

FREE COMMUNITY TRAINING

Funded by the ACEs Aware Supplemental Training Grant

Rising Together



Helping children, adults, families and communities heal and thrive



Free Virtual Training

Adverse Childhood Experiences (ACEs) do not define you. You can build resilience and live a happy, healthy life.



Gain a deeper understanding about the landmark 1998 ACE study and how ACEs impact health across our lifespan.



Learn how trauma and toxic stress shape the developing brain and body, and how safe, supportive and nurturing relationships can buffer the effects.



Gain practical tools and resources to build resilience and support children and families who have experienced trauma and adversity.

Open to Service Providers, Educators, Parents, Caregivers and Community Members

Register for upcoming trainings

The following Wednesdays | 2:00-4:00 pm

September 8, 2021

Sign-up at bit.ly/3jLAqxl

October 13, 2021

Sign-up at bit.ly/3jVLS9R

November 3, 2021

Sign-up at bit.ly/3yKYsPL

December 1, 2021

Sign-up at bit.ly/3g3KdOx



aces aware

CERTIFIED

Contact us to learn more

aces@tricitymhs.org or (909) 326-4632