsp@vnf.com

Mr. Ken White and Mr. Prosper Waukon are the primary contacts for the conference. Your attendance and participation are welcomed and appreciated.

Agenda

Calling Upon the Warrior Spirit to Heal Historical Trauma Conference and Ceremony

April 21 and 22, 2018

Norman Wellington Property
Gila River Indian Community
Sacaton, Arizona

Thursday and Friday, April 19 and 20, 2018

Building of Men's and Women's Sweat Lodge for Saturday evening ceremony at conference site

Saturday, April 21, 2018

- 9:00 a.m. – 9:30 a.m. Opening Prayer, Welcome and Introductions – Norman Wellington, Property Owner; Pricilla Antone, GRIC Elder; Ken White, Native Health Care Solutions LLC
- 9:30 a.m. – 10:00 a.m. Purpose of Conference and Healing Ceremony – Prosper Waukon, Compliance Officer, Gila River Tribal Employment Rights Office (TERO); Ken White, Native Health Care Solutions LLC
- 10:00 a.m. – 10:30 a.m. Creating Comprehensive Trauma-informed Communities –The Mission of the Historical Trauma Roundtable and Virtual Learning Collaborative Dan Press, Attorney
- 10:30 a.m. – 12:00 p.m. Indigenous Perspective of the Warrior Spirit and Historical Trauma in among Native Populations – Dr. Wilson Aronilth, Dine' Traditional Philosopher, Tribal Elders in Attendance
- 12:00 p.m. – 1:00 p.m. Lunch – Guest Speaker: Why You Need Prayer and Ceremony for healing Historical Trauma - Mary Lou White, Dine' Elder
- 1:00 p.m. – 1:30 p.m. Traditional Healing Circle – Alex Laky, Principal, ARCHSOL and Ken White, Native Health Care Solutions LLC
- 1:30 p.m. – 2:00 p.m. Equine Therapy for Trauma Healing – Andy Miritello, Supervisor, Gila River Tribal Employment Rights Office (TERO)
- 2:00 p.m. – 3:00 p.m. Tribal Experiences/Recommendations for addressing Historical Trauma- Anthony Pico, Ph.D., former Chairman, Viejas Band of Kumeyaay Indians, San Diego, California

- 3:00 p.m. – 4:00 p.m. Exploring Measurable Outcomes and Benefits of American Indian Healing and Ceremony – Michelle Kahn-John, Ph.D., Assistant Professor, College of Nursing, University of Arizona, Tucson, Arizona
- 4:00 p.m. – 5:00 p.m. Signs and Symptoms of Vicarious Traumatization and Specific Strategies for Self-Care – Tami DeCoteau, Ph.D. DeCoteau Trauma-Informed Care and Practice, Bismarck, North Dakota
- 5:00 p.m. – 5:30 p.m. Brief Overview of Sweat Lodge Ceremony - Prosper Waukon, Compliance Officer, Gila River Tribal Employment Rights Office (TERO) and Tribal Elders in Attendance
- 5:30 p.m. – 7:30 p.m. Men and Women’s Sweat Lodge Ceremony

Sunday, April 22, 2018

- 9:00 a.m. – 10:00 a.m. Breakfast – Guest Speaker: Rowie Shebala, Dine’ Spoken Word Artist, Navajo Nation
- 10:00 a.m. – 11:00 a.m. Native Youth and Elder Panel – Topic: Historical and Intergenerational Trauma Experiences and Recommendations
- 11:00 a.m. – 12:00 p.m. Modifying the ACE’s Survey to include Native American related questions – Open Discussion among conference participants
- 12:00 p.m. – 1:00 p.m. Lunch - Warrior Spirit Performance by Indigenous Enterprise, Native American Dance Group, Phoenix, Arizona
- 1:00 p.m. – 2:00 p.m. Developing a Meaningful Trauma Healing Plan for the Future –Putting the Warrior Spirit to Work to Create Comprehensive Trauma-Informed Communities
Moderator: Dan Press, Attorney
Dr. Tami DeCoteau, Pilar Gauthier, Anthony Pico
- 2:00 p.m. – 2:30 p.m. Closing Session and Prayer – All Conference Participants
Moderators: Ken White, Native Health Care Solutions LLC; Prosper Waukon, Compliance Officer, GRIC TERO

