RESILIENCE

THE BIOLOGY OF STRESS & THE SCIENCE OF HOPE







"THE CHILD MAY NOT REMEMBER, BUT THE BODY REMEMBERS"

The **Carlisle Resilience Collaborative** invites you to a free viewing of this nationally acclaimed documentary that explores how toxic stress can put children at greater risk for disease, homelessness, prison time, and early death.

Wednesday, March 18, 2020 • 5:30 p.m. Resilience Film Screening Carlisle Theater, 40 West High Street

4:30 - 5:30 p.m. Dinner & Networking 5:30 - 7:00 p.m. Resilience Film Screening 7:00 p.m. Discussion & Resources Attendance is limited by film license.



Please register online at www.pinnaclehealth.org/resilience

Attendees receive a complimentary copy of the best-selling book

<u>The Deepest Well: Healing the Long-Term Effects of Childhood Adversity</u>

Written by pediatrician Nadine Burke Harris, M.D.

Bosler Memorial Library, 158 West High St, Carlisle • Library Meeting Room

Preregistration not required. Doors open 30 minutes prior to film start.

Saturday, March 21, 2020 • 1:00 p.m. Film Screening & Discussion Sunday, March 22, 2020 • 2:00 p.m. Film Screening & Discussion









Carlisle Resilience Collaborative is a multidisciplinary group of organizations and individuals committed to understanding the effects of early childhood trauma, creating a safe and supportive environment for community dialogue, and discovering solutions that inform and inspire a trauma informed community.

Bosler Memorial Library, Carlisle Area Chamber of Commerce, Carlisle Area School District, Carlisle United Methodist Church, Central PA Family Support Services, CPR (Communities Practicing Resiliency) of the Harrisburg Region, Cumberland/Perry Office of Mental Health, Intellectual and Developmental Disabilities, Early Intervention Specialists, LLC, First United Church of Christ, G.R.A.N.D.S. (Gratitude. Resilience. Attitude. Nurture. Develop. Support) Support Group sponsored by YWCA Carlisle, Hope Station, Partnership for Better Health, Sadler Health, South Middleton School District, Summer Program for Youth (SPY), United Way of Carlisle and Cumberland County, The Foundation for Enhancing Communities, and UPMC Pinnacle.