



# Cultural Humility 101: Building Bridges to Diversity and Inclusion (for BHRS Non-clinical staff)

*No Continuing Education Credits*

**Course Description:** We all strive to engage effectively with our diverse population of customers, patients, and colleagues. Cultural humility offers one approach to engage with the ever-changing dynamics of culture and difference, power and privilege, as we go through our day-to-day work. This collaborative and interactive training will provide attendees with an opportunity to engage and explore these concepts as we all continue to work towards fostering inclusion in the workplace

- Understand how the work of reversing health disparities is located in the historical legacy of social activism in the United States.
- Review and explore common definitions of words often used in the field of health disparities work, in order to achieve common understanding.
- Practice using the tools of cultural competence and Cultural Humility in your work place.

**Please register through LMS: [www.smcgov.org/LMS](http://www.smcgov.org/LMS)**

If you require accommodation for a disability or have any questions or concerns, please contact the WET Team  
[BHRSTeam@smcgov.org](mailto:BHRSTeam@smcgov.org)

## Cultural and Linguistic Competency

The planners and speakers of this CME activity have been encouraged to address cultural issues relevant to their topic area. San Mateo County provides services through the Health Care Interpreter Network (HCIN). The San Mateo County Language Assistance intranet site is at:

<http://intranet.co.sanmateo.ca.us/healthsystem/interpretation-translation>.

For more information on Cultural Competence resources San Mateo County Health System offers, visit the San Mateo County Office of Diversity and Equity website at: [www.smchealth.org/ode](http://www.smchealth.org/ode).

## Disclosure of Relevant Financial Relationships

The speaker(s) and planner(s) declare that neither they, nor any member of their immediate families, have had a financial relationship in the past 12 months that is relevant to this training activity.

**Wednesday, February 12th 2020**

**9:30a-12:30p or 1:00-4:00**

Silicon Valley Community Foundation  
Room 114  
1300 S. El Camino Real  
San Mateo, CA

Facilitated by Leanna W. Lewis, LCSW

Trainer Program • Manager • Community Mental Health Clinician Supervisor • Clinical Social Worker

Cultural Humility training is a **BHRS mandatory training required for all BHRS Staff**. Please check your transcript on LMS

## To check your transcript:

1. Log in to Okta using your County desktop username/password: <http://smcgov.okta.com/>
2. Click on LMS Career
3. Click Transcript
4. Select "Completed" in the drop-down menu to view if the date the training.

## A. Never trained:

It is required to take the **in-person** training within the first three years of employment (flyer attached). Please register through LMS ASAP as seats are limited. To register:

1. Log in to LMS and request the training

If you are a county worker, please register through LMS: [www.smcgov.org/LMS](http://www.smcgov.org/LMS)

If you **do not** have an LMS account, please register here:

**Morning session:** <https://cultural-humility-2-2020-am.eventbrite.com>

**Afternoon session:** <https://cultural-humility-2-2020-pm.eventbrite.com>

### **Course Agenda (No Continuing education credit for these trainings):**

- I Welcome & Orientation (No CEs)
- II Agreements & Expectations
- III Culture & History: Impact of Social Justice Movements
- IV Break (No CEs)
- V Power & Privilege
- VI Cultural Competence
- VII Cultural Humility
- VIII Wrap Up (No CEs)

### **About the Facilitator**

Leanna has over 15 years' experience providing culturally responsive, trauma informed, clinical services through an integrative, community-based, behavioral health program designed to support vulnerable populations of children and families at a comprehensive pediatric medical facility. Commitment to training current and emerging health providers, with a focus on social justice, through strengths-based, patient-centered interventions that is inclusive of social determinants of health as a systematic approach to comprehensive healthcare.