

Latino Health Forum Program 11.21.19

7:15 AM: Registration & Continental Breakfast

8:00 AM: **Enrique González- Méndez, MD**, Professor Emeritus, Santa Rosa Family Medicine Residency, affiliated with University of California San Francisco, Chair Latino Health Forum Planning Committee - *Opening Remarks*

8:10 AM: **Judy Sakaki**, President, Sonoma State University - *Welcome*

Morning Keynote Speakers

8:15 AM: **José Hernández Ayala**, Assistant Professor, Director, Center for Climate Research, Sonoma State University - *Colonialism, Climate Change and Hurricanes - their role in Puerto Rico's Uprising*

9:00 AM: **Linda Escalante**, Southern California Legislative Director, Natural Resources Defense Council
Works with collaborators to advance the protection of public health and the environment in areas such as zero waste, water supply and quality, clean energy, climate change, oceans, toxic chemicals, among many others.

10:00 AM: **BREAK [VISIT EXHIBITORS]**

10:15 AM: **San Francisco Mexico Consulate Special Guests:** Consul Fidel Torres; Adriana Flores

11:00 AM: **AM WORKSHOPS** A – B – C – D – E

Workshop A: Impact of Climate Change: Local Disaster Response and Preparedness Mary Szecsey, CEO, West County Health Centers; Gabriela Bernal, COO, Santa Rosa Community Health - Climate change is contributing to the frequency and intensity of local disasters such as the 2017 Complex Fires and the 2019 Russian River Floods. How does climate change impact the social determinants of health and what can communities do to prepare and respond to disasters

Workshop B: Climate Change is a Public Health Emergency! John Mihalik MD, Member of The Climate Reality Project and personally trained by Al Gore (former Vice President of the United States), Retired Physician, Ethicist - Major health organizations are declaring the current climate chaos as a public health emergency, yet we are slow to respond in a manner that matches the threat. Historically disenfranchised groups are the most vulnerable to these problems. We will discuss the science, intersection of climate change, public health, and health equity and ethics, and look at ways that we can address the problem

Workshop C: How Clean Power Can Improve Public Health: The Relationship Between Electricity, Renewable Energy, and Your Community Beau Anderson, Administrative Services Officer, Sonoma Clean Power - Learn how Sonoma Clean Power, the public power provider for Sonoma and Mendocino counties, is working with our community to promote solutions to the climate crisis. These solutions, which include transitioning homes away from natural gas to using clean electricity, help to improve indoor air quality, support a healthy home, and minimize the health impacts associated with climate change

Workshop D: Taking Action: What does an Equitable Climate Action Plan look like? Oscar Chavez, Assistant Director, Human Services Dept., County of Sonoma Kerry Fugett, Program Manager, Daily Acts; - We need to address the root causes of climate change in how we collectively design and implement community empowering climate solutions. Sonoma County needs a comprehensive and equitable Climate Action plan that elevates the voices of our most vulnerable community members and mobilizes large scale climate action. This interactive session highlights the deep relationship between people and climate, offers new ideas, tools and strategies to move forward, and solicits your input on what solutions are needed to empower, support and protect our Latinx community

Workshop E: Climate Change driven by Youth Leaders Lucia Garay, CASA Grande High School; Julissa Lopez, Santa Rosa Family Medicine Residency Program - This student workshop will focus on hearing the personal stories from local youth leaders involved in work around Climate Change. Representing high school and college students

you'll hear how they became interested in climate change and what they do share information with the broader community

12:00PM Lunch [VISIT EXHIBITORS]

Performances by Xitlalic Esparza, Singer; SSU Ballet Folklorico **LHF Honors Presentation**

1:25PM ~~~ Inner Climate Resilience Exercise - Maria Rivera ~~~~

Afternoon Keynote Speaker

1:30PM Efren Carrillo, Director of Government and Community Relations, Burbank Housing and President of the Board of the Center for Climate Protection - *Our Community at a Crossroads-Social Justice in the Age of the Climate Crisis*

2:30PM: STRETCH BREAK [VISIT EXHIBITORS]

2:45PM: **PM WORKSHOPS** F – G – H – I – J

Workshop F: Climate Change and Health Effects in Communities of Color: Effects Depend on Culture, Economics, Education and Exposure - Hugo Mata Marquez, Principal/CEO, Soluna Outreach Solutions, LLC - This workshop will give people the opportunity to define climate change in their own terms giving them the opportunity to be part of the conversation. It will also present different tools and local resources that will help mitigate the effects of climate change in human health

Workshop G: Breaking Barriers to Disaster Relief and Healthcare-Lessons Learned from the 2017 Wildfires Kai Harris, Director of Program, California Human Development; Christy Lubin, Executive Director, Graton Day Labor Center – Discussion and how two local organizations addressed the health and economic disparities faced by immigrant community members and were able to reach many of Sonoma County's most vulnerable citizens and help them gain access to critical health services, housing, food, transportation and economic aid.

Workshop H: 'Be the Inspiration' Community Forum Shari St. Martin, Ph.D., ATR, Doc Services - An innovative model for Health prevention to reach individual and groups who will participate in the workshop activities. Psycho-social measurements will be obtained through practice with groups and individuals both male and female participants. These techniques are simple and easy to practice to relieve stress and other health symptoms in families and children

Workshop I: Inner Resilience: Preparing for and Responding to Natural Disaster Annemarie Brown, Gricelda Correa, Sonoma Community Resilience Collaborative - Santa Rosa Community Health; Sarah Katz, Mental Health Collaborative Outreach Manager, Healthcare Foundation Northern Sonoma County - Climate change and natural disaster create trauma and stress that can, in turn, lead to poor health and chronic disease. Both Collaboratives have been training community leaders and professionals to offer culturally responsive resilience tools that can help heal people recovering from the trauma of disaster. Learn about their outcomes to date, work moving forward, and how you can build your inner resilience

Workshop J: FOR STUDENTS ONLY: Careers in Medicine – Christina Lozada, 2nd year Resident; Vanessa E. Ramirez, 3rd year Resident; Lara Crystal-Ornelas, 3rd year Resident; Ruth Pedraza, 2nd Year Resident – Santa Rosa Family Medicine Residency

3:45-4:30PM: Closing Remarks – Evaluation and Exhibitor Drawings: Enrique González-Méndez, MD

Note: Speakers and Workshops are subject to change.