Fact Sheet

Calling Upon the Warrior Spirit to Heal Historical Trauma

Conference and Ceremony

April 21 and 22, 2018

Sacaton, Arizona

Background

This conference and ceremony originated from a discussion with, and advice from, Native American elders. The elders recommended that to meaningfully address and impact the topic of historical trauma in Indian Country it is necessary and respectful for Native Americans to have a ceremony and prayer first and foremost. Through this effort, the many initiatives developed by tribes, programs, and services nationwide will be validated, recognized, and empowered to move forward with good faith efforts to address historical trauma.

Conference and Ceremony Coordinators

Native Health Care Solutions LLC, Flagstaff, Arizona; the Tribal Employment Rights Office (TERO) of the Gila River Indian Community, Sacaton, Arizona; and the Van Ness Feldman Law Firm, Washington D.C., are coordinating the conference and ceremony.

Conference Theme

Native elders advise that the term “historical trauma” is a condition, whereas “Calling Upon the Warrior Spirit to Heal Historical Trauma” is a Native American remedy to address this condition in many social, medical, and spiritual areas of need experienced by Indian populations.

Elders further advise that the Warrior Spirit is a living vibrant being that has been present in Indian Country for generations and is the force, healing power, essence and foundation that the Creator gave Native Americans to heal.

Along with modern research, counseling, and treatment to Native Americans impacted by historical trauma, the Warrior Spirit must be recognized to provide holistic healing for this population. Therefore, this conference and ceremony theme “Calling Upon the Warrior Spirit to Heal Historical Trauma” was chosen to respect this view and advice from Native elders.

Finally, the Warrior Spirit, to be most effective, is best put to work as the center of a comprehensive tribal initiative to address the causes and effects of historical and other forms of trauma in the tribal community. The conference will also discuss ways tribes can implement such a comprehensive tribal initiative and present examples of tribes that have already done so.

Date and Location

The conference and ceremony will be held on April 21 and 22, 2018 at the 10-acre site and private property of Mr. Norman Wellington, in Sacaton, Arizona on the Gila River Indian Community. Mr. Wellington has graciously offered his property to conference attendees. It is a beautiful property with

trees, a pond, animals, gazebo, and outside gathering site for all events identified in the conference agenda.

Registration

The registration fee for the “Calling Upon the Warrior Spirit to Heal Historical Trauma Conference and Ceremony” is \$150.00 per attendee. This fee will be used specifically to offset anticipated conference and ceremony costs. A registration form with all related information is attached.

Agenda

The agenda is formulated to address historical trauma from both a professional and holistic traditional healing perspective by noted speakers, presenters, and elders in the field of trauma, behavioral health, research and Native American health care.

Ceremony

A Women and Men sweat lodge ceremony will be held on Saturday, April 21, 2018. The purpose of the sweat lodge will be to call the Warrior Spirit to heal historical trauma through spirituality and prayer, so individuals, tribes and organizations will be empowered to enhance and develop their healing, services, programs and initiatives to needy populations.

Special Topics/Events of Agenda

The agenda incorporates five special topics/events to highlight unique Native American services, humanity, art and dance. These special topics/events are:

- A special presentation on developing a Traditional Healing Circle, an architectural design that incorporates a women and men’s sweat lodge, tribal specific dwelling (example: hogan), tee pee grounds, shade house, fire pit and community garden. The intent of this design is to provide a structure that combines western medicine with traditional healing. The Circle can be combined with a behavioral health facility or a stand-alone structure
- A special presentation on Equine Therapy, a current program that is established and well received by Native American populations at the Gila River Indian Community and surrounding areas
- A poetry performance by Rowie Shebala, nationally recognized Native American spoken word artist
- A dance performance by Indigenous Enterprise, an internationally recognized Native American dance group
- A Native youth and elder panel to recognize the invaluable views and input of these groups to address historical trauma in Indian Country

Flight and Hotel Accommodations

Sacaton, Arizona is located approximately 25 miles east of Phoenix, Arizona. Conference attendees would fly into Phoenix Sky Harbor Airport. The nearest hotel to the conference site is the Wild Horse Pass Hotel and Casino located approximately 10 miles from the conference site (1-800-946-4452). There are also several hotels in the area. The Planning Committee is contacting local hotels to identify a block of rooms for attendees. Details will be provided as they develop.

