

Maine

ACEs Initiatives and Actions

As knowledge about the science of adverse childhood experiences (ACEs) spreads, ACEs initiatives have launched in all 50 U.S. states and the District of Columbia. Hundreds of cross-sector collaboratives are educating and engaging organizations and policymakers about ACEs science. In turn, these organizations are implementing trauma-informed and resilience-building practices and policies based on ACEs science; many legislatures are passing resolutions and/or bills.

Highlights

The [Maine Resilience Building Network \(MRBN\)](#) is leading Maine's efforts to become ACEs aware and to integrate trauma-informed and resilience-building practices in organizations and communities. In just over five years, the MRBN has grown to almost 1,000 members, has hosted two state conferences and reached more than 15,000 residents through trainings, documentary screenings, workshops and community conversations. It has offered trainings on attachment and trauma, how neuroscience and nonviolent communication can transform ACEs, and on how to help teens build resilience.

[Maine Trauma-Informed Network MTiN](#) is a statewide initiative whose planning team includes MRBN, the University of New England/Graduate School of Social Work, Maine Behavioral Healthcare, THRIVE, Community Caring Collaborative, and Maine Quality Counts. The initiative's goal is to implement a blueprint for trauma-informed and resiliency-based care throughout Maine. MRBN also partnered with the Maine Children's Growth Council and the Maine Children's Alliance in a two year study and legislative initiative focused on social/emotional learning and development (SELD) of children 0-8 and is working with the State Department of Education to link with its preK-12 SELD efforts in a continuum of trauma-informed care initiatives.

State Initiative

[Maine Building Resilience Network \(MBRN\)](#)

Local Initiatives

No local initiatives were identified.

Legislation

[Public Law, Chapter 312 \(LD 1108\)](#), 2017 — Strengthens public health nursing, including early identification of ACEs, in response to opioid epidemic.

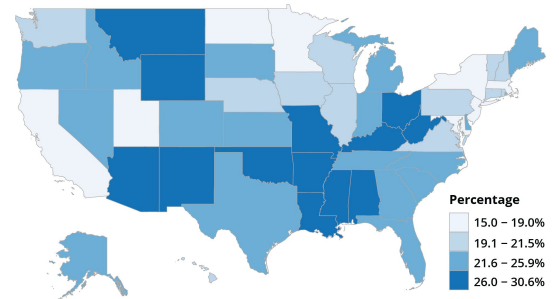
Find links and add your updates to all initiatives and legislation at www.bit.ly/ACEsInitiatives



24.6% ME*
21.7% USA

Percent of children with 2 or more ACEs

ME ranks 33rd in the US for lowest percentage of children with ACEs scores of 2 or more.



CAHMI (Child & Adolescent Health Measurement Initiative) surveys parents or guardians about their children ages 0-17.

Percentage of children aged 0-17 yrs. who experienced two or more of the following:

- Hard to get by on income (somewhat or very often)
- Saw or heard violence in the home
- Victim/witness of neighborhood violence
- Lived with anyone mentally ill, suicidal, or depressed
- Lived with anyone with alcohol or drug problem
- Parent/guardian divorced or separated
- Parent/guardian died
- Parent/guardian served time in jail
- Often treated or judged unfairly due to race/ethnicity

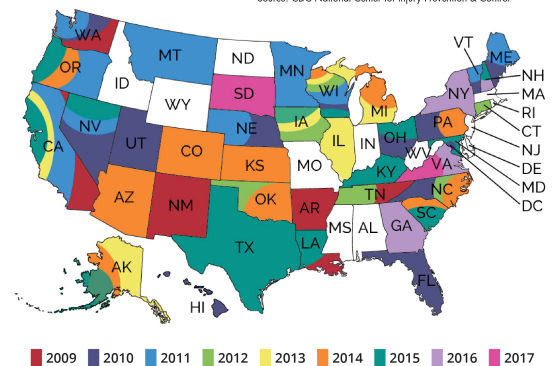
Citation: Bethell, CD, Citation: Bethell, CD, Davis, MB, Gombojav, N, Stumbo, S, Powers, K. Issue Brief: A national and across state profile on adverse childhood experiences among children and possibilities to heal and thrive. Johns Hopkins Bloomberg School of Public Health, October 2017.

www.cahmi.org/projects/Adverse-childhood-experiences-aces

* State Range: 15.0% - 30.6%

States Collecting ACEs Data 2009 - 2017

Source: CDC National Center for Injury Prevention & Control



The ACEs module of Behavioral Risk Factor Surveillance Survey (BRFSS) data comes from interviews with adults about their experiences to age 18. BRFSS is sponsored by the CDC and other federal agencies.