

Creative Community Partnerships Conference



PACEs Connection

Creative Communities Partnerships Conference May 14th, 2021

With generous support from Genentech





PACEs Connection Staff



















Land Acknowledgement

Four Directions Rafael Maravilla



Agenda:

8:30-8:45

8:45-9:00	Speaker: Jane Stevens, founder of PACEs	Connection
6.45-3.00	Speaker. Jane Stevens, Tourider of FACES	Connection
9:00-9:45	PACEs Innovations in Juvenile Justice and	d Education
9:45-10:45	Highlights from Community Initiatives	
10:55-11:55	World Café	
11:55-12:30	Report Back, Discussion and Closing	PACES

Welcome and Introduction

PACEs Initiatives - Who's here today?



Butte County	Humboldt County	Resilient Placer County	Santa Clara County	Siskiyou County
El Dorado County	Mendocino County	Resilient Sacramento	Santa Cruz County	Sonoma County
Fresno Trauma and Resilience Network	Modoc County	Resilient Solano	Shasta Strong Families	Tehama County
Glenn County		Resilient Yolo		Yuba & Sutter Resiliency Connection

Objectives of the day

- To connect people and establish relationships across
 PACEs initiatives
- To learn about creative solutions and best practices designed to address unique community needs
- To encourage solution-focused innovation and creative partnerships





Supporting communities to accelerate the use of PACEs science to solve our most intractable problems.

PACEs = Positive & Adverse Childhood Experiences





The social network for the PACEs movement.

50,000+ MEMBERS (AND GROWING)

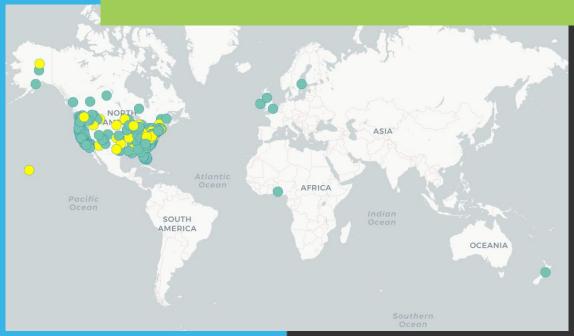
...who share best practices based on PACEs science.



PACEs Connection

400+ Communities

CITIES, COUNTRIES, & STATES





GET MORE INVOLVED



formerly ACEs Connection

Scroll down to the "Webinar" widget on the right hand side of the home page



Monday, February 22nd, 2020 11:00am -12:00 pm PDT Welcome to ACEs Connection! This webinar is led by Alison Cebulla Early Registration is available! Monday, March 8th, 2020 11:00am -12:00 pm PDT Starting an ACEs Initiative This webinar is led by Alison Cebulla Early Registration is available!

Upcoming webinars:

- Welcome to PACEs Connection
- Start a PACEs Initiative in your community
- **Intro to Organizing**
- **Synergy: Aligning Efforts** and Leveraging **Opportunities**
- 'A Better Normal' **Community Discussion** Series

RESOURCES







Resource Collections:

- Anti-Racism Resources
- COVID-19 Resources
- Starting & Growing PACEs Initiatives
- PACEs Science 101



PACEs Connection Cooperative of Communities

- PACEs Connection has launched an affiliate-driven cooperative of geographic-based PACEs initiatives.
- These initiatives are in cities, counties, regions, and will soon be in states and nations.





PACEs Connection

Creating a *much* better normal.

Jane Stevens, Founder and CEO PACEs Connection





Why PACEs?

Because it's so much more than just about resilience.



7 positive childhood experiences

- Able to talk to family about feelings.
- Family stood by you during hard times.
- Participated in community traditions.
- Felt a sense of belonging in high school.
- Felt supported by friends.
- 2 adults (not parents) who took interest in you.
- Felt safe, protected by adult in home.





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High ACEs. Low ACEs. High PCEs. Low PCEs.

- A high ACE score doesn't mean you're doomed.
- A low ACE score doesn't mean you're in the clear.



