

ACEs & Resiliency Fellowship

Master Trainer Registration Form:

Name: _____

Organization _____

I am accepted to the **Master Trainer Program** and I wish to register for the program. I am committing to attending all required trainings including:

- ACE Interface Training with Anda and Porter on October 18-19, 2016 from 8:30– 5:30 pm (including lunch time).
- Community of Practice Session (Dates TBA on Tuesday October 18, 2016). You will be automatically enrolled through Eventbrite and sent a confirmation. Make-up sessions may be allowed.
- I understand I'll be trained to train others as Presenters, and that I am committing to conducting 1 paired presentation within 4 months of the ACE Interface Training in October and 4 paired presentations or trainings in the next 18 months.

I request a scholarship in the amount of (\$0-\$495):	
I am attaching a check for this portion of the program cost (\$5-\$500):	
TOTAL MASTER TRAINER PROGRAM	\$500

I was accepted to the **Master Trainer Program**, but I wish to transfer my space to another person from agency who also applied named: _____.

I was accepted to the **Master Trainer Program**, but I now wish to participate in the **Presenter Program** instead. *(Please see registration form on the following page.)*

Registrations are due on October 7, 2016 by 5:00 pm. If your registration is not completed by this date, your space may be given away to another applicant on our waiting list. Any cancellations must be requested in writing on or before October 12, 2016 in order to process a refund of program payment. Please remit to:

Sonoma County ACEs Connection
c/o Upstream Investments,
490 Mendocino Ave., Ste. 101,
Santa Rosa, CA 95401

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Presenter Registration Form:

Name: _____

Organization _____

I applied to the ACEs & Resiliency Fellowship, and was offered a space in the **Presenters Program. I would like to register for the **Presenters Program**. I plan to attend:**

- Presenter Training in April 2017 (Date TBD). You will be automatically enrolled through Eventbrite and sent a confirmation.
- Community of Practice Sessions (Dates TBD beginning in November 2016). Optional. Please register through Eventbrite once an invitation is sent to you.
- I understand that I'll be trained by a local Master Trainer as a Presenter on ACE Interface presentations such as: *"Understanding Adverse Childhood Experiences; Building Self-Healing Communities"* or an equivalent PowerPoint produced by ACE Interface such as *"Spotlight on Adverse Childhood Experiences; Communities Shifting the Future of the Public's Health."*
- I will track my presentations and give out evaluation surveys for all presentations delivered before June 30, 2018.

Payment:

Tuition for the Presenter Program will be \$200. Fees will be collected via Eventbrite when Presenters register for the April Training (\$60) and the optional Community of Practice Sessions (\$20 each). We will continue to offer a fee waiver program using an Eventbrite discount code "FEE WAIVER" for those who need it.

Presenter Training in April 2017 (Date TBD)	\$60
7 Community of Practice Sessions (Dates TBD) (\$20 each) (Optional)	\$140
TOTAL PRESENTER PROGRAM	\$200

Program registrations are due on October 7, 2016 by 5:00 pm. If your program registration is not completed by this date, your space may be given away to another applicant on our waiting list. Please remit to:

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Project Background and Summary:

This remarkable program is unique to Sonoma County California, and provides community members with the opportunity to engage in a 9-month training program through classes sponsored by a Coordinating Committee including the County of Sonoma Human and Health Services Departments, Child Parent Institute, Hanna Boys Center, First 5 Sonoma County, Upstream Investments Sonoma County, and the Sonoma County ACEs Connection. In its first year, 2016-2017, the program aims to engage 25 individuals representing a range of sectors who will become certified ACE Interface **Master Trainers**. These certified trainers will train a second cohort in the **Presenter Program** in April 2017.

The Adverse Childhood Experiences (ACEs) & Resiliency Fellowship is a 9-month intensive interdisciplinary program designed for community members who will serve as community educators on the topics of toxic stress, trauma, Adverse Childhood Experiences, or Adverse Community Experiences. The group will meet in Santa Rosa, CA for one training session per month. The initial ACE Interface training for the **Master Trainer Program** will span two days, and then will be followed by Community of Practice meetings which will further exploring related topics. Community of Practice sessions will typically be 2-3 hours long and offered week-days during business hours. Community of Practice sessions will be open to **Presenter Program** participants.

