#### **Presented by**

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## SUICIDE PREVENTION **EVENT**

### September 22, 2022 from 4-6PM Via ZOOM

To register: https://pathtohopesep22.eventbrite.com

Path to Hope Live is an online educational event focused on suicide prevention, resilience-building and dealing with the grief, loss and mental health challenges of our times. The panel has a variety of presenters who pack in heart, lived experience and personal connection to building a healthy network of care in our community. This free event is being offered as a gift to all as we individually and collectively seek balance and renewal in our lives and communities.

#### **Facilitator**

Ana Lugo, Founder **Equity First Consulting** 



# **Panelists**

Adriana Arrizon, Director Sonoma Connect



Humanidad Therapy and Education Services

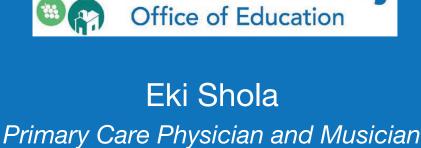


inRESPONSE Navigator



Sonoma County Office of Education **Sonoma County** 

Mishale Ballinger, Program Coordinator









Regional Hospital