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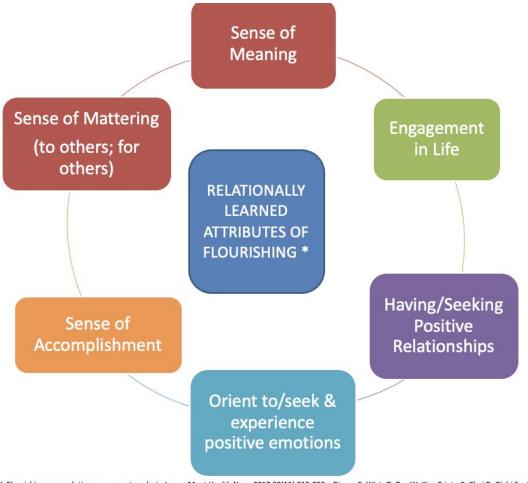


The paradox of PACEs.

- People who resist negative emotions are more likely to experience psychiatric symptoms later.
- People who accept their negative feelings & experiences show higher levels of well being and mental health



Can We Flourish Amid Adversity?



Are You
Flourishing
In this
Time?

C. Bethell March 26, 2021

^{*}Adapted from: Agenor C, Conner N, Aroian K. Flourishing: an evolutionary concept analysis. Issues Ment Health Nurs. 2017;38(11):915-923. Diener E, Wirtz D, Tov W, Kim-Prieto C, Choi D, Oishi S, et al. New measures of well-being: Flourishing and positive and negative feelings. Social Indicators Research. 2010;39:247-266., Kern ML, Waters LE, Adler A, White MA. A multidimensional approach to measuring well-being in students: Application of the PERMA framework. J Posit Psychol. 2014;10(3):262-271.



PACEs Connection's journey

...is your journey.

Your journey is PACEs Connection's journey.



Five components

- Relationships
- Structure
- Strategy
- Action
- Storytelling



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Communities who are ready to join the Cooperative of Communities will receive:

- Community Resilience Tracker
- Diversity, equity & inclusion coaching
- Virtual think tanks & webinars

- Fiscal pass-through service
- Leadership support and training
- Jobs bank



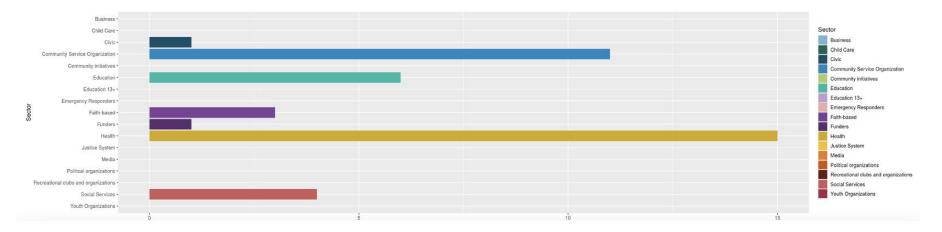
PACEs Connection Community Resilience Tracker

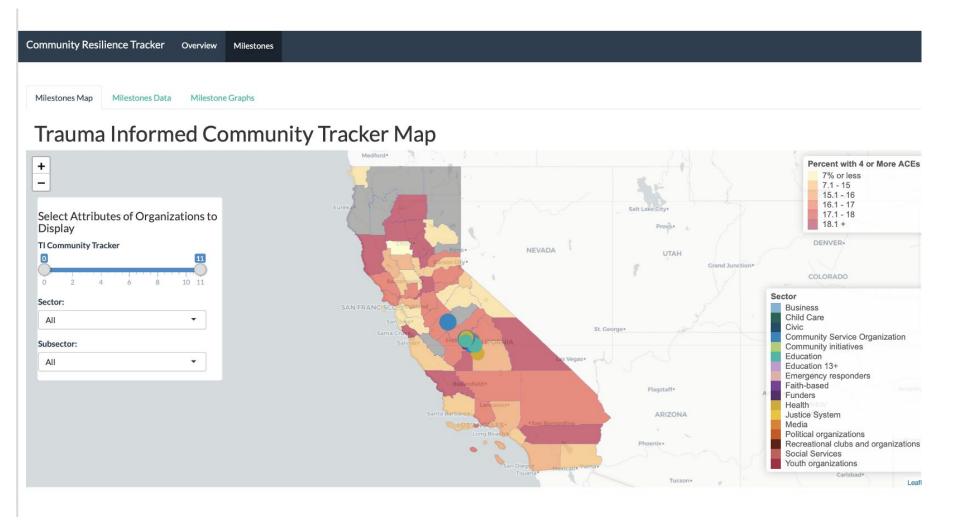
- The Community Resilience Tracker monitors a community's progress in becoming trauma-informed & healing-centered by tracking milestones that individual organizations and associations achieve on their journey.
- The Tracker helps communities define their successes with quantitative data and reveals
 opportunities for communities to address gaps by making sure people in different sectors
 collaborate with each other.
- All communities who join the PACEs Connection Cooperative of Communities can have a Community Resilience Tracker!



