

Center for Family Strengthening



Our programs
ensure strong families are
a community priority.



www.cfsslo.org
805.543.6216



Link

Family Resource Center

Serving San Luis Obispo County



Promotores
Collaborative
of San Luis Obispo County

Center for
Family
Strengthening



Helping families thrive.™

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The Designated Child Abuse Prevention Council of San Luis Obispo County

Established in 1987

Child Abuse Prevention Coordinating Council Act

○

Mission Statement

We ensure strong families are a community priority and work to end child abuse by linking children, youth, and families with primary prevention resources.

Center for
Family
Strengthening



Helping families thrive.™



Parent Connection of San Luis Obispo County



Center for
Family
Strengthening

Helping families thrive.



WELLNESS • RECOVERY • RESILIENCE

How well do you know Parent Connection of SLO County?

In the chat box- type in the # that corresponds with your answer.

1

I am curious and want to know more!

2

I have heard the name or seen the logo, but really don't know what it is.

3

I know it is a resource in SLO County

4

I am familiar with Parent Connection; I have referred to you all a few times.

5

I know Parent Connection very well.

How we support families and children



Individualized parenting support

Bilingual Virtual and In-person Parenting Classes & Workshops

Co-parenting Support, Classes and Workshops

Digital Family Resource Guide & an Informational Referral Line

Kidz Toolbox- a video series of a personal safety curriculum for pre-k – 2nd graders

Parent Voice of SLO County - Parent Leadership Development



We believe every family is strong
and doing the best they can!

- Every parent/caregiver has strengths, and every parent/caregiver needs support, sometimes.
- Every parent is the expert of their families needs and situations
- Every family and their situations are unique
- Parent Connection Team wellness is a priority, for us to do our job we need to be ready mind and body!





Our team is trained to provide strength based and trauma informed services through the Strengthening Families Framework and understand how trauma can impact learning and behavior and strategies to help support parents.

Our classes and workshops use evidence based, culturally responsive curriculums to increasing positive outcomes for children and their families

Our Parent Coaches use the ICF (International Coaching Federation) coaching and Motivational Interviewing frameworks.

We emphasize continuity of care and collaboration across family serving agencies

Our core beliefs

- Build meaningful partnerships with parents and caregivers that create mutual respect and trust
- Use strength-based vocabulary and build on the family's strengths
- We acknowledge and validate the parent and caregivers experience and reality
- We curate services to support the family where they identify they need support.
- We ensure the Parent Connection team has the support they need to minimize and treat secondary traumatic stress to increase staff wellness. For us to serve the community effectively we must be ready mind and body to do so.



Bilingual Parenting Classes & Workshops

Our classes are taught by professionals with years of experiencing teaching adults, who are trained in a variety of Parenting Curriculums with a background in supporting families.

In-person parenting workshop



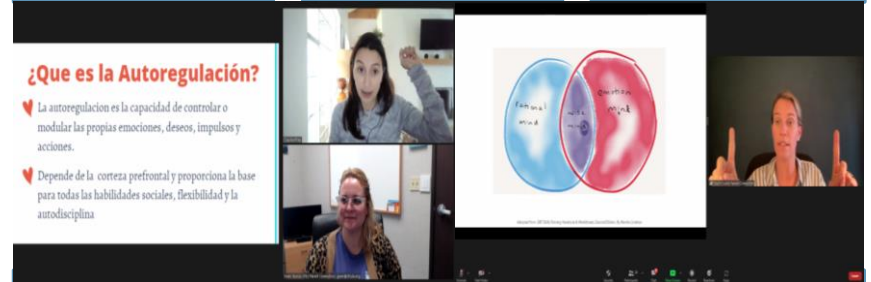
Collaborating with schools and other agencies to provide in-person parenting classes and workshops.

Online parenting classes

Parenting my 0-5-year-old

Parenting my 6-12-year-old

Parenting my 13-18-year-old



Variety of parenting topics- classes offered through zoom

Bilingual Individualized Parenting Support

Parent Coaching



Need help identifying tools that fit your family's unique needs?
Feeling overwhelmed with child development information?
Frustrated because none of your go-to methods are working?

Keep Calm & Call a Parent Coach Today!

