

Trauma Informed Training

CERTIFICATION FOR PROFESSIONALS

Community Resilience Initiative (CRI)

Course 1: Introduction to CRI's capacity-building framework for building resilience, **KISS** = Knowledge, Insight, Strategies, and Structure

KISS involves research about causes of trauma (including adverse childhood experiences), how to transition from knowledge to insight, and core strategies to respond to trauma. Develop understanding through neuroscience the effects of trauma on the brain, effective emotions and behaviors when helping individuals affected by trauma. Through community learning and movement from theory to practice, find ways to implement evidence-based strategies in your work.

Trainer: Teresa Posakony

When: Saturday, February 22, 2020 9-4pm

Where: Graduate Tacoma
919 S 9th St, Tacoma

Only 40 spaces available

Registration Fee: \$75.00 (scholarships available)

Light lunch will be provided

<https://criresilient.org/trainings>

To Register visit our website <https://www.catherineplace.org/events/trauma-informed-training/>

or call Catherine Place at 253-572-3547