Welcome to your Fresno ACEs Connection Community Milestones Tracker!

The Fresno Community has engaged 7 out of 17 Sectors.





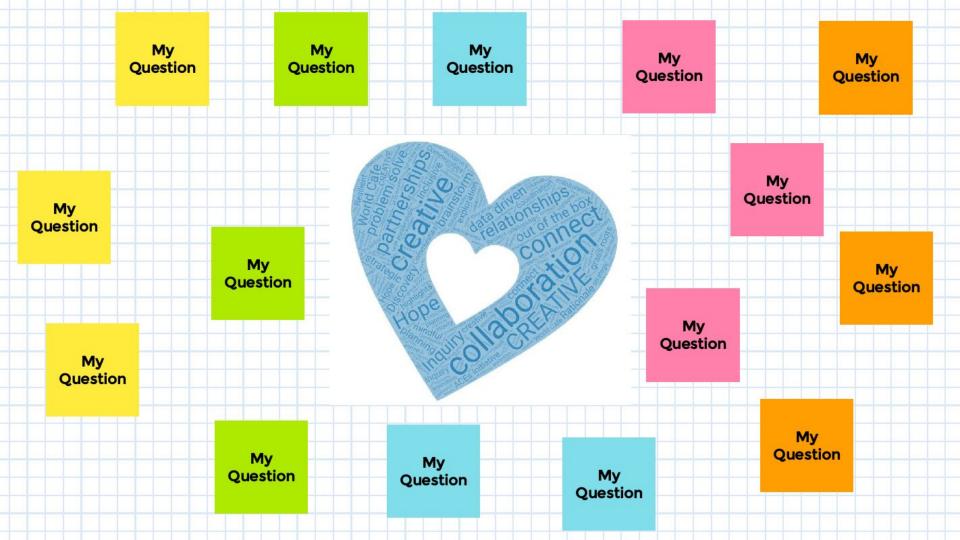
Trauma Informed Community Tracker Map



Sector and Community Presentations

Creative Communities Partnerships May 14th, 2021





Creative Solutions: Sector Presentations

Shaunda Cruz

Sacramento Probation Department

Alison Murphy, Kerri Fulton, Mark Alfaro Placer County Office of Education



CHANGING THE WAY WE WORK WITH YOUTH...

A TRAUMA INFORMED APPROACH



Sacramento County Probation Shaunda Cruz, Chief Deputy May 14, 2021 An important consideration in working with youth on probation or in detention is that up to 90% of system-involved youth report exposure to some type of traumatic event

SOLUTIONS...

- Be INTENTIONAL
- Forge RELATIONSHIPS (broaden partnerships)
- ☐ SHARE resources
- Build contracts around
 TJC work and services
- Use the legislation that presents itself
- BE VULNERABLE
- WELCOME RESISTANCE (opportunity to educate)

Essential elements of a traumainformed juvenile justice system

- Trauma -informed policies and prodedures
- Identification/screening of youth who have been traumatized
- Clinical assessment/intervention for trauma-impaired youth
- Trauma-informed programming and staff education
- Prevention and management of secondary traumatic stress
- Trauma-informed partnering with youth and families
- Trauma-informed cross-system collaboration
- Trauma-informed approaches to address disparities and diversity

essential elements trauma informed juvenile justice system.pdf (nctsn.org)

Youth Detention Facility Transformation...