English

Bill Spencer
(805) 904-1411

Spanish

Claudia Riley
(805) 540-1223

Find the clarity that fits your unique parenting journey.
Offered at **no cost** for SLO County residents.

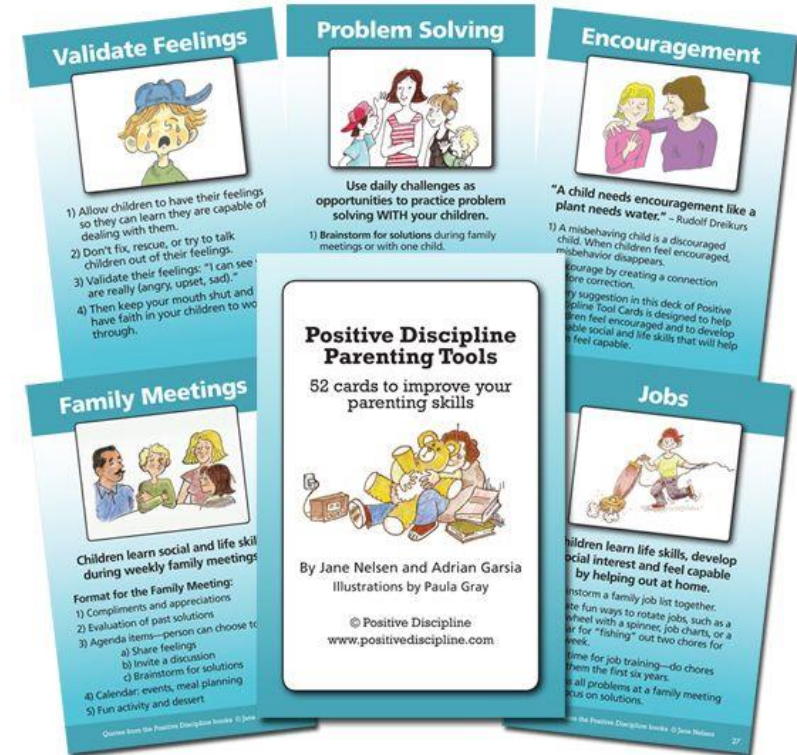
Helping families thrive for over 10 years!

Proud member of the CFS family of programs.



sloparents.org | 805-543-3700

One-on-One Parent Skill Building



Our Team



Bill Spencer,
Lead Parent Coach
& Educator
805-904-1411



Claudia Riley,
Bilingual Parent
Coach & Educator
805-540-1223



Deanne Ririe,
Parent Educator &
Program Specialist
805-788-8206



Bessy Hoffman,
Bilingual Parent
Educator
805-712-5038



Gwendolyn Garcia,
Program Director
805-543-3700



805-543-3700
info@sloparents.org
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RECEIVE A CALL FROM A PARENT COACH

Home Parent Coaching Parenting Classes Family Support About Us



Parent Education and Coaching services for all families
Services designed to make parenting less stressful and more rewarding

Parent Coaching

Individualized and confidential parenting support

Keep Calm & Call a Parent Coach Today! Bill at 805-904-1411

¡Mantenga la calma y llame a un padre entrenador hoy! Claudia a 905-540-1223

[Learn more about parent coaching](#)

Parenting Classes

Parent Education creates a foundation and more in depth learning experience with peers.

We are here to help you. If you have any questions, please call us at 805-543-3700.

Estamos aquí para ayudarte. Si tiene alguna pregunta, llámenos al 805-540-1223.

[View Parenting Class Schedule](#) | [Ver horario de clases para padres](#)

Family Support

Connect with various organizations providing family services.

Call or text us Gwen at 805-543-3700 or e-mail gwen@cfsslo.org and visit us online at www.sloparents.org



ESTD 2009

TO VIEW OUR WEBSITE
SCAN ME!



@PARENTCONNECTIONSLO // SLOPARENTS.ORG



**Wear Blue
on Fridays in April
to promote strong families!**



Friday, April 7, 2023

Friday, April 14, 2023

Friday, April 21, 2023

Friday, April 28, 2023

Post a picture on Social Media with #wearblue4kidsSLOCounty



**Helping families thrive in partnership
with the SLO County
Child & Family Wellness Collaborative**



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