



ACEs Enthusiasts - Community Meeting

PUBLIC ENCOURAGED TO ATTEND!

Date: February 26, 2020

Time: 3:30 to 5:00 (3:30 to 4:30?)

Location: [Child Parent Institute](#):

3650 Standish Ave., Santa Rosa, CA 95407

About this community: We bring the community together to prevent, heal, and treat ACEs while promoting resiliency. Working together, we seek opportunities to leverage and coordinate with others.

3:30

Welcome & Gather

Welcome and Brief Introductions (optional prompts)

What brings you to the meeting and/or what you hope to get out of attending

Share efforts, events, opportunities, etc. that may be of interest to the group

3:45

Additions to the Agenda?

3:55

Learning opportunity: Presentation by Maria Pacheco **CANCELED - any volunteers?**

Writing for Healing - Discussion and Demonstration

Utilizing writing as a way of gaining personal insight, while also building connections with others

4:10

Focus for 2020 = where to focus our efforts, energy, etc.

Complete survey for 2020 - Carla

Update list of those who completed the ACE Interface Master Trainer list - ALL

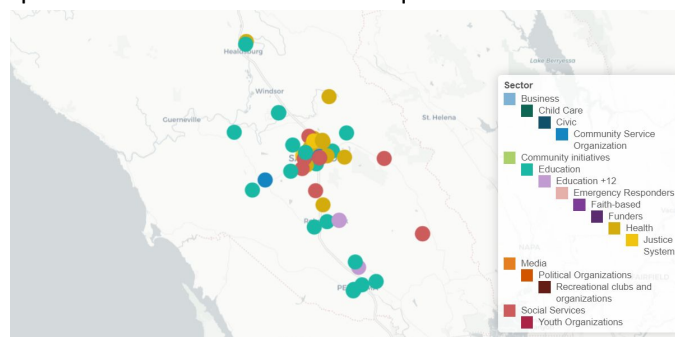
Develop a list of those who completed the Mindfulness training - ALL

4:25

Reminder: Add all presentations to the SCAC presentation tracker - *ensure the 5 parts of ACEs Science are addressed:*

1)original study, 2)impact on neurobiology, 3)impact on physiology, 4)historical trauma, 5)resilience and healing)

[CLICK HERE](#) to add your presentation information - it is quick! 3-5 minutes MAX!



4:30

Additions or Adjourn