Policies, Practices, Screening, Supportive Programming, Safety, Training, Collaboration, Family and Youth Voice...Innovation

In Practice...

Culture Change
Supportive Leadership
Change in Policy and Approach
Staff Training: Effects and Response
Trauma Screening and Clinical Assessment

Collaborative Partnerships

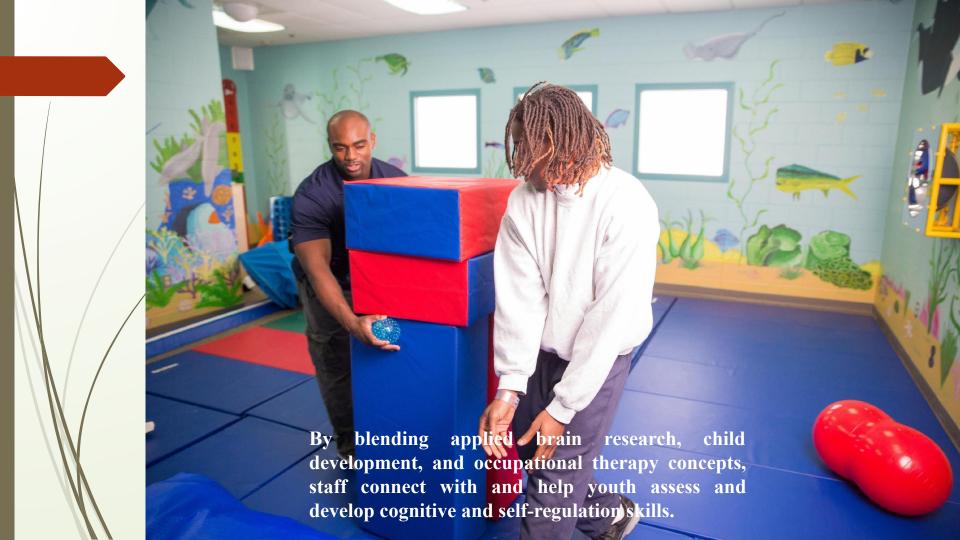
(50 programs, 100 volunteers)

Targeted Treatment

MSDR

Trauma Informed Units
Parent Information Night
Transition Work
Youth and Family Voice





Juvenile Field Division

Change in Procedures, Screening and Assessment, Programming, Partnership with Youth and Families, Cross system Collaboration, Training, Culture Shift

In Practice...

Change in Practice and Approach (culture shift) Supportive Leadership **Staff Education** (built into Div training plan) **Screening and Assessment** Targeted and Individualized Case Planning **Early Intervention** (Keeping Youth and Families Together, JJDTP)

In Practice Cont'd...

Targeted Treatment
Cross System Collaboration
(JJDTP, CSEC, Schools, Reentry, BCLC)
Family and Youth Voice
(MDT, CFT, Case Planning, Reentry, Youth and Family Advocates)
Reentry Work
(Transition Planning/Partnerships)



Growth...

- Universal Trauma Informed Care Training Project
- Juvenile Trauma Response Court
- Sacramento County Child, Youth, and Family System of Care

Prevention and Management of Secondary Traumatic Stress

- Recognition of the need and understanding the impact is the first step in supporting workforce safety, effectiveness, and resilience..and then act:
- ✓ Promote supportive environment and modeled at all levels of the organization
- Debriefing (team and one on one)
- ✓ Promote self-care
- ✓ EAP
- ✔ Peer Support Program
- Yamada Foundation
- Chaplaincy Partnership

Thank you!