Fellowship Goals and Objectives:

1. Train one cohort of 25 Master Trainers using a train-the-trainer model in the science and biology behind Adverse Childhood Experiences and Resiliency. A team of Master Trainers will then train a second cohort of 25 Presenters.
2. Create a Speakers' Bureau linking Master Trainers with county staff and community partners to increase the awareness of ACEs and Resiliency models.
3. Increase community awareness about the prevalence of ACEs and the public health impacts.
4. Increase community awareness about resources and evidenced-based approaches for building resiliency.
5. Conduct between 50—100 community trainings in 18 months engaging 1,000 participants.

Coordinating Committee:

Representatives from the County of Sonoma Human and Health Services Departments, Child Parent Institute, Hanna Boys Center, First 5 Sonoma County, Upstream Investments Sonoma County, and the Sonoma County ACEs Connection will oversee the fellowship program. These representatives will coordinate the trainings, attend trainings to monitor participation, facilitate Community of Practice activities, serve as assessors of participant ability, and certify participants as various levels of Master Trainers.

ACE Interface Program:

The ACE Interface Train the Master Trainer Program is designed to support rapid dissemination of accurate information that promotes understanding of how developmental adversity affects health and wellbeing throughout the life course. The materials include education about the ACE Study findings, the biology of adversity including neuroscience and epigenetics that tell us why ACEs are so powerful. The ACE Interface

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ACE Interface Program Continued:

Train the Master Trainer Program puts accurate science together with an elegant script and fabulous visuals. The Program then addresses strategies for promoting resilience, recovery, and Self-Healing Communities. Program design is informed by adult education and social movement theory, scientific discovery, and audience feedback.

The purpose of the two-day education event with Dr. Robert Anda and Laura Porter is to:

- Increase knowledge and improve the skills of participants related to the biological, health, and social impacts of Adverse Childhood Experience as well as the promise of prevention and collective action to enhance accommodation and resilience.
- Prepare participants to deliver presentations that inspire, engage, and motivate powerful action by diverse audiences, and train other people to do the same.
- Lay the groundwork for a Community of Practice among ACE Interface Master Trainer/Coaches that helps all Trainer/Coaches to continuously improve education and to realize important core values in the work, including the values of transformational improvement and respect for the wisdom of every human being.

Community of Practice Meetings:

Community of Practice meetings will be scheduled once monthly (with a break in December) for several months following the ACE Interface training. These meetings will allow **Master Trainer Program** participants to practice skills, such as leading adult learning activities for other cohort members. In addition, meetings will engage local experts with in-depth content knowledge of the topics presented in the ACE Interface training. Local experts will help cohort members deepen understanding of the specific biological, health, and social impacts of Adverse Childhood Experience as well as specific strategies showing promise to help prevent or heal ACEs while building resiliency. Sample presenters may include Brian Farragher on the topic of Trauma-Informed Agencies or Jane Stevens on emerging Resiliency strategies across the nation.

ACE Interface Master Trainer Certification:

Twenty five (25) people are initially trained and certified as Master Trainer. The process toward certification includes the following steps:

- Completion of the two-day ACE Interface Training with Dr. Anda and Laura Porter.
- Debrief and recommitment.
- Participation in the monthly Community of Practice sessions.
- Commitment and fulfillment of one speaking engagement* in the first two months post-training.
- Commitment to 2-3 speaking engagements* (some with facilitated dialogue and coaching) with evaluation and feedback over a 18 month period.

** Speaking engagements will be conducted in pairs or groups of Cohort or Coordinating Committee members.*

Sonoma County ACEs Connection received a grant from the Health Federation of Philadelphia to establish the Master Trainer program.

