

May is Mental Health Awareness Month



 **Each Mind
MATTERS**
California's Mental Health Movement

Your Mind Matters

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PROVIDENCE

27/29

Community Partner Connection Community Circle: Hope for Change

Microsoft Teams Meeting 3:30 - 5 pm

Contact: Erika Klohe - Erika.Klohe@stjoe.org

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DHS - BHD

05/07

AMSR: Assessing & Managing Suicide Risk *2 Part Session 1-5pm

Evenbrite Link: <https://www.eventbrite.com/e/amsr-assessing-managing-suicide-risk-part-i-ii-tickets-150122294825>

Contact: Amber Wilburn - Amber.Wilburn@sonoma-county.org (707) 565-4854

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WCCS

06

Screening Crooked Beauty

2:30 - 4pm ZOOM Meeting ID: 958 4229 5344 Passcode: 789434

Zoom Link: <https://zoom.us/j/95842295344?pwd=TFBLdXJ5aDV2bVZBenFJaGUxWGtFQT09>

Contact: Sean Bolan - sean.bolan@westcountyservices.org (707) 565-7800

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BUCKELEW

06

Affirmations Support Group

4 - 5pm Zoom Meeting

Contact: Michael Ellison - Michaele@bucklew.org (707) 237-1334

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SRJC

06

Many Faces of Mental Health Panel Discussion

4 - 6pm Zoom Meeting

Contact: Jeane Erlenborn - jerlenborn@santarosa.edu (707) 521-6930

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Sonoma County Behavioral Health Family Education & Support Group: Hearing Voices Network

4:00 - 6:00pm Zoom Meeting

Contact: Katie Swan - Katies@bucklew.org (707) 583-5284

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PROVIDENCE

Visible Support for Invisible Needs

Microsoft Teams Meeting 3:30 - 5 pm
Contact: Erika Klohe - Erika.Klohe@stjoe.org

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NAMI

California Mental Health Laws We Need to Know

4 - 6pm Zoom Meeting
Contact: info@namisoco.org

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SRJC

Let's Talk Mental Health Come Chat with the SRJC Peers

11 - 12 pm Zoom Meeting
Contact: Jeane Erlenborn - jerlenborn@santarosa.edu (707) 521-6930

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BUCKELEW

Isolation & Finding Connection Support group: Checking in with Mental Health

2 - 3:30pm Zoom Meeting
Contact: Michael Ellison - Michaele@buckelew.org (707) 237-1334

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Stomp the Stigma Community Conversation

8:30pm Zoom Meeting
Contact: Saraisabel Virgen - savirgen@latinoserviceproviders.org

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PROVIDENCE

Community Partner Connection Community Circle 2: Hope for Change

Microsoft Teams Meeting 3:30 - 5 pm
Contact: Erika Klohe - Erika.Klohe@stjoe.org

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DHS - BHD

AMSR: Assessing & Managing Suicide Risk *8:30 - 5pm

Eventbrite Link: <https://www.eventbrite.com/e/amsr-may-19-2021-tickets-150073585133>
Contact: Amber Wilburn - Amber.Wilburn@sonoma-county.org (707) 565-4854

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Youth Promoters Monthly Meeting

Zoom Meeting
Contact: Saraisabel Virgen - savirgen@latinoserviceproviders.org

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CBC

The Collaborative: African American Mental Health Conference

6pm Zoom Meeting ID: 884 6837 5255 Passcode: 241527

Zoom Link: <https://us02web.zoom.us/j/88468375255?pwd=SORYNy9rS2xtSVoyRVFHb2k1SkoyUT09>

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NAMI

Early Psychosis: Why Early Intervention Matters & Finding Recovery-Oriented Care

5:45pm Zoom Meeting

Contact: info@namisoco.org

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BUCKELEW

Isolation & Finding Connection Support group: Self-care

2 - 3:30pm Zoom Meeting

Contact: Michael Ellison - Michaele@buckelew.org (707) 237-1334

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BUCKELEW

Buck The Stigma A Virtual Event

7pm Zoom Meeting

Contact: Patricia Gallagher - info@buckelew.org

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CBC

52nd Annual Juneteenth Celebration

1 - 3pm Zoom Meeting

Contact: <https://www.sonomacountyjuneteenth.com/>