Contact Information: Shaunda Cruz Cruzsh@saccounty.net 916-875-2802

Placer County Office of Education

Wellness & Trauma Informed Schools: Interventions for All







Mark Alfaro
Program Manager, PSS
maalfaro@placercoe.org



Kerri Fulton
Coordinator, PSS
kfulton@placercoe.org



Ali Murphy
Coordinator, PSS
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PCOE EDIT Team

Equity, Diversity Inclusion Team

Personal Development

- Sharing each others' why
- creating understanding
- variety of trainings/sharing (Nat'l Equity Project...)

Organizational Development

- bringing the work to our departments
- beginning to disaggregate data and develop strategies to combat potential inequities



Wellness Program

Partnership with CSOC, RJUHSD, RCSD and AUSD

Wellness Centers at 10 school campuses in our region

Focus on equity: transportation, attendance, referrals by demographics, policies and procedures

Guiding Principles of the Wellness Program



Wellness

Promote Universal Wellness for staff, students and families



Respect

Respect the wisdom of students and families. Respect that schools are the expert in academics and education



Shared Decisions

Decisions about the program are made with a variety of stakeholders. Student/family input is included. Decisions are made through data



Protect positive relationships and foster connections. Know that relationships are the driving force of wellness



Advocate for equity and inclusion for all





Trauma & Equity Informed PBIS

School-wide
Positive Behavioral
Interventions and
Supports

TERTIARY PREVENTION

- Specialized
- Individualized
- Systems for Students with High-Risk

SECONDARY PREVENTION

- Specialized Group
- · Systems for Students with High-Risk Behavior

PRIMARY PREVENTION

 School-/Classroom-Wide Systems for All Students, Staff, & Settings



Becoming Trauma Informed and Trauma Responsive

- It's not a separate "thing"...
- What's good for some is good for all.



Trauma & Equity Informed PBIS Training Scope & Sequence, 2020/21

	1)		U	1	, ,
Training Day	Day 1 SWIS	(½ Day)	Day 2	Day 3	Day 4
Who attends?	Site Admin Data Ana Team I	ator and ite Tier 1	Tier 1 Team	Tier 1 Tea	Tier 2/Inte ention Team
Trauma 101: Recognize it. Understand it. Tell the others. PBIS an Informe Crossw. Plan for Overvie Brain Brein Br	disaggregate student behavio (and other) data Where are your "VDPs" (Vulnera Decision Points	Und impor are (Vu) able Lea	PBIS, Equity, and Vulnera ion derstanding licit bias. Where your "VDPs" Inerable cision Points"? arn neutralizing tines.	Use <u>PBIS</u> <u>Culturally</u> <u>Responsiveness</u> <u>Field Guide</u> to	Identifying students who need support. Improve and expand Tier 2 targeted interventions. CBITS/Bounce Back. Cool Down Kits.

students.

In Check Out.

Lessons learned...

- 2020/21
 - 13 Placer Schools
 - 10 Away Schools
- 2019/20 (Trauma content)
 - 8 Placer Schools
 - 12 Away Schools

- If you're going to work on equity, it should be driven by data.
- If you say you don't have a problem, dig deeper!
- Training should be attended by site teams (not just one "messenger").
- People need and want coaching and more time.
- This work is ongoing and is a multi-year commitment.



Thoughts and Questions?





Creative Partnerships:

Highlights from Communities

Butte County

Humboldt County

Resilient Solano

Sonoma County

Fresno Trauma and Resilience Network



Butte County



Butte County
Population: 219,000

2013 Survey: 76.5% reported one of more

ACE's (highest in California)

2017: Oroville Dam crisis evacuated 35,000

in the County.

2018: "Camp Fire" evacuated 52,000 people, devastated city of Paradise, 86 deaths.

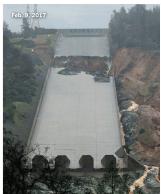
2019: measles outbreak, mass Fentanyl overdose. Opioid epidemic.

2020: COVID19 Pandemic

2021: Increase in adolescent suicide attempts/cases: 20 (2019), 60 in (2020)







Main spillway Photos by Reuters





California's Camp Fire, which largely destroyed the town of Paradise, is the state's most destructive blaze on record. Photo: Justin Sullivan/Getty Images

Slides by Anna Bauer and Lourdes Valdez MD 5/2021

1) The problem:

Families and health & social service providers struggle to navigate a siloed system. Families need to be connected to health promoting and positive childhood experience resources, AND prevention and early intervention services. Both are critically important!