Sponsorship

The conference and ceremony are soliciting sponsorship from all sources to meet identified budget expenses, including honorariums for the conference host, speakers and ceremonial leaders, food, ceremony costs, printing and mailouts, and other related costs. The conference and ceremony are heavily contingent upon the sponsorship of potential sources such as individuals, Virtual Learning Collaborative members/organizations, Tribal governments, programs and services, Universities, and private foundations. A sponsorship form with all related information is attached. All sponsorship contributions will be greatly appreciated and used for conference and ceremony related costs.

Conference Planning Committee

The current Conference Planning Committee are:

- Ken White, CEO, Native Health Care Solutions LLC, Flagstaff, Arizona – kgwhitejr@suddenlink.net
- Prosper Waukon, Compliance Officer, Gila River Tribal Employment Rights Office, Sacaton, Arizona – prosper.waukon@gric.nsn.us
- Andy Miritello, Supervisor, Gila River Tribal Employment Rights Office, Sacaton, Arizona – andy.miritello@gric.nsn.us
- Dan Press, Attorney, Van Ness Feldman, Washington D.C. – dsp@vnf.com

Other individuals who wish to volunteer to assist the Conference Planning Committee are welcome.

Contact Information

Mr. Ken White, CEO, Native Health Care Solutions LLC and Mr. Prosper Waukon, Compliance Officer, Gila River Tribal Employment Rights Office (TERO), are the primary contacts for the Conference. Please contact Mr. White or Mr. Waukon, if you have any questions or need further information.

CONFERENCE REGISTRATION FORM

**CALLING UPON THE WARRIOR SPIRIT TO HEAL HISTORICAL TRAUMA
 CONFERENCE AND CEREMONY
 APRIL 21 – 22, 2018
 SACATON, ARIZONA**

Name/Title:	Telephone:	
	Email:	
Organization:		
Address:		
City:	State:	Zip Code:
Occupation:		
CONFERENCE INFORMATION		
Registration Fee:	Make Check Payable to: The Roundtable – Warrior Spirit Conference c/o Dr. Tami DeCoteau 515 ½ East Broadway Avenue Suite 106 Bismarck, North Dakota 58501	
\$150.00 per person		
Note: A Conference Cover Letter, Agenda, and Fact Sheet are attached		
COMMENTS		
<i>Signature:</i>		<i>Date</i>

CONFERENCE SPONSOR FORM

<p>CALLING UPON THE WARRIOR SPIRIT TO HEAL HISTORICAL TRAUMA CONFERENCE AND CEREMONY APRIL 21 – 22, 2018 SACATON, ARIZONA</p>		
Name/Title:		Telephone:
		Email:
Organization:		
Address:		
City:	State:	Zip Code:
Occupation:		
CONFERENCE INFORMATION		
Individual or Organization Sponsor Contribution \$ _____	Make Check Payable to: The Roundtable – Warrior Spirit Conference c/o Dr. Tami DeCoteau 515 ½ East Broadway Avenue Suite 106 Bismarck, North Dakota 58501	
All contributions will be used for conference and ceremony expenses		
COMMENTS		
Signature:		Date

HOTELS
Conveniently Located to Gila River Indian Community

The conference is at the Norman Wellington Ranch is 930 N. Ironwood road Santan az.

Hotels Along I-10 (Ahwatukee/Chandler area).

Close to shopping... entertainment. ...Wild Horse Pass ...retail outlets and the movies . Movies are on West Ray Road (AMC). Driving would be easy....jump on the freeway (I-10 South) and all of these hotels are about 23- 26 miles from Sacaton. Takes me about 25minutes to get to work. I live off of Ray Road. Traffic is going the opposite way into Phoenix so it's always good.

Directions:

From I-10 take exit 175, make a right to go back over the freeway and take immediate next right after the overpass which will be Casa Blanca Road...go five miles...take a right on Skills Center Road....pass the schools and trailers, we're in the next building...the parking lot is in the front or back.

