

09/27/17

Dear Sonoma County ACEs Connection Friends,

Thank you to all that participated in today's ACES meeting. Lisa Manthe lead us through a meditation that she does with her students. Lisa shared with us that she begins and ends every school day with meditation to help foster routine and a sense of grounding for the mind body connection.

About This Group

We work to bring the community together to prevent, heal, and treat ACE's while promoting resiliency.

[INVITE OTHERS TO THIS GROUP →](#)



Lisa Manthe from New Directions School joined us to share her experience using art therapy as a way of healing. New Directions school was one of the first Trauma Informed Schools in Sonoma County. They work

with students on their journey of healing through group work, movement, poetry, creative journaling, reflective practice and much more. New Directions School serves students ages 12 to 22. They currently have about 30 students at their school and many the students have social/emotional issues and have difficulty in a normal school setting due to experiencing trauma and who need the support of a small school setting and intensive counseling support. New Directions School works together with students, families, school districts and other support providers to put into action the factors to support healthy students: Social and Emotional Competence of Children, Social Connection, and Parental Resilience.

The election results were announced, and Nick Dalton and Jessica Progulske as our new Co-Chairs. We also heard about some potential committees that may be taking shape including an Outreach Committee, and Policy Committee.

Holly presented the new tracking tools on ACEs Connection that help us document where ACE presentations occurred throughout the community and by which sectors. See <https://acesconnection.shinyapps.io/sonoma/> to check it out.

Kate Jenkins shared her Treasurer's report. The Sonoma County ACEs Connection account currently has \$6,515.03 in the account.

ACEs Connection members shared highlights of local trauma-informed efforts:

- The ACEs and Resiliency Fellowship will be kicking off its second wave of events with the Ripple Effect Training on October 4th, 2017 featuring Chandra Ghosh Ippen
- The Right Start Town Hall: Preventing Toxic Stress in Early Childhood for Health, Social-Emotional Wellness and Resilience is coming up on October 5th, 2017
- Child Parent Institute shared there upcoming Father Engagement Training on October 19th, 2017

At our upcoming meeting we will have Dave Rose from Petaluma City Schools joining us to report back on his time at the Beyond Paper Tigers Training in Washington State!

Please **post news of your activities** on the **ACEs Connection webpage**.



<http://www.acesconnection.com/g/sonoma-county-aces-connection>

Here are some events and articles you won't want to miss:

- [Right Start Town Hall](#)
- [ACEs and Resiliency Fellowship New Offering for Trauma Informed Action](#)
- [Free April 2018 Event: Challenges of Youth Conference at SCOE](#)
- ["What Happened To You? A Journey From Childhood Adversity to Resiliency" Explained by a Compelling Pamphlet](#)