2) The solution:

Through the leadership of First 5 Butte County, Help Me Grow has been established to provide family-centered care coordination and navigation.

3) Partnerships and Result:

Help Me Grow is a multi-agency collaborative (Office of Education, 211, and Catholic charities); and has leveraged the commitment of a pediatricians. (story)

4) Challenges and opportunities:

While the current Help Me Grow model is a great start, we need so much more than the one care coordinator that First 5 can fund! Help Me Grow has a primary focus on developmental screenings and referrals, yet we know that there are opportunities for many more connections, including ACEs and maternal mental health. Resources need to be distributed broadly across systems to ensure families receive coordinated navigation and connection to services through "no wrong door."

Humboldt County





Rural. Isolated. Significant historical trauma. 30.8% Adults with 4+ ACEs (2015)

"I grew up in Humboldt, and my heart is in this community. Suddenly, the struggles and resilience of Humboldt's families made more sense. It was an 'aha' moment tinged with sadness because of what it means for so many of our residents to have one or more ACEs, but also tinged with hope because understanding helps healing."

Education and Awareness

Perception of Prevention

Community Engagment Formalize Priorities

Secure Funding





Partner Highlight: Humboldt County Public Health Creating Multiple Points of Access

Community Projects



Humboldt County DHHS / First 5 Humboldt ACEs Collaborative Partnership grantee projects focus on serving pregnant women and youth, ages 0-8, and their families to help prevent ACEs, increase the awareness of ACEs, and mitigate the impacts of ACEs in Humboldt County.

Shared Goals



The Community Health Improvement Plan (CHIP) is a community-based blueprint for improving population health and public health system performance to address health-related issues in the community.

Project Example



Summer Film Series: June - August will showcase films that highlight different areas of how we support lifelong health and wellbeing. It will include kick-off and closing events with DHHS Public Health and First 5 Humboldt to discuss our work around ACEs with conversation around the CHA and CHIP, in addition to local experts discussing film themes.





Resilient Solano



Resilient Solano – Common Agenda

Solano Kids Thrive



Solano's Common Agenda for Young Children:

All Solano children thrive in safe, stable, healthy and nurturing families and communities.

Collective Impact Goals:

- Safe Communities
- Healthy Families
- Family Self-Sufficiency
- School Readiness.

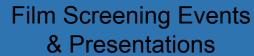


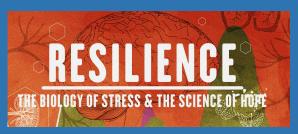
Mutually Reinforcing Activities

Solano Kids Thrive Activities



ACEs Awareness
Presentations









Upcoming: Workshops, Training, and Advocacy

Sonoma County





Obstacle: Community Engagement and authentic community voice needed more representation and awareness around what we do. Silo'd efforts needing to be brought together to maximize resources

Resolve: Engage with community by bringing more awareness through community collaborations, contribution, and inviting community voice to the table

<u>Sustainability:</u> Attending organizational meetings to present, having conversation with community, building relationships

- Facebook Page
- Filling calendar with events, one stop shop for events/trainings/information around PACES
- Seeking out opportunities to present and share about Sonoma County ACEs Connection
- Community pop-up events and continued relationship through Peacetown Family Village, meeting people
 where they are making it fun and informative as well as supporting their voices and needs
- Socials with those who attend Sonoma County ACEs Connection meetings to build on those relationships
- Strengthening Advisory Board
- Exploring how to compensate Community Manager so that more time and energy can be put into the efforts







Bringing the Protective Factors Framework to Life in Your Work Introduction



The Strengthening Families Framework helps ensure optimal outcomes for children and their families by implementing strategies that strengthen families, build protective factors, promote individual growth, help systems be more responsive to families and children, and strengthen communities' capacities as safe and healthy environments.

