



ACEs Enthusiasts Community **NOTES!**

Meeting Date: August 27, 2020

ACEs Enthusiasts Community Meeting NOTES!

About this community: We bring the community together to prevent, heal, and treat ACEs while promoting resiliency.

Click on [Sonoma County ACEs Connection](#) for more info!

Welcome and Mindfulness Moment:

Report out from Steering Committee meeting:

Recurring themes - desire to return to "grassroots", interest in continuing policy committee, keeping track of what is going on with SCAC, managing the speakers bureau list and presentation tracker. How to better engage with the authentic community members/voice?

Participant sharing & learning:

Carla Denner - Shared that there is contract with others to do presentations - SU block grant funding ETOH MJ Opioids Meth

Website Cannabis decoded - youth and cannabis

Educational efforts with the schools Kenaptic? 2 psychologist live presentations at schools for parents and youth - transitioning to on-line = wider audience = various topics youth, parents, professionals, Opioid and prescription drug taking leadership on this committee - Redwood Health Coalition was lead. Coordinate Friday Night live - expanding to new sites - environmental prevention

First 5 did a survey and a survey may be being done with adults/seniors. Ask carla for more information.
carla.denner@sonoma-county.org

Carla is going to be doing a survey with teens re which social platforms do they get their info? Need update
[Teen Services So Co](#)

Elizabeth Smith- Considering to do create a collaborative survey on COVID and the Protective Factors Framework

Soroptimist International of West Sonoma County is offering a \$1,000 scholarship for a woman who is head of household, going back to school, and with dependents. Email elizabeth@projectwholechild.com for flyer or apply at: <https://www.soroptimist.org/our-work/live-your-dream-awards/apply-for-the-live-your-dream-awards.html>

Perinatal Alcohol and Other Drugs (PAOD) Disaster response group with subcommittee on mental health started - room for participation with ACEs lens? [Drug Free Babies So Co](#) news [article](#) and [M/C managed care](#)

Teen advocacy Coalition - providers that work with teens - health ed/ sex ed / etc did a survey last year on teen needs - now putting together a central access point for youth to access mental health services

[see website](#) Copied from website:

The **Teen Health Advocacy Coalition** of Sonoma County is ready for action!

Will you please help us distribute this survey to young people in Sonoma County, ages 12-25.

As a coalition:

1. We are dedicated to young people. We all serve young people in some capacity.
2. We NEED to know what THEY THINK and what they perceive as threats.
3. We need to get as many teens to answer these surveys as truthfully as possible.

SURVEY LINKS:

Spanish: <https://es.surveymonkey.com/r/3BSTSPZ>

English: <https://www.surveymonkey.com/r/GKLPHG6>

Attached are social media (shareable) images for anyone to use and advertise freely. Copy and paste the links above accordingly based on the graphics you choose.

The survey results will be used to continue our advocacy and strategically plan our future goals.

The Teen Health Advisory Coalition brings organizations, like yourself, in a collaborative way to work together and improve the wellbeing of Sonoma County youth through sharing information and disseminating best practices on adolescent health. Those who attend our monthly meetings represent a variety of agencies that serve adolescents including community-based and governmental organizations.

I invite you to join us at our meeting on the **3rd Tuesday of every month**. We meet in the North Room at 625 5th Street Santa Rosa (County of Sonoma Department of Health Services) at 8:30am. Our next meeting will be July 16th, 2019.

Updates

[CA OSG ACEs Aware grantees](#)

On June 16, 2020, ACEs Aware awarded \$14.3 million in grants to 100 organizations across the State of California to augment our work on the ACEs Aware initiative. The grants have three areas of focus – Provider Training, Provider Engagement, and Communications – and will fund a range of activities that will inform and educate Medi-Cal providers about the importance of screening for ACEs and responding with trauma-informed care. Several sites throughout Sonoma County are grantees including [Redwood Community Health Coalition \(RCHC\)](#)

[4CA learning opportunity \(past\)](#)

The California Campaign to Counter Childhood Adversity (4CA) invites you to a webinar titled *“The Impacts of COVID-19 on California’s Children, Families, and Communities”*

Nexts steps - items to share

[Hanging onto Hope handout](#) - see graphic

The unprecedented global COVID-19 crisis brings challenging new situations into our daily lives. While the coronavirus is new, practicing resilience strategies is not. Resilience is a capacity, not a characteristic, which means we can learn resilience when we see it modeled, taught, promoted and practiced. We can stay connected, healthy and hopeful while “restricted” at home. We acknowledge and validate the huge impact this is having on so many families and homes.



**See you at our next meeting -
Held monthly at 3:30 on the 4th Wednesday!
Bring a friend!**