HOTEL (All are within one-two blocks off the freeway)	Approx Price	Miles from Sacaton	Miles from Airport
Grace Inn 10831 South 51 st Street, Ahwatukee, AZ 85044 Take Elliot exit from Airport then go right on Elliot and immediate right on 51st Street) 480-893-3000	\$75 Priceline	26 miles (28 min)	6.4 miles (13 min)
Holiday Inn Express (Chandler) 15221 S. 50 th St., Phoenix, 85044 (Take Chandler exit from Airport then go right on Chandler...behind Cracker Barrel) 480-785-8500	\$90 Priceline	23 miles (26 min)	9 miles (17min)
LaQuinta Inn & Suites 15241 S. 50 th St., Phoenix, 85044 (Take Chandler exit from Airport then go right on Chandler...behind Cracker Barrel) 480-961-7700	\$85 Priceline	23 miles (26 min)	9 miles (17 min)
Raddison 7475 West Chandler Blvd, Chandler 85226 (Take Chandler exit from Airport then go left on Chandler...will be on your right...behind Marie Calendars) 866-460-7456	\$89 Priceline	23 miles (28 min)	9.4 miles (16 min)
Hampton Inn & Suites 7333 West Detroit St. Chandler (Take Chandler exit then go left on Chandler...will be on you left) 480-753-7333	\$63 Priceline	23 miles (27 min)	9 miles (15 min)
Homewood Suites (Hilton) 7373 West Detroit Street, Chandler, 85226 Take Chandler exit from Airport go left and the hotel is on you left. 855-271-3622	\$118 (May be Government pricing)	23 miles (27 min)	9 miles (15 min)

Gila River Wild Horse Pass Area

This area is home to the enterprises of Gila River Indian Community. It includes a golf course, Aji Spa, a Casino and hotel, an Equestrian Center, a 5 star Conference Center and hotel and an Outlet Mall. Prices vary per season...call and see. All of the above hotels are one interchange away from Wild Horse Pass.

Wild Horse Pass Hotel and Casino 5040 Wild Horse Pass Blvd., Chandler 520-796-7777 www.wildhorsepass.com	No Gov Pricing	21	11 Miles
Sheraton Wild Horse Pass 5594 West Wild Horse Pass Blvd., Chandler	No Gov Pricing	21	11 miles

HOTELS
Conveniently Located to Gila River Indian Community

602-225-0100 www.wildhorsepass.com			
Hotels in Casa Grande These hotels would be closer to the Reservation but further away from the airport...depends where you want to spend your time driving. All time and mileage estimations were from the internet based on the driving conditions in relation to your stay ie highway in-town...freeways etc. You would be taking the "back way" into Sacaton. We can guide you. Call 520-562-3387/88			
HOTEL			
<u>Holiday Inn Casa Grande</u> 520-426-3500 777 N. Pinal Ave., Casa Grande 85122	\$87 Priceline	14 miles (24 min)	41 miles (50 min)
<u>Best Western Plus</u> 520-836-1600 665 N. Via del Cielo Road, Casa Grande 85122	\$73 Priceline	16.6 miles (20 min)	42 miles (45 min)

**Calling Upon the Warrior Spirit to Heal Historical Trauma
April 21 and 22, 2018
Sacaton, Arizona
Updated Conference and Ceremony Budget**

There really no price on healing Native American populations impacted by historical trauma. Indeed, holistic healing through a combination of western medicine and traditional healing is priceless. Nevertheless, there are related costs associated with this conference and ceremony. Therefore, the following items are identified as basic conference and ceremony costs. Each cost is described by line item. It is important to note two important factors – (1) In the Native American way of life, it is respectful and honorable to say thank you to those individuals providing their expertise, experience and service to the conference and ceremony. Furthermore, it is also respectful to give a gift of protection to those taking on a serious condition, illness, or diagnosis such as historical trauma for their own well-being; and (2) The overall conference and ceremony are contingent upon this budget being accommodated through sponsorship from various sources. These costs are as follows:

