

*Family Service Coordination Team*

# Isolation & Finding Connection

## Hope and Aspirations

When: April 14th  
2pm to 3:30pm  
Where: Zoom

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Isolation and finding connection is an online education and support group about isolation, and connection.

This series aims at providing tools and coping skills to navigate feelings of isolation. Join us in having an open dialogue about isolation.

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Questions? Contact the Family Service Coordination team:  
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