

Resilient Santa Barbara

We are dedicated to preventing and reducing the impacts of Adverse Childhood Experiences (ACEs) in Santa Barbara County. We educate, exchange ideas, share opportunities and work collectively to transform lives through practical and community-centered solutions.



Santa Barbara County KIDS Network is a cross-sector, umbrella organization that serves as the hub for Resilient Santa Barbara. KIDS Network promotes comprehensive, coordinated, and collaborative approaches among service providers and community stakeholders to identify priorities and improve outcomes for children, youth and families. Members represent early childhood, family services, education, health care, behavioral health, juvenile and adult justice, government, and other community-serving organizations. We strive to create a more resilient Santa Barbara region by educating individuals, communities and organizations about ACEs, trauma and resilience; and by providing training and resources for making policy and practice changes that promote healing, hope and resilience in our citizenry, organizations and systems.

What We Do

- Provide opportunities for community members to network and learn from each other.
- Educate people in Santa Barbara County about ACEs and the effects of toxic stress by sharing materials across different sectors including health, behavioral health, faith-based communities, juvenile, adult and civil justice, family serving organizations and schools.
- Actively support the implementation of trauma-informed practices that increase resilience and wellness for all residents, through presentations on trauma-informed practice and other community events engaging participants across many settings.
- Recognize the mental and emotional impact on those who provide ACEs Science services to communities that experience high ACE scores and seek to create empathetic environments that promote self-care and resilience for all.

Early Results

- Hosted 2nd Annual Santa Barbara County Bridges to Resilience Conference in partnership with the Behavioral Wellness Children's System of Care. 300 educators, early care providers, social workers, probation officers, health / mental health professionals, resource families, and community partners had the opportunity for shared learning and networking.
- Screening of *Resilience*, with over 200 attendees, during 8th Annual All-Valley School Conference with Santa Ynez Valley School Districts. Partnerships included Santa Ynez Valley People Helping People and the Santa Barbara County Department of Social Services with schools including Ballard, Buellton Union, College, Los Olivos, Santa Ynez Valley Charter School, Santa Ynez Valley Union High School, Solvang and Vista Del Mar.
- Drew a crowd of over 1000 people to Campbell Hall at the University of California Santa Barbara to hear Dr. Nadine Burke Harris lecture on Healing the Long-Term Effects of Childhood Adversity.

Legislative Districts

State Assembly Districts:

35, 37

Senate Districts:

19

For More Information

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Learn More

[Santa Barbara County ACEs Connection](#)

[ACEs Connection](#)

[ACEsTooHigh.com](#)

[4CAKids.org](#)

California Campaign to Counter Childhood Adversity.

2016 Estimated Percentages Reported by Parents	USA	CA	Santa Barbara County
Children ages 0-17 who have experienced 2+ adverse experiences	21.7%	16.4%	16.3%
Children ages 6-17 who are calm and in control when facing a challenge	49.7%	52.4 %	52.1%

Data Source: As cited on kidsdata.org, Population Reference Bureau, analysis of data from the National Survey of Children's Health and the American Community Survey (Mar. 2018).