

Presented by



# PATH TO HOPE LIVE SUICIDE PREVENTION EVENT

September 22, 2022 from 4-6PM  
Via ZOOM

To register: <https://pathtohopesept22.eventbrite.com>

Path to Hope Live is an online educational event focused on suicide prevention, resilience-building and dealing with the grief, loss and mental health challenges of our times. The panel has a variety of presenters who pack in heart, lived experience and personal connection to building a healthy network of care in our community. This free event is being offered as a gift to all as we individually and collectively seek balance and renewal in our lives and communities.

## Facilitator

Ana Lugo, Founder  
*Equity First Consulting*



## Panelists

Adriana Arrizon, Director  
*Sonoma Connect*



Imelda Vera, Programs Manager  
*Humanidad Therapy and Education Services*



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Therapy & Education Services  
HUMANIDADTHERAPY.ORG

Jennifer Vargas  
*inRESPONSE Navigator*



Mishale Ballinger, Program Coordinator  
*Sonoma County Office of Education*



Eki Shola  
*Primary Care Physician and Musician*



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