- . Introduction to the 5 Protective Factors that help keep a family strong and pre-
- Identify strategies and concrete everyday actions that help strengthen families and build community
- The critical role community play in strengthening families

Thursday May 27th 10AM-12PM Workshop held via Zoom

Register with the link below: https://zoom.us/j/98370462752

For more information contact: Elizabeth@projectwholechild.com











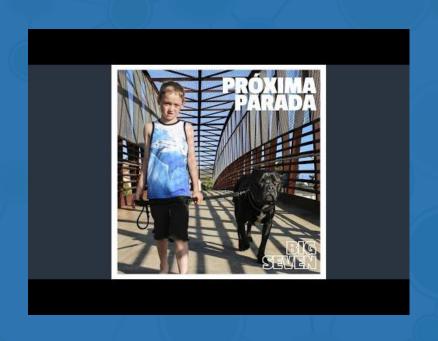
SANTA ROSA JUNIOR COLLEGE



Fresno Trauma and Resilience Network



Five Minute Break



Better Now · Próxima Parada



World Café on Creating Community Partnerships

Creative Communities Partnerships Conference May 14th, 2021



World Café Objectives

- To connect people and establish relationships across
 PACEs initiatives
- To learn about creative solutions and best practices designed to address unique community needs
- To encourage solution-focused innovation and creative partnerships



World Café Structure

- You'll be asked to join a breakout room with other participants and a Table Host.
- The Table Host will guide the conversation and keep track of ideas.
- There will be 3 rounds of questions (20 minutes each)
- I'll bring us all back together at the end to share what was discussed.

Café Conversation Guidelines

- Speak from the heart: your truth, your experiences, your perspectives.
- Listen from the heart: let go of stories that make it hard to hear each other.
- Trust that you will know what to say: no need to rehearse.
- Say just enough: without feeling rushed, be concise and considerate of the time of others.
- It's OK to pass if you prefer not to speak.



Question 1

The problem:

What is a problem in your community that you want to solve? How did you identify that it was a problem?

Question 2

The solution:

How might you solve this problem using creative partnerships or ideas? How can you use PACEs Connection to help?

Question 3

Next steps:

What are some next steps that you can take to start solving this problem?

Next Steps

Evaluate

Collaborate



World Café on Creating Community Partnerships:

HARVESTING



Question 1: The problem: What is a problem in your community that you want to solve? How did you identify that it was a problem?

- Lack of community-wide education on ACEs
- Potential power/challenges of engaging partners
- Potential power/challenges of engaging leaders
- Capacity
- Connecting with resources
- Tackling specific problems (e.g., suicide, trafficking, housing, disproportionality) with collaboration
- Connecting the problems that we're identifying with ACEs and PCEs
- Sustainability

Question 2: The solution: How might you solve this problem using creative partnerships or ideas? How can you use PACEs Connection to help?

- Reaching out in the same sector but across regions and in the same regions across sectors
- "No wrong door": cross-sector partnerships
- Backbone agency
- Environmental scan
- Getting everyone at the table at the same time
- Need more information about how to integrate PACEs
 Connection

Question 3: Next steps: What are some next steps that you can take to start solving this problem?

- Engage stakeholders like Board of Supervisors
- Persist with community education, "Showing up--having a presence at meetings"
- "Needing meaningful engagement with people in positions of leadership"
- "Is there a quick way to capture these creative solutions examples on PC so that others can see what is possible. And not get lost in our mix of emails. Quick storytelling"
- Training
- "Coaching program need community wide strategic plan; access to data mapping and data dashboard - really community based. Re-org strategy.
- Become a Co-op member; get more involved in PACEs Connection
- Reach out to ACEs Aware to work together and build relationships

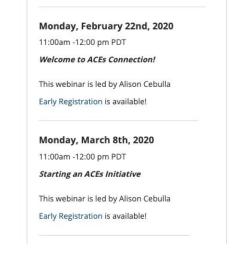
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formerly ACEs Connection

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THANK YOU!

Creative Community
Partnerships Conference