

06-28-17

Dear Sonoma County ACEs Connection Friends,



Thank you to all that participated in today's ACES meeting. Dr. Meredith Keischnick started us off with a "mindful moment" she often uses with patients. She led us through a few different stretches that loosened and released tension.

Dr. Meredith Kieschnick and colleagues from Roseland Pediatrics and Elsie Allen Health Centers shared their experience implementing trauma informed screenings into their clinics.

Roseland Pediatrics is federally funded through the HRSA Healthy Tomorrows Grant, which was matched with First Five and County funding. Roseland pediatrics shared 96% of the children they see are insured through Medicaid. Most of their patients live in the Southwest corridor of Sonoma Country and 70% of the patients speak Spanish. They also serve a large foster care community. Check out the [full PowerPoint](#) on Sonoma County ACEs Connection!

Annually they have screened **18,000 individuals** using their **trauma-screening tool**. They shared with us the six primary goals of their efforts.

1. Their first goal was to ensure that all staff at Roseland Pediatrics understands the toxic effects of trauma/violence and the principles of trauma informed care. This goal was accomplished through multiple staff trainings.
2. Their second goal was to introduce evidence based trauma/violence screening at Roseland Pediatrics to a population of disadvantaged, low-income children, ages 0-19 years, and to better identify youth and families affected by trauma/violence. They have fully integrated screening into well child and new patient exams and they continue to screen parents and adults, and have encountered acceptance from their families for this effort.
3. Their third goal was to augment counseling services at Roseland Pediatrics for children and families who have experienced trauma and improve the emotional well-being of children. Roseland Pediatrics has since doubled their number of therapists, and integrated their work within patient's regular visits. Outside counseling resources are also available.
4. Their fourth goal was to make Appropriate Treatment options available to all children and families who have experienced trauma/violence. So there is now a resource specialist that works with the patients. Roseland Pediatrics also started offering more parent specific classes.

### About This Group

We work to bring the community together to prevent, heal, and treat ACE's while promoting resiliency.

[INVITE OTHERS TO THIS GROUP](#) →

5. Goal five is to ensure support for healthy family behaviors and build community understanding of the negative impact trauma has on children, and to help sustain the program beyond the grant funding. Conversations one-on-one about Resiliency in families in the exam room, along with Triple P and other classes and creating a strong support for their foster care families is how they are ensuring support.
6. Goal six is to reduce the prevalence of community, family, and domestic violence. They are working to achieve this goal by continuing their trauma informed care practices!

Allen shared feedback on the Membership Survey on behalf of the Membership Committee. The survey found that members are interested and want to be involved, but that attendance may increase if we propose to meet less often and at a different time. We also received feedback that our members would like more group discussion during our meetings. The steering committee is going to continue this conversation at their upcoming meeting.

Sue Stephenson provided a Steering Committee update and shared that ACEs Connection will be providing three scholarships to attend Hanna's Quarterly Networking Breakfast. The next breakfast will be held on September 14<sup>th</sup>. Sue also shared that Elizabeth is going to support the group as secretary until the role is filled in the upcoming election.

Holly White-Wolfe shared the ACEs and Resiliency Fellowship delivered 67 presentations on ACEs and resiliency in our community since the program began in October 2016. Initial results show that community awareness is improving.

ACEs Connection members shared highlights of local trauma-informed efforts:

- Holly shared that Carla Denner will be going to Capitol Hill on July 11<sup>th</sup> for the Campaign to Counter Childhood Adversity lobby day. ([Read more here.](#))
- Kate shared with us that the ACES and Resiliency Pamphlet is near completion and will be ready at our next meeting. ([Check it out here.](#))
- The Intervening in the Cycle of Violence Against Children Statewide Training for Multidisciplinary Team Members is coming up on August 8th in Elk Grove this event is also free! The purpose of the training is to help participants design effective interventions to use in their work with child victims of violence and abuse and to identify ways in which they can collaborate across disciplines to improve outcomes for children and families.



Kate Jenkins shared her Treasurer's report. The Sonoma County ACEs Connection account currently has \$6,340.5 in the account.

At our upcoming meeting Grace Harris will be reporting out on The Ripple Effect: A Framework for Enhancing Trauma-informed Care. The Steering Committee is going to define Roles and

Responsibilities and the nomination process for this upcoming term. Carla is going to share a report with us on her day at the Campaign to Counter Childhood Adversity lobby day.

Please **post news of your activities** on the **ACEs Connection** webpage.



<http://www.acesconnection.com/g/sonoma-county-aces-connection>

**Here are some events and articles you won't want to miss:**

- [When Schools Meet Trauma With Understanding Not Discipline](#)
- [Grand Jury use ACEs Science to Issue Stinging Critique of Local Health Department](#)
- ["What Happened To You? A Journey From Childhood Adversity to Resiliency" Explained by a Compelling Pamphlet](#)