

CREATING COMPASSIONATE KIDS AND COMMUNITIES

FREE CEUs
available to
LCSWs, LMFTs

More information
on back page

The past year has been like no other. With a global pandemic, heightened attention to social justice, political divides, and natural disasters-children are on an emotional rollercoaster (and parents are, too)! Join Dr. Shauna Tominey to discuss strategies for helping children, families, and educators manage emotions and stress as we help them make sense of the world around them.

LEARNING OBJECTIVES:

In this hands-on virtual workshop, participants will:

- Reflect on the challenges of the past year and connect these challenges to social-emotional development and resilience.
- Learn about research highlighting the importance of social-emotional skills (e.g., emotional intelligence) and stress management for social, academic, and health outcomes.
- Engage in activities and stories that offer participants the opportunity to practice strategies to embed social-emotional skill development into work with children, educators, and families using a trauma-informed perspective.



PRESENTED BY

Shauna Tominey, Ph.D.

Tuesday, June 15, 2021

9:30am to 12:30pm

Register at: <https://tinyurl.com/56kj5fr8>

This course meets the qualifications for 3 hours of continuing education credit for LCSWs and LMFTs as required by the California Board of Behavioral Sciences. The CEUs are free of cost. More information about CEUs, and this trainer, on back page.



CREATING
COMPASSIONATE
KIDS

Essential Conversations to Have
with Young Children

SHAUNA TOMINEY



Creating **Compassionate** Kids and Communities

PRESENTED BY

Shauna Tominey, Ph.D.



Shauna Tominey, Ph.D. is an Assistant Professor of Practice and Parenting Education Specialist at Oregon State University. She currently serves as the Principal Investigator for the [Oregon Parenting Education Collaborative](#), an initiative to provide high-quality parenting education to families with children of all ages across the state of Oregon and in Siskiyou County, CA. As a former early childhood teacher and parenting educator, Shauna blends practical experience with research to develop programs aimed at promoting social-emotional skills for children and the adults in their lives and is co-developer of the Red Light, Purple Light self-regulation intervention. With specific interest in trauma-informed and anti-racist approaches to social and emotional learning, she is a member of the LiberatED collaborative. Dr. Tominey is the author of "Creating Compassionate Kids: Essential Conversations to Have With Young Children" and a regular contributor for PBS Parents. She holds undergraduate degrees in Music and Psychology from the University of Washington, an M.S. in Family Studies and Human Services from Kansas State University, and a Ph.D. in Human Development and Family Sciences from Oregon State University.

At-a-Glance Agenda

9:15-9:30am ~ Welcome and Sign-in

9:30-10:40am

- Social and emotional learning in context
- Impacts of stress on children and adults
- Managing stress

10:40-10:50am ~ Stretch Break

10:50-11:50am

- Skill-building: supporting social and emotional learning for children and adults (families and educators)
- Where do we fall short with social and emotional learning?

11:50-Noon ~ Stretch Break

12-12:30pm

- Applying what we learned and reflection

If you have any questions, or would like assistance in registering, please call 530.598.3905.

Continuing Education

Therapists, Social Workers, and Counselors:

Lilliput Families is approved by the California Association of Marriage and Family Therapists (CAMFT - Provider #66256) to sponsor continuing education for Licensed Clinical Social Workers, and Licensed Marriage and Family Therapists. Lilliput maintains responsibility for this program/course and its content. This course meets the qualifications for 3 hours of continuing education credit for LMFTs or LCSWs, as required by the California Board of Behavioral Sciences. CEUs will be provided by email within two weeks of the training date. **CEUs are free of cost to participants.**

Additional Information:

This training is free of cost to participants.

Welcome and Sign-in: 9:15am - 9:30am

Training: 9:30am - 12:30pm

Pre-registration is required.

Register at: <https://tinyurl.com/56kj5fr8>

Cancellation Policy:

If you are UNABLE TO ATTEND, please notify Leslie Damschroder by phone at 530.826.6016 or email (ldamschroder@wayfinderfamily.org) to cancel in order to allow space for other participants as space is limited.

Grievances:

Grievance Policies and Procedures are available upon request:

Please call or email at: 530.826.6016 or

ldamschroder@wayfinderfamily.org.