Line Item	Amount	Subtotal	Total
1. Honorarium for Conference Site Host (10-acre private property of Mr. Norman Wellington, Gila River Indian Community)	\$500.00	\$500.00	\$500.00
2. Honorarium for guest speaker Wilson Aronlith, Traditional Philosopher	\$500.00	\$500.00	\$500.00
3. Honorarium for 11 Conference Speakers/Presenters/Performers on Agenda for Saturday and Sunday, April 21 and 22, 2018	\$250 x 11 speakers/presenters/performers	\$2,750.00	\$2,750.00
4. Honorarium for Women and Men's Sweat Lodge Ceremony Leaders, Saturday April 21, 2018	\$250.00 x 2 Sweat Lodge Ceremony Leaders	\$500.00	\$500.00
4. Honorarium for Youth and Elder Panel Participants, Sunday, April 22, 2018	5 youth and 5 elder panelists x \$100.00 per panelist	\$1,000.00	\$1,000.00
5. Meals/Food for All Conference and Ceremony Attendees (Two meals on Saturday, April 21, 2018 and 2 meals on Sunday, April 22, 2018)	4 meals x \$750 per catered meal for 75 attendees (estimated @ \$10 per meal per attendee): \$3,000.00 Che	\$3,000.00	\$3,000.00

6. Ceremonial Costs (Wood, water, willow, canvas, carpet, medicine, sage, cedar, other building materials, travel, and labor to build sweat lodge, other costs as identified. Sweat lodges will be built on Thursday and Friday, April 19 and 20, 2018)	Construction of 2 sweat lodges (1 women and 1 men) x \$2,000.00 per lodge: \$4,000.00 Note: Travel is necessary to locate willows, cut, and haul willows from forest area in northern Arizona and transport to southern Arizona conference and ceremony location. Labor of several skilled men to build the lodges are also necessary. This activity must begin asap.	\$4,000.00	\$4,000.00
7. Printing and Layout, Mailouts, Sound System (Ongoing activity)	\$1,500.00	\$1,500.00	\$1,500.00
8. Hotel for Conference Speakers and Presenters	\$175.00 x 12 speakers/presenters/sweat lodge leaders x 2 nights (Friday and Saturday night, April 20 and 21, 2018): \$4,200.00	\$4,200.00	\$4,200.00
9. Airfare for Tami DeCoteau (North Dakota) and Anthony Pico (California), Speakers	\$500.00 airfare per person x 2 Conference Speakers	\$1,000.00	\$1,000.00
10. Two Full Time Conference Coordinators: Coordination of All Conference and Ceremony Pre-Planning, Implementation, and Actual Events (January 1, 2018 to April 22, 2018)	Two Full Time Conference Coordinators \$2,500.00 x 2: \$5,000.00	\$5,000.00	\$5,000.00
11.Total Conference and Ceremony Costs			\$23,950.00

A Conference and Ceremony Sponsor Form is provided in the conference packet. Although all contributions are accepted, sponsoring Tribes and Organizations may choose from the following recommended levels of sponsorship, which will be used specifically for all costs identified in this budget:

1.	Grassroot Level	\$ 1.00 to \$2,500.00
2.	Copper Level	\$ \$2,501.00 to \$5,000.00
3.	Silver Level	\$ \$5,001.00 to \$7,500.00
4.	Gold Level	\$7,501.00 to \$10,000.00
5.	Platinum Level	\$10,001.00 to \$15,000.00

Conference organizers can provide a completed IRS W-9 form to all sponsoring Tribes and organizations. All contributions and sponsors will be formally recognized in the final conference printed program, related websites, agenda, advertising, mail-outs, and throughout the conference and ceremony.

Sponsorship checks, as indicated on the conference sponsor form, should be made out to:

The VLC Roundtable Warrior Spirit Conference
c/o Dr. Tami DeCoteau
515 ½ East Broadway Avenue
Suite 106
Bismarck, North Dakota 58501

On behalf of the Native American populations impacted by historical trauma, and conference organizers, your contributions are greatly appreciated. Please contact Mr. Ken White, Conference Coordinator at (928) 853-7835 or kgwhitejr@suddenlink.net if you have any questions or need further information. Thank you.