



SAY

Social Advocates for Youth

Many people continue to feel impacted by the fires.
You are not alone. We are here to provide help.

Free 8-Week Counseling Groups

for youth and parents who have been affected by the fires

Child | Teen | Young Adult Groups (Ages 5-25)

Learn how to heal and recover after the devastation of the Sonoma County fires through the use of play, art, journaling, and self-care techniques.

Parent Education Group

Learn how children react to trauma and how you can support them and learn stress reduction techniques for yourself.

Thursdays from 4:00-5:30pm, starting April 5th

Call 707-544-3299 x 213 to sign-up

@ SAY Finley Dream Center

2447 Summerfield Road, Santa Rosa