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ACE Interface Master Trainer Certification (Continued):

Master Trainers will train a second cohort of certified ACE Interface **Presenters**. The Coordinating Committee will grant certification in none or up to all four categories below for all ACEs & Resiliency Fellowship participants:

Presenters	Master Trainers	Community Resilience Coaches	Technical Experts
These individuals limit their work to: inform their own work as well as present to audiences using only a short version of the ACE Interface presentation.	These individuals have shown that they have the ability to not only present this information at any level, but have the skills and abilities to train others and monitor their success.	These individuals are certified Presenters and Master Trainers, and have shown that they have the skills and abilities to facilitate safe, nurturing and supportive dialogue with the community about taking action on this information.	These individuals may or may not be certified in some or all of the previous categories; however they serve as technical experts in specific areas: For example: Historical Trauma, Cultural Respect, Public Education, Art of Hosting, Substance Use Disorders, Children’s Mental Health, Domestic Violence, Fetal Alcohol Spectrum Disorder, Early Childhood Development, Community Organizing, Strategic Planning, etc.

Certification is determined through evaluating competency and exploring mutual interest in next steps. Certification is conducted through a careful assessment process and respectful consideration of the best fit for each individual.

Potential Continuing Education Units

Sonoma County Departments of Health and Human Services plan to apply for continuing education units through the UC Davis Office of Extended Education, the Board of Registered Nurses, and Board of Behavioral Sciences, and will provide further details about any potential credits once approved by respective agencies.

Confirmed EU’s for the October 18-19, 2016 ACE Interface Training with Dr. Anda and Laura Porter will be as follows: 10 contact hours with the California Board of Registered Nurses Provider No. CEP 12787. Other CEU applications are pending.

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Master Trainer Commitments

All participants affirmed the following as part of the application process:

- Commitment to completing all training, reading and practice requirements for certification;
- Commitment to actively pursuing certification as a Master Trainer in the first nine (9) months after training by making at least:
 - one speaking engagement* in the first four months post-training.
 - commitment to 4 speaking engagements* (some with facilitated dialogue and coaching) with evaluation and feedback over an 18-month period.
- Willingness to be evaluated by the ACEs Fellowship Coordinating Committee members and to accept feedback on the quality of presenter delivery;
- Willingness to provide feedback to ACE Interface about content improvement;
- Demonstrated ability to effectively reach a community or audience of strategic importance to Sonoma County ACEs Connection;
- Commitment to helping to track presentation data including dissemination of evaluation surveys for all presentations delivered before June 30, 2018.

* *Speaking engagements will be conducted in pairs or groups of Cohort or Coordinating Committee members.*

Presenter Commitments

Presenters will commit to the following upon signing the registration form in this packet.

- Attend the Presenter Training in April 2017 (Date TBD). You will be automatically enrolled through Eventbrite and sent a confirmation.
- Attend Community of Practice Sessions (Dates TBD beginning in November 2016). Optional. Please register through Eventbrite once an invitation is sent to you.
- Use the ACE Interface presentations such as: *“Understanding Adverse Childhood Experiences; Building Self-Healing Communities”* or an equivalent PowerPoint produced by ACE Interface such as *“Spotlight on Adverse Childhood Experiences; Communities Shifting the Future of the Public’s Health”* to give 1-3 presentations within their agency in the next 18 months.
- Track presentation data including dissemination of evaluation surveys for all presentations delivered before June 30, 2018.

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Program Tuition:

The 2016-2017 tuition for the **Master Trainer Program** is \$500, and includes the two-day training on October 18-19 as well as the 7 Community of Practice Sessions. Scholarships will be offered, and no one will be turned away for lack of funds. Please see the form at the end of this packet.

Tuition for the **Presenter Program** will be \$200. Fees will be collected via Eventbrite when Presenters register for the April Training (\$60) and the optional Community of Practice Sessions (\$20 each). We will continue to offer a fee waiver program using an Eventbrite discount code "FEE WAIVER" for those who need it.

Registration Process

Please submit the Registration Form on the following page and any required payment (checks should be made out to "Sonoma County ACEs Connection) to:

Sonoma County ACEs Connection
c/o Upstream Investments,
490 Mendocino Ave., Ste. 101,
Santa Rosa, CA 95401

Registrations are due on October 7, 2016 by 5:00 pm. If your registration is not completed by this date, your space may be given away to another applicant on our waiting list.

Any cancellations must be requested in writing on or before October 12, 2016 in order to process a refund of program payment.

Questions about the application or application process can be directed to: hwhitewolfe@schsd.org or 707.565.5266.