



Resilient Santa Barbara County RESILIENCE TOOLKIT: Getting Started

Welcome to our growing community of partners! Together we are embarking on a journey to create self-healing communities that are ACEs-informed, trauma-responsive, and resiliency-focused. Your Resilience Toolkit includes some foundational information and a wealth of online resources. We're providing this checklist to help you get started. Please feel free to complete the tasks at your own pace and in a manner that makes sense for your organization.

_____ Review the Resilience Toolkit and establish your RSBC Leadership Team.
Designate at least one person to guide the process for your organization.

_____ Tell us who is on your Resilience Team:

Primary Point of Contact

_____ Name & Phone Number

Other Team Members

_____ Sign and scan the Community Partner Agreement back to us with your Resilience Team info.

_____ Visit the ACES Connection website www.acesconnection.com and join the Santa Barbara County Community Group. Here's how:

- Go to the Main Website www.ACEsConnection.com
- Click on the "COMMUNITIES" tab at the top of the home page
- Look for Santa Barbara County ACEs Connection
- Scroll down until you see a box labeled "About this Community" and click the "Join Now" button
- Complete your profile, accept terms and "Register Now"

Post a brief introduction about your organization to introduce yourself to our community. Here's how:

- Sign in to the Santa Barbara County Community site
- Click "Post" in the green box at the top right of the page
- Choose "Blog Post" from the drop down menu
- Include the name of your organization in the title
- Write a paragraph or two sharing the mission and vision of your organization and how it fits with the work of Resilient Santa Barbara County. Tell us what project, program or network interests you most.
- Check the box on the right side to categorize your introductory blog as "RSBC Community Partners"
- Upload your logo as the title image
- Click "Publish" and you're done!

With your Resilience Team, look over the TOOLKIT information, including Definitions & FAQs, ACEs 101, and the Ten Domains for Implementing a Trauma-Informed Approach.

Review the Community Tracker Guidelines and the Community Milestones Survey. Discuss your organization's current position in relation to the survey questions. <https://www.acesconnection.com/blog/community-tracker-milestones>

Decide how your organization will approach this effort.

- Will you track your progress as a whole organization or by smaller subsets (e.g. by location, program, division or department)?
- How will you participate in the larger RSBC network?
- Do you have internal training resources or will you be looking for resources outside of your organization?
- Which self-assessment tool will best meet your needs?

Join the Community Tracker by completing the online survey (one survey if you are tracking your organization as a whole, or multiple surveys if you choose to track smaller subsets within your organization). A link will be forwarded when we receive the signed Agreement.

Please remember that this is not a test or a competition, it is simply a way to track the progress of your organization and our community as a whole. Becoming a trauma responsive organization is a dynamic and evolutionary process with no defined endpoint. It is a path to a deepening understanding of our work, our clients and ourselves that requires vigilance and raises difficult questions. We hope that this Toolkit will serve as a starting point for reflection and action. We encourage you to strive with us to create a better Santa Barbara County... together!

Questions? Contact Barb Finch b.finch@sbcsocialserv.org or Gloria Munoz g.munoz@sbcsocialserv.org